CHAPTER 62

# **Standard Temporal Lobectomy**

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The term *standard temporal lobectomy* is commonly used in the medical literature but should be carefully interpreted because significant variations in the technique exist. The focus of this chapter is to describe current indications and technique for removal of both the lateral and mesial temporal lobe structures (corticoamygdalohippocampectomy). This technique is commonly used for medically intractable temporal lobe epilepsy (TLE) due to mesial temporal sclerosis. This procedure can also be used for other epileptic substrates (malformations of cortical development, cavernomas, neoplasms, and other focal epileptogenic lesions) involving the temporal lobe.

### **HISTORICAL BACKGROUND**

The standard temporal lobectomy developed concurrently with the identification of the temporal lobe epilepsy syndrome and the emergence of electroencephalography (EEG) in the 1940s and 1950s. Much of the credit belongs to Penfield and Jasper at the Montreal Neurological Institute (MNI).<sup>1</sup> When Herbert Jasper joined the MNI in 1937, he brought the technique of EEG with him. By this time, Penfield and his partner William Cone had been performing surgery for epilepsy since Penfield arrived in 1928. As EEG became more established in the evaluation and diagnosis of focal epilepsy through the work of Jasper and Gibbs, the classification and study of temporal lobe epilepsies was under way. Through the close friendship of Jasper and Penfield, the MNI became a leader in the late 1930s in the surgical treatment of epilepsy. In 1941, Jasper and Kershman proposed a classification of epilepsy based on EEG waves.<sup>2</sup> In this report, they described the localization of psychomotor phenomena from within the deep regions of the temporal lobe. Despite increasing awareness of the role of the mesial temporal lobe in these seizures, the lack of understanding about the function of this tissue and the inability of the surgeon to "see" the lesion at the time of resection led to reluctance on Penfield's part to remove these structures.<sup>1</sup> In 1950, Penfield reported his success in anterolateral temporal resections.<sup>3</sup> In this series of 68 patients, 10 had partial removal of the uncus, and only 2 had hippocampal resections. EEG abnormalities were recorded from the temporal lobe in this group of patients, but an underlying substrate had not been identified. At the same time, Percival Bailey and Ernest Gibbs reported a series of 25 patients from the University of Illinois program who underwent temporal resection guided by EEG.<sup>4</sup> Similar to Penfield's series, these patients did not have hippocampal resections.

The second phase in the development of the modern surgical strategy to treat temporal lobe seizures took place in the 1950s as the role of the mesial temporal lobe structures in the pathogenesis of the epilepsy became better understood. This occurred as a number of scientists began to study the connections of the mesial temporal lobe to the rest of the brain and through the use of stimulation studies to reproduce seizure semiology in animals and humans.<sup>5-8</sup> In 1952, Penfield and Baldwin published a classic monograph describing their technique for anterolateral temporal

lobectomy including the hippocampus and amygdala.<sup>9</sup> They reported that the most frequent pathologic abnormality in two of three of their cases was an atrophic lesion termed *incisural sclerosis*. Falconer in a report in 1953 recognized a connection with febrile seizures and introduced a modification allowing for en bloc resection of the hippocampus, which allowed the pathologists to study the tissue.<sup>10</sup> With the advent of neuroimaging, modifications to the technique reported by Penfield have been made to address specific pathology seen preoperatively. Despite these modifications, the operation developed and introduced by innovative neurosurgeons in the early 20th century remains one of the most successful operations for the treatment of epilepsy today.

# IDENTIFICATION OF SURGICAL CANDIDATES: THE CONCEPT OF PHARMACORESISTANCE AND MEDICAL INTRACTABILITY

The indications for epilepsy surgery generally include the presence of focal epilepsy resistant to treatment with an adequate trial of anticonvulsant therapy. The precise definition of an adequate anticonvulsant trial is open to interpretation, but a study by Kwan and Brodie produced useful information regarding the efficacy of anticonvulsant therapy in newly diagnosed epilepsy.<sup>11</sup> This study suggests that after three medications fail to control seizures, further success is unlikely, and other options should be considered. Consider also the paper by Wiebe and associates, comparing temporal lobectomy to optimal medical therapy in a group of patients with temporal lobe epilepsy.<sup>12</sup> In this prospective randomized trial, surgical therapy in combination with medical therapy was far superior to ongoing medical therapy alone. These papers lend credence to the idea that patients with ongoing epilepsy despite a trial with a few anticonvulsants should be expeditiously evaluated for possible epilepsy surgery.

## **PREOPERATIVE EVALUATION**

## **History and Neurological Examination**

The preoperative evaluation for epilepsy surgery begins with a thorough history and physical examination by a trained and experienced epileptologist. Many clues to the possible etiology and the localization of the epileptogenic region can be elicited from the history (e.g., history of perinatal complications, childhood febrile convulsions, presence and type of auras) as well as the physical examination.

## Video Electroencephalography Monitoring

The diagnosis and type of epilepsy should be confirmed through prolonged video-scalp EEG monitoring in a dedicated epilepsy monitoring unit (EMU).<sup>13</sup> Scalp EEG recording is a noninvasive monitoring technique that can sample extensive areas of the brain to give the best overview of the general distribution of interictal and ictal epileptic activities. It gives an excellent overview of the approximate location and extent of the epileptogenic area. Most epileptic patients with TLE (between 85% and 100%) show epileptiform discharges on their interictal scalp EEG recordings.<sup>14,15</sup> Both the localization and pathologic type of the epileptogenic lesion within the temporal lobe affect the scalp localization (and lateralization) of interictal and ictal EEG patterns. In addition, video recordings and analyses permit the characterization of the seizure semiology that may be helpful in the localization and lateralization of the ictal onset zone.

# Semiology and Electroencephalography Patterns in Mesial Temporal Lobe Epilepsy Due to Hippocampal Sclerosis or Mesial Temporal Mass Lesions (Neoplasms or Cavernomas)

Hippocampal sclerosis is one of the most common pathologic substrates in patients with TLE. Patients with mesial TLE show a characteristic electroclinical syndrome that typically consists of a rising abdominal sensation aura that may be followed by mouth and hand automatisms and possible ictal contralateral hand dystonic posturing. The presence of postictal speech difficulties may help in lateralizing the seizure onset zone to the dominant hemisphere for language. Patients with TLE due to hippocampal sclerosis show slowing in the ipsilateral temporal electrodes and interictal epileptic sharp waves that are usually mapped to the anterior temporal lobe.<sup>16</sup> In addition, in less than 50% of these patients, sharp waves mapped to the contralateral anterior temporal lobe electrodes are found. Patients with mesial TLE due to amygdalohippocampal tumors or cavernomas are more likely to exhibit less localized sharp waves and less likely to have contralateral epileptiform abnormalities.

Ictal EEG patterns are typically mapped to the anterior temporal electrodes and consist of either relative attenuation of the background EEG activities or low-amplitude evolving alpha or theta patterns.

# Semiology and Electroencephalography Patterns in Neocortical Temporal Lobe Epilepsy Due to Cortical Dysplasia or Temporal Mass Lesions (Neoplasms or Cavernomas)

Temporal neocortical epilepsies are increasingly recognized electroclinical entities in patients with pharmacoresistant epilepsy. The semiology of lateral neocortical temporal lobe seizures may be slightly different than that found in patients with mesial TLE because early motor phenomena are commonly seen. Interictal and ictal EEG patterns are characterized by a more lateral and posterior temporal distribution (T7/T8, P7/P8). The presence of a lateral temporal lesion (mainly tumor of cavernoma) may be associated with hippocampal sclerosis (so-called dual pathology) and warrants an invasive evaluation in most cases.

## Imaging

Magnetic resonance imaging (MRI) of the brain, fluorodeoxyglucose (FDG) positron emission tomography (PET), ictal radionuclide blood flow studies (e.g., single-photon emission computed tomography [SPECT]), and functional MRI are the main neuroimaging tests that are used in the preoperative evaluation of patients with pharmacoresistant epilepsy that is suspected to arise from the temporal lobe. The typical MRI sequence involves thinslice coronal T1-weighted imaging, fluid-attenuated inversion recovery (FLAIR) coronal sequences, and T2-weighted coronal sequences. Typical findings of mesial temporal sclerosis include atrophy of the affected hippocampus and increased signal intensity on the FLAIR and T2 sequences. One must always carefully study the remainder of the temporal lobe because dual pathology occurs in about 10% to 30% of mesial temporal sclerosis cases.<sup>17-19</sup> Findings suggestive of dual pathology include blurring of the temporal pole gray-white interface or enlargement or distortion of the cortical ribbon. These are important findings that may influence the choice of surgical procedure.

The metabolism of the brain is studied with the use of interictal PET scanning. In this procedure, a radionuclide (<sup>18</sup>FDG) is injected, and computed tomography (CT) scanning is performed. This test gives the clinician a picture of how the brain takes up glucose. Originally designed for TLE, the test is said to be 70% specific when hypometabolism is seen in one of the temporal lobes.<sup>20</sup>

The localization of language is now possible by noninvasive functional MRI, which is slowly replacing the more invasive intracarotid sodium amobarbital testing. One possible advantage of the latter is the ability to test memory function at the same time, although recent reports suggest that cognitive functional MRI may offer an important, noninvasive, preoperative assessment of hippocampal memory function.<sup>21-23</sup>

# Neuropsychological and Psychosocial Preoperative Evaluations

Neuropsychological testing and psychosocial and psychiatric evaluations are also completed during the initial work-up. Neuropsychological information is important because the temporal lobes play a role in emotion, language, and memory. In fact, patients with TLE are often aware of significant progressive memory and naming problems that lead them to pursue surgical intervention. Despite many years of experience in temporal lobe surgery, our understanding of function and prediction of neuropsychological deficits is still somewhat poor. During the preoperative evaluation of the TLE patient, it is important to gain a baseline measure of overall intellectual functioning as well as verbal and visual spatial memory scores. This is accomplished with standardized neuropsychological testing, which is then repeated 6 months after surgery. Preoperative and postoperative deficits in short-term memory and naming are common in patients with dominant (language-localized) TLE, and the risk for worsening must be discussed with the patient. This risk is dependent on baseline preoperative functioning and the individual substrate of the epilepsy (e.g., presence of mesial temporal sclerosis).24

When the preoperative evaluation is complete, the data should be discussed by the interdisciplinary team managing the patient. Ideally, this team consists of the epileptologist, neurosurgeon, neuropsychologist, psychiatrist, neuroradiologist, nurses and midlevel providers, EEG technicians, and social workers. At this time, the data are synthesized into a credible hypothesis regarding site of seizure origin, and a surgical strategy designed.

### SURGICAL DECISION MAKING

For the TLE patient, decisions revolve around localizing the epilepsy to the lateral or mesial temporal lobe, the presence and nature of the epileptic lesion, and the presence of language or important short-term memory deficits. For the patient undergoing a standard temporal lobectomy, the epilepsy should be localized to the anteromesial temporal lobe, and ideally a well-defined lesion should be present (mesial temporal sclerosis, malformation of cortical development, neoplasm, cavernoma). The planned posterior extent of resection should not encroach on possible neocortical temporal lobe language areas. If the dominant temporal lobe is involved, a baseline memory or naming deficit in the presence of mesial temporal sclerosis would support the conclusion that the correct brain site was targeted, and the risk for causing further neurological deficits would be acceptably low.<sup>27,28</sup>

The anatomy of the temporal lobe deserves a brief discussion at this point. The temporal lobe has well-defined anterior, lateral, basal, and mesial surfaces. The posterior boundary is arbitrary, having no obvious anatomic demarcation separating it from the parietal area. The temporal lobe is made up of five gyri and their corresponding sulci. The lateral surface lies below the sylvian fissure and extends to the floor of the middle cranial fossa. The gyri from top to bottom include the superior temporal gyrus (T1), the middle temporal gyrus (T2), and the inferior temporal gyrus (T3), which often extends onto the basal surface. The basal surface includes the inferior temporal gyrus (T3), the fusiform gyrus, and the parahippocampal gyrus. The mesial surface includes the amygdala and the parahippocampal gyrus, including the uncus. The collateral sulcus separates the fusiform and parahippocampal gyri and serves as an important reference to locate the temporal horn of the ventricle. Within the temporal horn, important anatomic structures include the inferior choroidal point (anterior choroidal artery enters the choroid plexus here), the hippocampus occupying the mesiobasal portion of the ventricle, the fornix, the choroid plexus, the choroidal fissure, and the amygdala in the anterior-superior-medial portion of the ventricle. The reader is referred to an excellent series of articles describing in detail the temporal lobe anatomy.<sup>2</sup>

Functional anatomy in the temporal lobe includes comprehensive language cortex in the dominant temporal lobe, visual field fibers (Meyer's loop) subserving the contralateral upper quadrantic visual field information, and potential important memory and naming centers. The anatomy of language cortex in the temporal lobe can be quite variable.<sup>30,31</sup> Cortical stimulation testing can be performed to further identify and protect lateral language cortex when posterior temporal lobe resections are anticipated on the dominant side. This can be done either intraoperatively with the patient awake or extraoperatively with implanted electrodes. After the language cortex has been identified, the temporal resection can be tailored to the patient's individual anatomy. The standard temporal lobectomy is designed to avoid temporal lobe cortical language sites by limiting the resection of the superior temporal gyrus to 3 to 4.5 cm from the anterior temporal pole. There is some controversy as to whether even this practice is safe, and some centers advocate leaving the entire superior temporal gyrus in place. This is based on language-stimulation data suggesting the presence of language sites in the anterior 3 cm of the superior temporal gyrus in a small percentage of patients.<sup>30</sup> Of course, these sites were not resected, and thus it is difficult to know whether they were essential language sites. Other "nonessential" language sites in the temporal lobe have been demonstrated through cortical stimulation followed by resection.<sup>32</sup> These sites were located in the basal temporal lobe by direct cortical stimulation but left no permanent language deficit after they were resected. Insufficient data, however, are available from the limited numbers of patients reported to conclude with certainty that no patient will develop a permanent language deficit after resection of a basal temporal language site.

Visual field fibers are also located in the temporal lobe as they extend forward from the lateral geniculate body before turning posterior on their way to calcarine cortex. These fibers are located unpredictably in the roof of the temporal horn, and standard temporal lobe resections cause injury to this fiber tract in as many as 50% of cases.<sup>33</sup> This leads to the "pie in the sky" visual field deficit with loss of peripheral vision in the opposite upper quadrant. In most cases, the visual field defect noted with careful perimetry testing is not clinically significant. Finally, other important anatomic structures the surgeon should be familiar with include the sylvian fissure and associated structures (sylvian vein, middle cerebral arterial cascade, and underlying insula), the vein of Labbé, and the region of the tentorial incisura, including the brainstem, posterior cerebral artery, basal vein of Rosenthal, and third and fourth cranial nerves. Familiarity with these anatomic structures is critical to avoid a potentially devastating injury during resection of the mesial temporal lobe structures.

### SURGICAL TECHNIQUE

When the decision has been made to perform a standard temporal lobectomy, the technique varies little from patient to patient. The word *standard* implies a reproducible operation from patient to patient and even surgeon to surgeon. It is best used to treat the "standard" syndrome of mesial TLE consisting of reproducible EEG, MRI, and seizure semiology elements. The targets of this operation are the mesial temporal lobe structures that are "sclerotic": the parahippocampus, hippocampus, and amygdala. The exact posterior extent of resection of the hippocampus to improve outcomes is unknown, but at least one prospective trial correlated improved outcome with more aggressive resection of the hippocampus.<sup>34</sup>

The procedure does vary slightly for the languagenondominant and language-dominant sides. On the dominant side, the surgeon limits resection of the superior temporal gyrus to avoid a possible postoperative language deficit. This usually translates into a resection of 3 to 4.5 cm measured along the superior temporal gyrus from the anterior aspect of the middle fossa. On the nondominant side, the posterior extent of resection can be farther from the temporal pole, although it is usually limited by the vein of Labbé about 4.5 to 6 cm posterior to the temporal pole. One must be careful with resections extending posteriorly beyond these measurements because there is increased risk for injuring the geniculocalcarine tract with resultant homonymous hemianopsia.

Preoperatively, the patient is given antibiotics within 1 hour before incision. A general anesthetic is administered, and bladder and arterial cannulations are performed. Intravenous access is maintained throughout the case with peripheral catheters. Before incision, hyperventilation therapy and intravenous mannitol can be used to relax the brain and minimize retraction during surgery. The patient is positioned supine on the operating table with the head rigidly fixated by a head clamp attached directly to the operating table. Stereotactic navigation is optional and is not routinely used at our institution. The position of the head is important because optimal positioning allows the surgeon to access the mesial structures with less retraction on the temporal lobe. Optimal positioning includes placing an ipsilateral shoulder roll to minimize torsion on the neck and then turning the head 30 degrees from the midline so that the operative side is up. The head is slightly extended to bring the sylvian fissure to a perpendicular plane to the operating approach. Finally, dropping the vertex down toward the floor allows the surgeon easier access to the mesial structures and allows less retraction on the temporal lobe.

Once positioned, the hair in the frontotemporal region is clipped, and a "reverse question mark" incision is made from just above the zygoma, extending back in the temporal region to the posterior part of the pinna and then curving anteriorly just above the insertion of the temporalis muscle. A larger skin flap is not necessary and may lead to increased risk for cosmetic deformity. The skin incision is carried out staying in the plane above the temporalis fascia. I (W.B.) prefer to split the fascia of the temporalis muscle and then elevate the muscle using a T incision based on the zygoma, with most of the muscle bulk reflected anteriorly.<sup>35</sup> This approach is done with a scalpel to minimize shrinking of

the muscle fibers and facilitates an easier reattachment of the muscle at the end of the procedure. One should also be careful to leave enough muscle cuff attached to the temporal bone to allow secure suturing of the muscle at closure. Despite all these efforts, a significant cosmetic deformity may occur from wasting of the temporalis muscle, and this should be discussed with the patient before surgery. At this stage, exposure of the temporal bone from the root of the zygoma to the anatomic "keyhole" should be visualized. The anterior aspect of the temporalis muscle is undermined with electrocautery in case the bone in the region of the sphenoid wing needs to be rongeured away to allow additional exposure of the temporal pole. In most cases, this additional removal of bone is unnecessary and further increases the chances of a cosmetic deformity after surgery.

The craniotomy should facilitate exposure of the lateral aspect of the temporal lobe from the base of the middle fossa to the sylvian fissure. In our practice, the frontal lobe is not exposed during this procedure, but other epilepsy surgeons do routinely expose the posterior-inferior aspect of the frontal lobe during this operation. The anterior aspect of the bone removal should extend to the sphenoid wing, and the spine of the sphenoid bone is removed with a fine rongeur. The craniotomy can be performed with two bur holes, respectively located at the base of the zygoma and the keyhole. The bone is then removed with high-speed drilling, and the final break across the sphenoid is performed after removing the outer cortex with the drill or fine rongeur. All bone edges should be waxed as necessary to stem bleeding, and any exposed air cells along the temporal base are sealed. Restricting the craniotomy to the bone below the temporalis muscle cuff allows placement of the titanium fixation plates entirely below the muscle, which prevents the patient from feeling them through the scalp after surgery.

At this point, the dura is inspected, and bleeding is controlled. The dural opening should be created to maintain some blood flow into the dural flap. This is best accomplished by reflecting the flap anteriorly and inferiorly so that the middle meningeal branches are maintained. The dural flap is reflected, and the temporal lobe is visualized. The sylvian fissure is recognizable along the superior limit of the temporal lobe, and the floor of the middle fossa should be visualized with minimal retraction of the inferior temporal gyrus. Additionally, as the surgeon looks anteriorly along the sylvian fissure, the anterior extent of the temporal pole should be visualized within 1 to 2 cm of the anterior bony edge of the craniotomy. If not, additional bone is removed as discussed earlier. Also at this stage, brain swelling should be assessed and changes in the anesthetic technique made if necessary. Head elevation can be a useful maneuver to reduce intracranial swelling.

The posterior limit of resection along the superior temporal gyrus is now measured with a Penfield dissector placed so that the curve of the instrument follows the curve of the temporal pole and the tip of the instrument contacts the dura of the anterior middle cranial fossa. The appropriate distance is chosen based on the side of surgery and the location of important draining veins and arterial branches supplying the posterior temporal lobe. The lateral cortical resection is designed to allow access to the deeper mesial structures; therefore, preservation of the veins and arteries supplying the posterior temporal cortex is extremely important. It is possible to achieve the goals of surgery with a small lateral resection but is difficult to reverse neurological deficits associated with a larger resection that damages the blood supply to brain tissue that is not resected. It is wise to attempt to preserve all draining veins that connect to the sylvian venous system or to the vein of Labbé. Smaller veins draining to the anterobasal dura of the middle fossa (temporal tip veins) can be ligated. Assessment of the venous drainage pattern of the frontotemporal region should be performed before the start of the lateral resection because the sylvian venous system is often variable. Care should be exercised as one dissects along the anteriorsuperior temporal gyrus and temporal pole to avoid injury to the outflow of the sylvian vein where it enters the sphenoparietal sinus. If significant variations in the venous pattern exist, modifications of the lateral resection should be attempted to minimize disruption to these veins. In the worst-case scenario, the operation can be converted to a selective transcortical or transsulcal amygdalohippocampectomy (when removal of the mesial temporal structures is the goal of the operation).

After the posterior line of resection is marked, dissection begins along the superior temporal gyrus a few millimeters inferior to the sylvian fissure. This is done with bipolar coagulation and sharp dissection of the pia mater followed by subpial aspiration of the cortical tissue. This allows exposure of the temporal pia of the sylvian fissure and the underlying insula and middle cerebral artery. The cortex should be aspirated down to the level of the inferior circular sulcus of the insula, where the pia ends and the temporal white matter begins. This marks the depth of the initial lateral resection to avoid injury to deeper structures. This dissection should extend anteriorly along the pia of the superior temporal pole until the dura of the anterior aspect of the middle fossa is reached. The posterior extent continues to the premeasured point determined by the side of surgery (3 to 4.5 cm left, 5.5 to 6 cm right). The posterior line of resection extends from just below the sylvian fissure at the superior temporal gyrus angling posteriorly along the middle and inferior temporal gyrus so that slightly more inferior temporal gyrus is removed than superior temporal gyrus. The pia along the superior and inferior temporal sulci is coagulated and divided during this phase of the procedure. The cortical tissue is aspirated down to the depth determined by exposure of the inferior circular sulcus. The basal temporal lobe is divided along the line of the posterior cut as the fusiform gyrus is aspirated to expose the collateral sulcus. This can sometimes be confusing, and it is important to retain orientation during this stage so as not to injure the deeper midline structures. This can be avoided by ensuring that the dura of the middle cranial fossa is still beneath the pia being dissected and also by gently retracting the basal temporal tissue and looking for the edge of the tentorium. If the edge of the tentorium is encountered, it is likely that the collateral sulcus has already been divided. The collateral sulcus is an important landmark because it facilitates controlled entry into the inferior horn of the lateral ventricle. This entry point is designed to be on the inferior-lateral aspect of the temporal horn to avoid potential injury to the optic radiations. The ventricle is identified by gently aspirating the white matter just distal to the end of the collateral sulcus, and cottonoid patties can be placed to keep the ventricle open and protect the choroid plexus. The lateral aspect of the ventricle can then be opened and the white matter of the anterior temporal lobe divided in a line connecting the lateral opening of the ventricle and the inferior circular sulcus of the insula. As the dissection progresses, the intraventricular surfaces of the amygdala and hippocampus become apparent. The final disconnection of the lateral temporal lobe occurs as a cut through the lateral ventricular sulcus (collateral eminence) is made and the basal temporal pia divided just deep to the collateral sulcus. This pia is then divided anteriorly to the prior cut made from above and ending at the temporal pole. With this, the lateral temporal lobe is free and can be removed after inspecting to ensure all draining veins to the dura have been coagulated and divided.

The next stage of the operation can be performed with loupe magnification or the operating microscope. The operating microscope has the advantage of magnification and illumination and is recommended. The anatomy in this region is complex, and careful removal of the parahippocampus, hippocampus, and amygdala requires a thorough understanding of the relationships existing among the structures in the perimesencephalic cistern, the hippocampal sulcus, and the choroidal fissure and point. These relationships are better visualized with the operating microscope. At this point, the mesial resection can be thought of in two stages, with either stage proceeding first. These consist of the amygdalar-uncal removal and the hippocampal-parahippocampal removal. These stages are performed using the subpial aspiration technique, the one exception being division of the superior aspect of the amygdala in a line connecting the choroidal point and the middle cerebral artery visualized through the pia of the anterior sylvian fissure. It is important to stay below this line to avoid injury to the globus pallidus and the cisternal segment of the anterior choroidal artery (injury to this vessel is a significant source of hemiplegia and hemianopsia after temporal lobectomy).

The amygdala removal begins with identification of the choroidal point. This is located at the anterior extent of the choroidal plexus where the anterior choroidal artery enters the temporal horn of the lateral ventricle. Once identified, this demarcates the posterior-superior point of resection of the amygdala, as mentioned previously. The surgeon extends an imaginary line across the gray matter of the amygdala from the choroidal point to the middle cerebral artery visualized through the pia of the anterior sylvian fissure. In my experience, this is often difficult to visualize, and the line is extended horizontally from the roof of the temporal horn so that resection in a plane above the roof does not occur. Remember that the goal is to avoid resecting the superior amygdala, which blends imperceptibly into the globus pallidus, and to avoid exposure of the anterior choroidal artery in the cistern. After the superior line of resection is begun, it is carried down to the pia overlying the brainstem, third nerve, and interpeduncular fossa. The remaining dissection should be subpial and will remove temporal polar tissue, lower portion of the amygdala, and uncus. The posterior limit of this stage involves subpial aspiration of the uncus where it joins the head of the hippocampus. During division and removal of this tissue, the free edge of the hippocampal sulcus becomes visible as it arises from the perimesencephalic cistern. When this stage is complete, the anterior free edge of the tentorium, the third nerve, and the anterior aspect of the posterior cerebral artery should be seen.

The hippocampal removal begins with gentle aspiration of the parahippocampal tissue just deep to the remnant of the collateral sulcus. This tissue is removed in subpial fashion and can be carried as far medially as the edge of the tentorium and posteriorly curving deep below the hippocampus to the region of the hippocampal tail. This allows for gentle retraction of the hippocampus down toward the floor of the middle cranial fossa and reduces the need for retraction on the roof of the ventricle as the choroidal fissure is explored. After the parahippocampal tissue is removed, the lateral ventricle sulcus in the posterior aspect of the ventricle is further divided to allow easier access to the tail region of the hippocampus. This step effectively disconnects the overlying temporal cortex from the hippocampus and allows safer removal of the posterior aspect of the hippocampus. During the hippocampal removal, retraction on the roof of the ventricle and on the remaining posterior temporal lobe is undesirable and should be minimized by using the steps described earlier and by changing the position of the microscope to enhance the view of the tissues. Excessive retraction on the roof of the ventricle can lead to a retraction hemiparesis or injury to the optic tract, and similar retraction on the dominant posterior temporal lobe can lead to a postoperative language deficit. After the parahippocampus is removed, the choroidal fissure is exposed by gently retracting the choroid plexus superiorly with the use of a cottonoid patty or Telfa sponge cut to size. The fornix of the hippocampus and dentate gyrus are identified and gently aspirated, which exposes the underlying hippocampal sulcus. This is an extremely important landmark because it contains the arterial and venous supply to the hippocampus. It is much more robust in the head and anterior body region of the hippocampus and becomes more

inconsistent in the posterior hippocampal regions. It should be exposed by aspiration of the fornix, dentate gyrus, and uncal tissue so that the entire width is visualized. The anterior extent is a free edge around which the parahippocampus curls to become the uncus. As this tissue is aspirated, the free edge is apparent. The deep origin of the sulcus is the pia overlying the brainstem, and care is necessary to avoid injury. The hippocampal arteries arise directly from the lateral aspect of the posterior cerebral artery, and direct visualization of the course of the hippocampal arteries should be obtained before coagulating and dividing them. This reduces the chances of ligating a traversing vessel that arises from the posterior cerebral artery and crosses the hippocampal sulcus before reentering the perimesencephalic cistern to irrigate the posterior thalamus and brainstem. To reiterate, only those vessels terminating in the hippocampus should be divided. After the arteries are coagulated, divide them so as to leave an arterial tail that is easily reached and coagulated. This avoids a scenario in which the divided stump retracts into the perimesencephalic cistern and causes subarachnoid hemorrhage. After the hippocampal sulcus is divided, the hippocampus and any remaining parahippocampus can be gently peeled off the underlying pia and removed to be sent to pathology for study. The mesial resection is then assessed and any remaining accessible posterior hippocampus removed. The posterior cut across the tail of the hippocampus ideally should allow for 3 to 4 cm of hippocampus to be removed.

When the resection is complete, hemostasis is achieved by time, irrigation, and the judicious use of hemostatic materials. Bipolar coagulation of bleeding points in the mesial temporal or sylvian fissure region is best avoided to prevent injury to underlying structures. Similar bleeding points in the residual amygdala tissue are also best treated with application of hemostatic agents, irrigation, and time. The cavity is then filled in with saline and the dura closed in watertight fashion. The craniotomy flap is attached with titanium fixation and the muscle sewn together and reapproximated to the residual cuff. The skin is then closed in anatomic layers over a subgaleal drain to reduce postoperative swelling.

### **OUTCOMES**

After the surgery is completed, time must pass before determining outcome. Long-term seizure-free outcomes after temporal lobectomy, especially when performed for mesial temporal sclerosis, are often stated to be the best of all surgical procedures for medically resistant epilepsy. A number of long-term studies following patients for 5 to 10 years after surgery describe an initial seizure-free rate reaching 80%, which then noticeably declines over time to a 5-year seizure-free rate of about 50%.<sup>36-40</sup> Factors predicting an unfavorable outcome may include the presence of epileptic activity on the 6-month postoperative EEG, frequent preoperative seizures, generalized motor seizures, bilateral MRI abnormalities, and increased epilepsy duration.<sup>36,41-43</sup> Interestingly, in the report by Jeha in 2006, the presence of a normal MRI preoperatively did not lead to a worse outcome after surgery.<sup>36</sup> This is in disagreement with other studies suggesting a worse outcome in the face of a normal preoperative MRI and would suggest that patients with well-localized nonlesional TLE should be considered for temporal lobectomy.<sup>40,44</sup> Another important factor in the postoperative management of these patients is the "running-down" phenomenon described to occur in as many as one third of patients experiencing postoperative seizures after temporal lobectomy.<sup>43,45-47</sup> In a recent study, the presence of rare postoperative seizures 6 months after surgery was observed in a group of patients who subsequently were documented to have long-term seizure freedom in 74% of cases.<sup>43</sup> The authors hypothesized that the epileptogenic zone (EZ) in these patients was considerably reduced but not completely removed.

The running-down theory implies that this greatly reduced EZ gradually loses the power to generate seizures or that the anticonvulsant medications are able to control them.

Outcome analysis is extremely important in this group of patients because questions regarding return to employment, driving, and cessation of medication hinge on the success of surgery. Concrete information regarding potential risks and benefits of anticonvulsant withdrawal are necessary to allow these patients to reintegrate into society safely without medications. The National Library of Medicine has indexed more than 4400 articles that focus on epilepsy surgery, and 75% of these were published after 1990.<sup>48</sup> As Wiebe points out, the quality of these studies is reflected by the fact that only seven randomized controlled trials have been performed, and four of these involved the efficacy of vagus nerve stimulation.49-52 Two others compared different surgical procedures to treat temporal lobe epilepsy without medical controls, and the final study compared temporal lobectomy with medical treatment.<sup>12,34</sup> Importantly, the results of the randomized trial by Wiebe in which 58% of surgically treated patients remained free of seizures appear comparable to the results of the systematic review of class IV nonrandomized studies involving 1952 patients.<sup>53</sup> In this large review, overall 66% of patients remained seizure free after surgery.

### SURGICAL COMPLICATIONS

The rate of significant complications after temporal lobectomy is fortunately quite low. In general, the neurosurgical risks that need to be discussed with the patient include the general risks of craniotomy and the more specific risks of manipulating the temporal lobe. General complications include infection (wound, craniotomy, meningitis, urine), hemorrhage (wound, epidural, subdural, intracerebral), red blood cell transfusion related to acute blood loss anemia, deep venous thrombosis, anesthetic complications, and death. The incidence of mortality after temporal lobectomy is approaching zero as experience and technology improves.<sup>12,53,54</sup>

Complications specific to the temporal lobe include visual field loss, naming and language deficits (dominant temporal lobe), memory deficits, cranial nerve palsies, hemiparesis or plegia, and psychiatric morbidity (depression, anxiety). Common postoperative conditions (not complications) include headache, wound swelling, jaw discomfort, retro-orbital pain, and cosmetic deformity. These conditions largely resolve over 2 to 3 months, although preoperative headaches and temporomandibular joint dysfunction can predispose the patient to a longer recovery period after surgery.

Visual field loss after temporal lobectomy is related to injury of the geniculocalcarine fibers as they make their way from the lateral geniculate body to the occipital cortex. The most common pattern of injury results in a contralateral superior quadrantanopsia ("pie in the sky") from damage to Meyer's loop as it courses forward in the roof of the temporal horn of the lateral ventricle. Its variable course and lack of anatomic distinction at surgery make it a difficult structure to protect. The incidence of superior quadrantanopsia reported on retrospective studies is variable, but likely a realistic estimate is 35% to 50% after standard temporal lobectomy.<sup>33,55,56</sup> Contralateral homonymous hemianopsia is much less common and usually results when larger temporal lobe resections are performed and damage to the geniculocalcarine tract occurs at the posterior aspect of the inferior temporal horn (trigone region). The optic tract can also be injured in the prethalamic region by dissections that stray too far superiorly at the level of the amygdala and anterior hippocampus. Finally, a contralateral hemianopsia may accompany a hemiparesis when damage to the anterior choroidal artery occurs in its cisternal segment. This artery is an important structure to protect during removal of the mesial structures. Respecting the anatomic landmarks during removal of the amygdala and hippocampus is the best way to avoid this potentially devastating complication. Hemiparesis may also result from manipulation or retraction injury of the ipsilateral cerebral peduncle. This type of postoperative deficit generally improves with time and is best avoided by limiting retraction during surgery on the roof of the temporal horn.

Other neurological complications encountered include horizontal and vertical diplopias resulting from irritation to the third and fourth cranial nerves, respectively. These usually resolve over a few months and may need to be treated with ocular patching therapy. Fourth cranial nerve dysfunction is likely the less frequent cause of diplopia, although because it is difficult to diagnose, it may be underrecognized. The patient typically complains of double vision, especially when descending stairs or looking down. The nerve is vulnerable during temporal lobectomy because it travels under the medial edge of the tentorium, and injury is best avoided by limiting pressure or coagulation in this region.

Postoperative aphasias can occur after dominant temporal lobe resections. These are generally characterized by perseveration, naming difficulties, paraphasias, and word substitutions. Fortunately, these are usually transient and peak 24 to 48 hours after surgery before resolution. Although the exact cause is unknown, this language disturbance can be quite severe when it occurs. Potential mechanisms include retraction and ischemic infarction of comprehensive language cortex and resection of anterior and basal temporal lobe language sites that ultimately are not essential language sites.<sup>32</sup> Management of this complication should include postoperative MRI with stroke protocol, corticosteroid therapy, and speech therapy services. The patient and family should be reassured that language function will improve when the MRI does not demonstrate a posterior temporal lobe infarction. Strategies to avoid injury to the posterior temporal neocortex during surgery include minimizing retraction during removal of the posterior hippocampus and protecting the arterial and venous structures serving this area.

## COGNITIVE OUTCOME AND QUALITY OF LIFE

Complaints centered on cognitive function are common in the temporal lobe epilepsy patient. Many patients have significant neuropsychological deficits before surgery thought to be related to damage to the mesial temporal lobe structures involved in memory as well as the effects of anticonvulsant therapy on normal cortical tissue. Preoperative and postoperative cognitive assessment is important to help counsel the patient on existing deficits and to predict and document the effects of temporal lobectomy on memory function. Preoperative risk factors for worsening memory function after surgery include dominant TLE, lack of hippocampal sclerosis, normal baseline neuropsychological function, and later age of onset of the epilepsy.<sup>27,28,57</sup> Additionally, postoperative memory function and quality of life appear to be positively related to seizure freedom after surgery.<sup>24</sup>

Memory assessment includes the use of standardized neuropsychological testing, intracarotid sodium amobarbital testing (Wada's test), and more recently functional MRI.<sup>21-23</sup> Additionally, detailed patient questioning regarding their own observations about memory and cognitive functioning are important because little correlation may exist between neuropsychological testing results and how the patient functions in day-to-day life. Although dominant temporal lobe surgery predisposes the patient to a decline in verbal memory and short-term memory functioning, the risks associated with nondominant temporal lobe surgery are less predictable. Visual spatial memory can be quantified during testing, and although removal of the nondominant hippocampus usually results in no apparent clinical deficits, impaired performance may be observed on postoperative retesting.

Considerable interest has focused on quality of life and psychiatric comorbidities associated with TLE. Depression and anxiety appear to be the most common psychiatric disturbances encountered before surgery, and depression is the most common encountered after surgery.58,59 Patients undergoing temporal lobectomy generally experience improved quality of life compared with medically treated patients.<sup>12,60-62</sup> Measuring an individual's improvement in day-to-day functions and well-being is important, and health-related quality-of-life (HRQOL) measurements are being used with increasing frequency in patients with medically intractable epilepsy. In a recent study by von Lehe and colleagues, HRQOL scores correlated positively with seizure control, and the authors suggested that to obtain better quality of life after epilepsy surgery, seizures must be controlled.<sup>63</sup> In a randomized controlled trial for temporal lobectomy, the average quality of life measures at 6 months and 1 year were significantly higher in those treated with surgery.<sup>12</sup> In this study, there were no differences in the rates of psychiatric comorbidities between the two groups.

### CONCLUSION

Temporal lobectomy is well established as a safe and effective treatment option for medically intractable TLE. Although some of the terminology is inexact, and the details of the surgical technique vary somewhat across centers, the reported results are very similar for patients with the same underlying epileptic substrate. The preoperative work-up and patient selection process can be complicated and should be carried out at a center experienced in the surgical treatment of epilepsy. Overall, patients with medically resistant TLE are better managed with epilepsy surgery rather than continued medical treatment. These patients should be referred for surgical evaluation promptly.

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