



Deformity Surgery

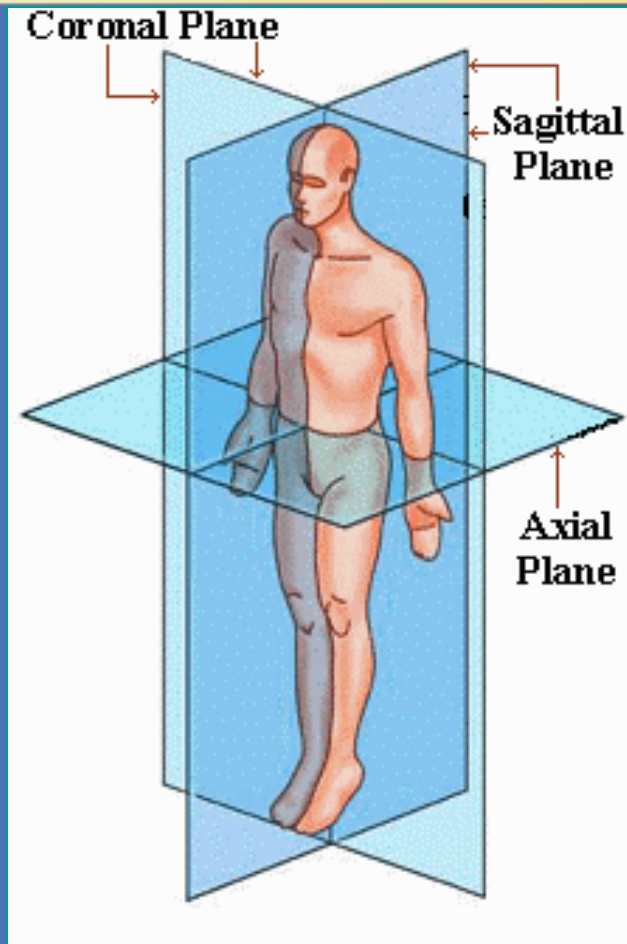
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"Normal" Adult Posture

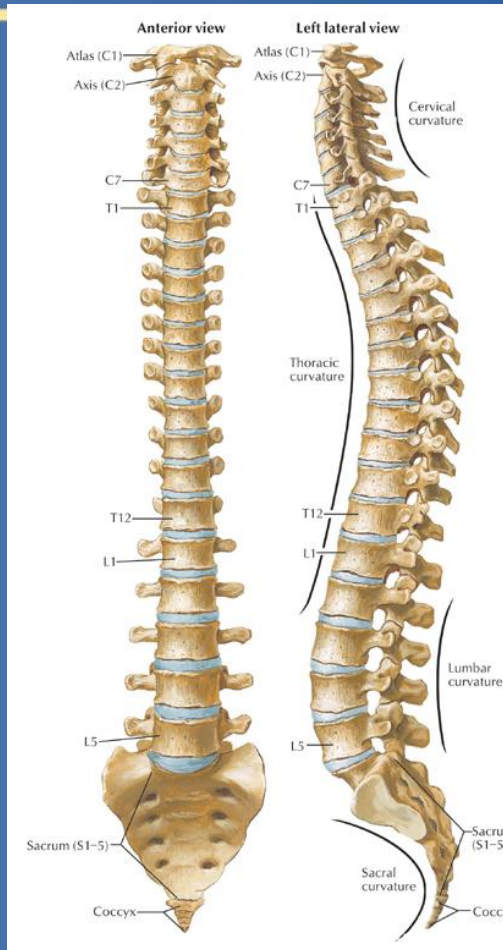


- Desired Posture:
 - Head over
 - Shoulders over
 - Pelvis over
 - Feet





"Normal" Adult Posture



- Cervical Lordosis 30° – 40°
- Thoracic Kyphosis 10° – 40°
- Lumbar Lordosis 30° – 60°
- Lumbo-Sacral Lordosis 35° – 60°
- Pelvic Incidence 40° - 60°

Definitions of Normal

Normal sagittal alignment

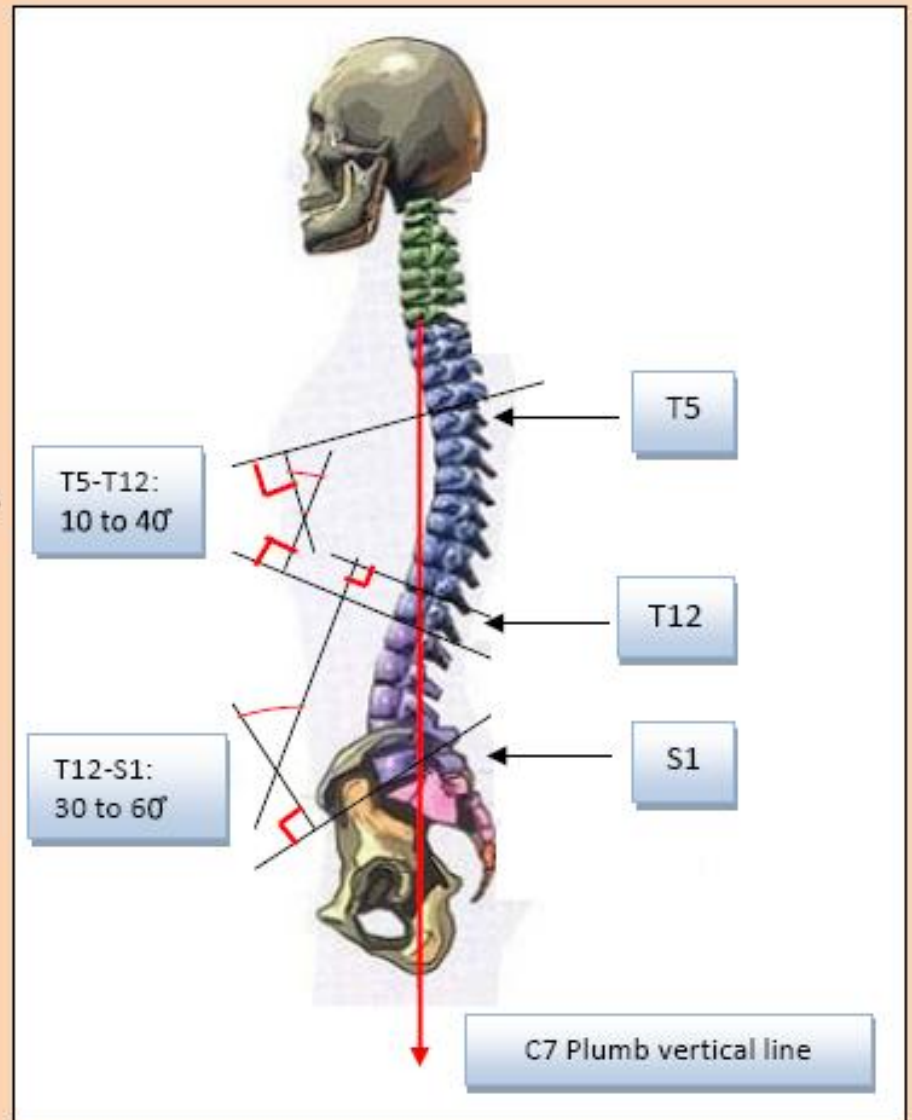
Thoracic kyphosis (T5-T12): 10 to 40°

Lumbar lordosis (L1-S1): 30 to 60°

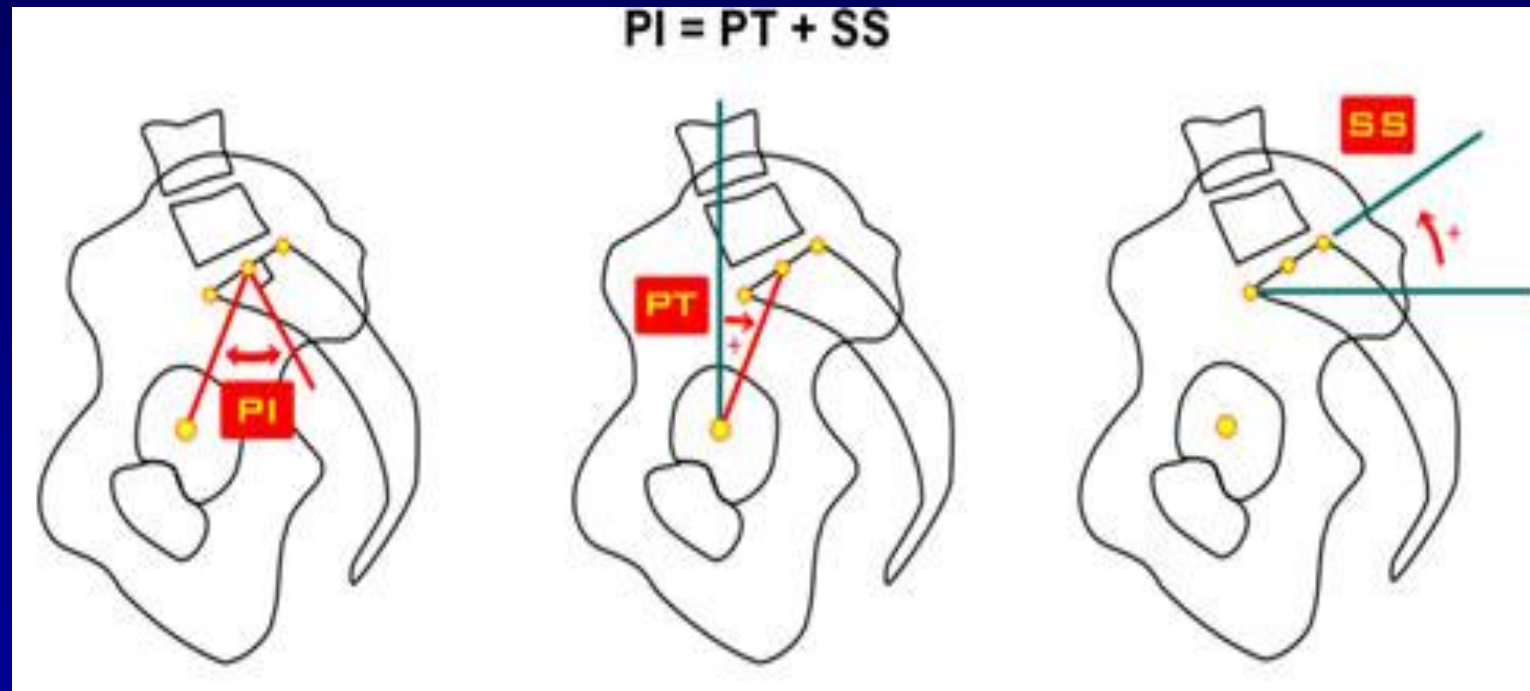
A Plumb line dropped from the center of C7 vertebral body (C7PL) should pass within 2mm of the posterior-superior S1 endplate.

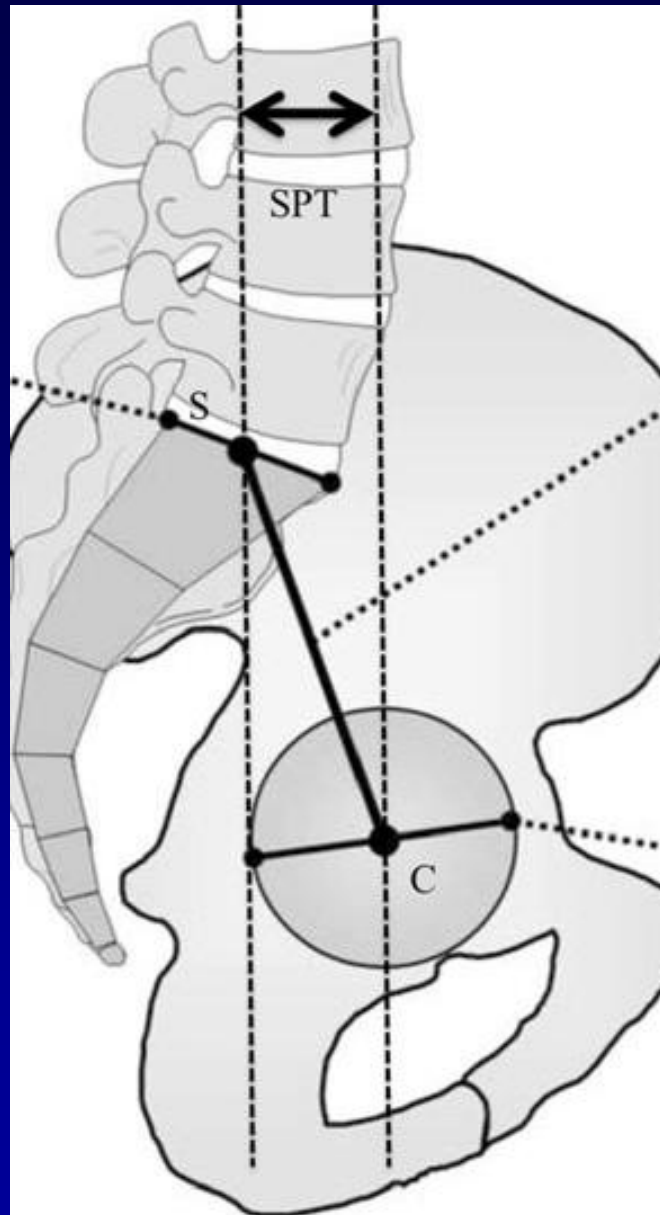
C7PL posterior more than 2mm =
Negative balance

C7PL anterior more than 2mm =
Positive balance



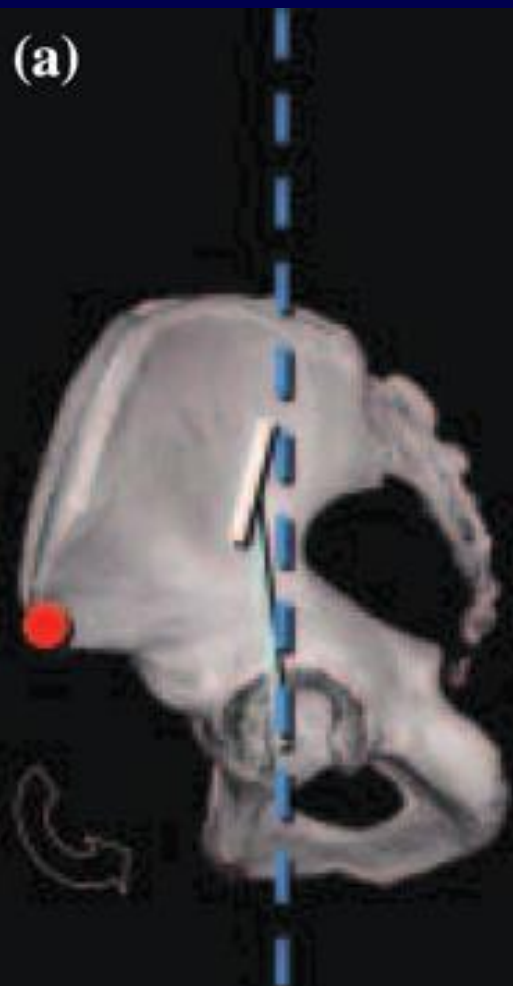
PELVIC PARAMETERS



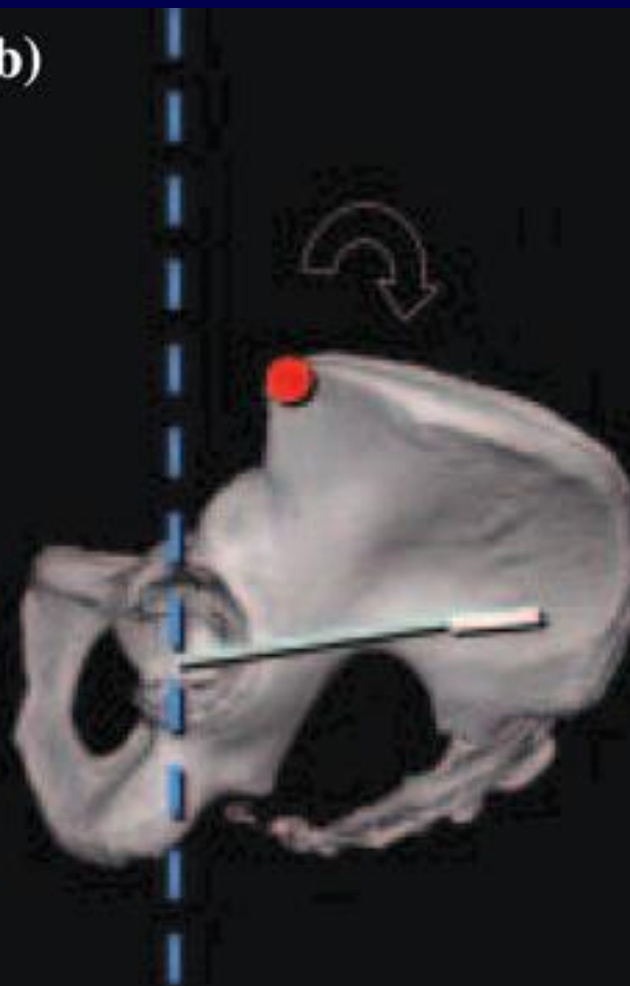


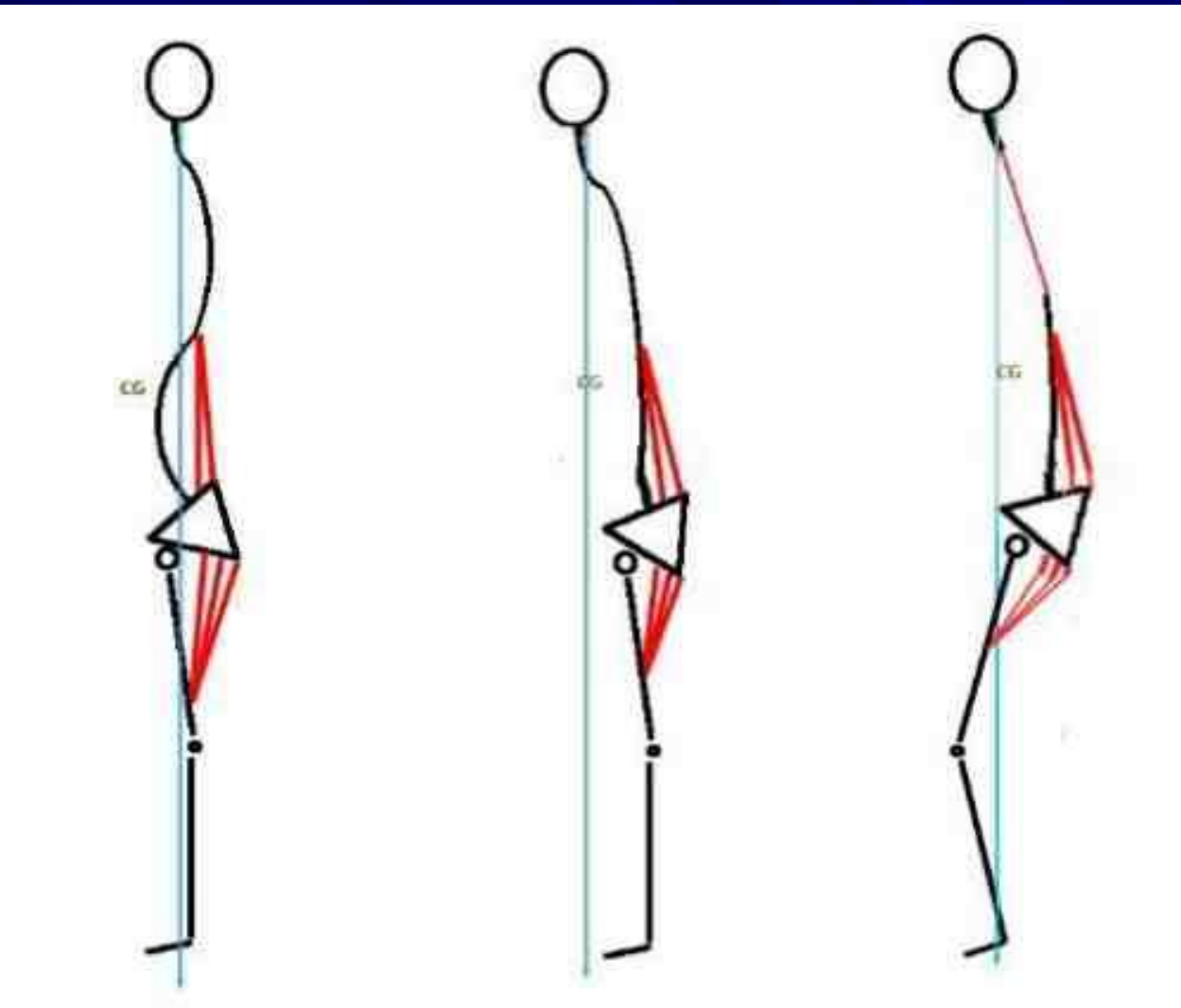


(a)



(b)





Preop



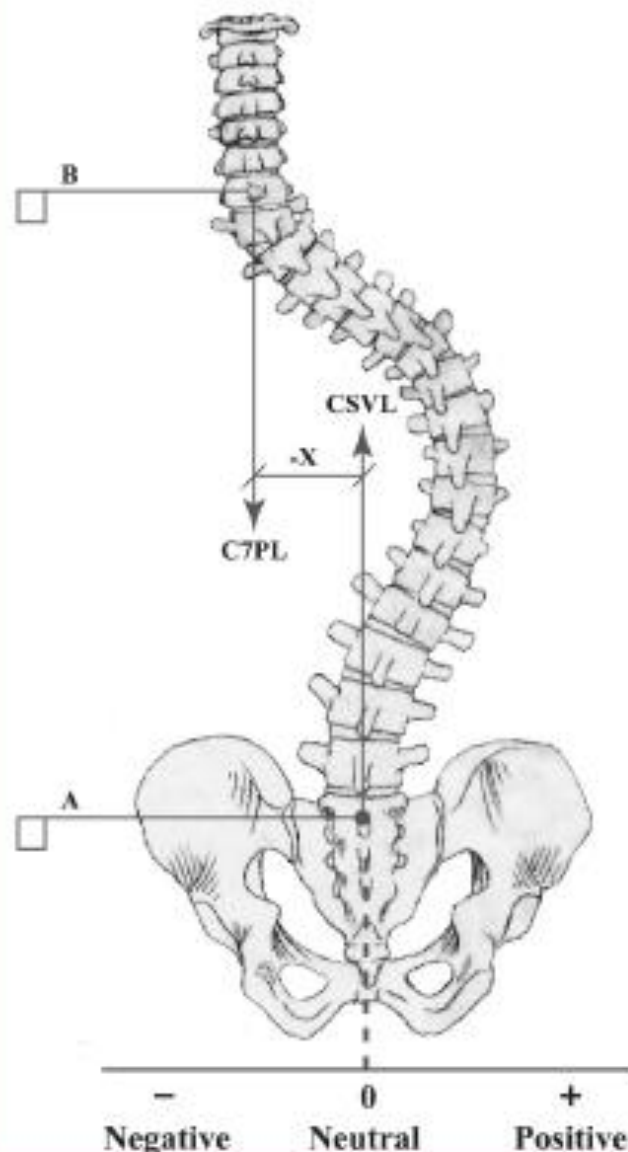


FIGURE 6. Coronal alignment is measured as the horizontal displacement of the centroid of C7 relative to the CSVL. C7PL, C7 plumb line (courtesy of Medtronic Sofamor Danek USA, Inc., Memphis, TN).

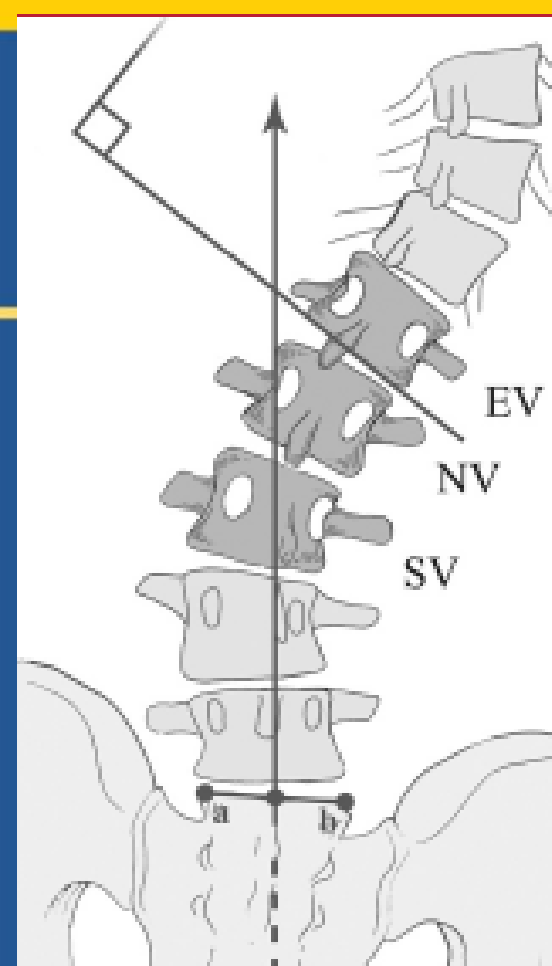


FIGURE 4. End (EV), neutral (NV), and stable vertebrae (SV) of a deformity. The end vertebra is maximally tilted into the curve. The neutral vertebra is minimally rotated. The stable vertebra is bisected by the center sacral vertical line (vertical line with arrow).

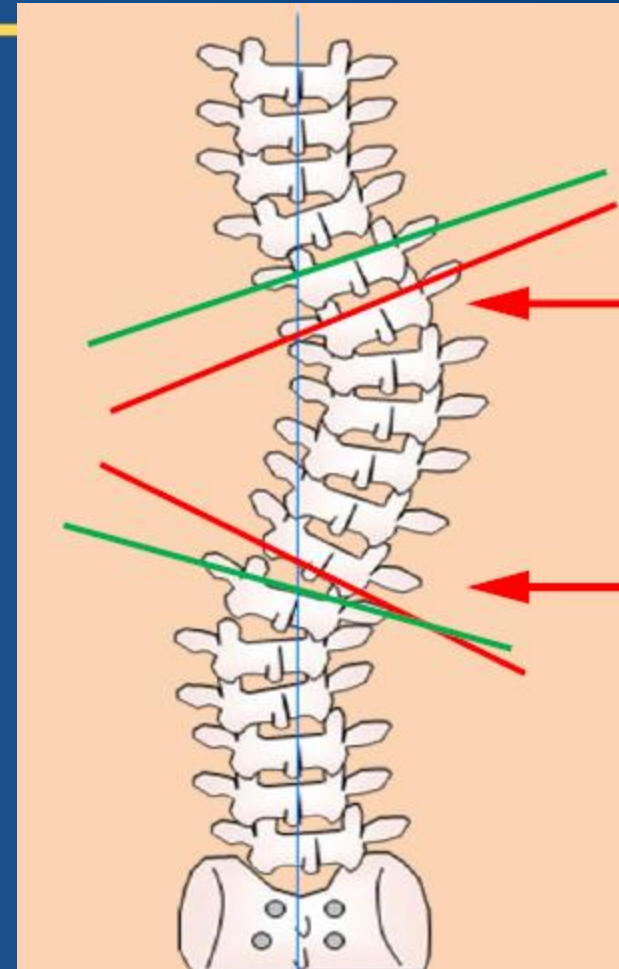
Basic Definitions

Cobb angle - determined between the most tilted vertebrae

Neutral vertebrae - Segments without axial rotation

Stable vertebrae – Segments bisected most closely by the central sacral line

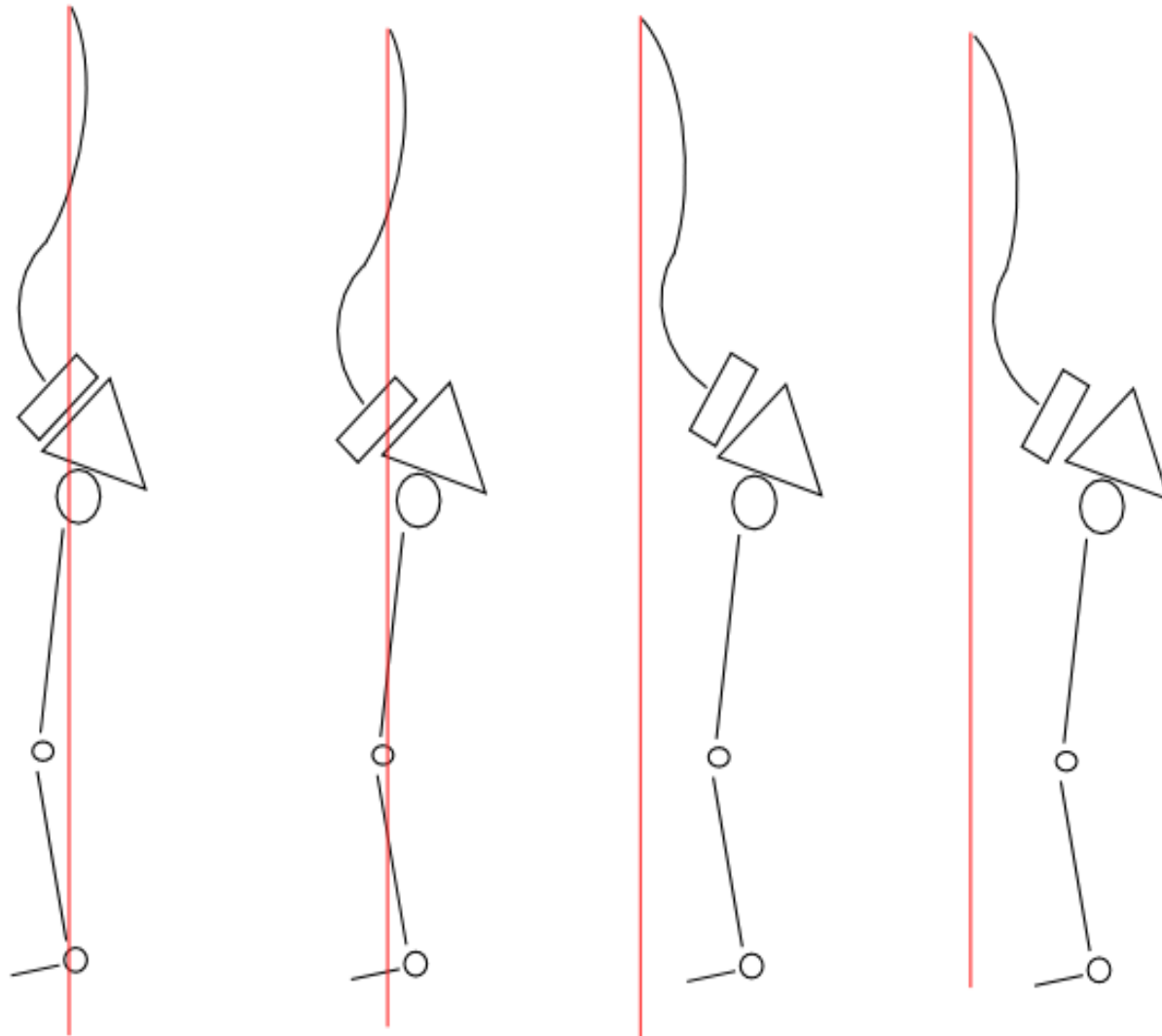
End vertebrae - the two bodies at the end of the curve, most tilted inward towards the concavity



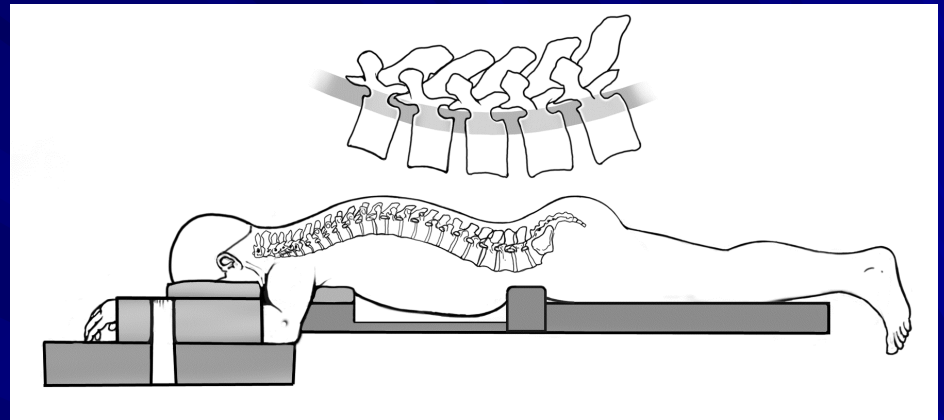
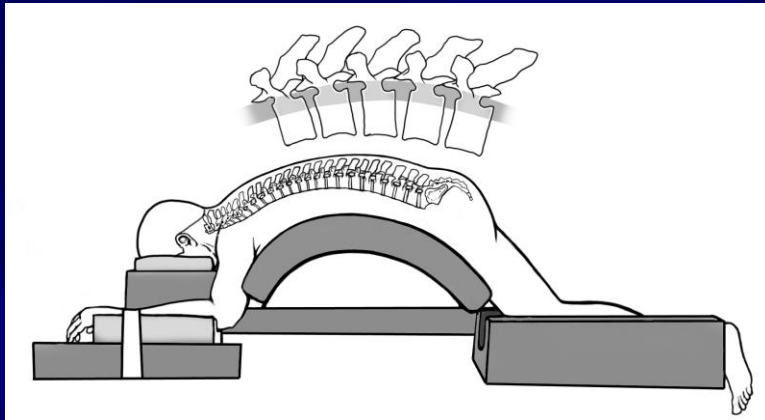
Normal Sagittal Alignment

- Ravishankar, V et al, Spine 23; 1998
- Gelb, D et al, Spine 20; 1995
- Jackson, RP, Spine 19; 1994
- Bernhardt, M, Spine 14; 1989
- Stagnara, PS, Spine 7; 1982

The effect of sagittal translation and rotation on sagittal vertical axis



Iatrogenic Flat Back Deformity



- Lumbar Flexion on the Wilson Frame
 - (+) Assists Decompression
 - (-) Places Sagittal Vertebral Axis (SVA) Anterior to L/S Jct

■ **FLAT BACK !!!**

Adult Deformity

What is it?

Types

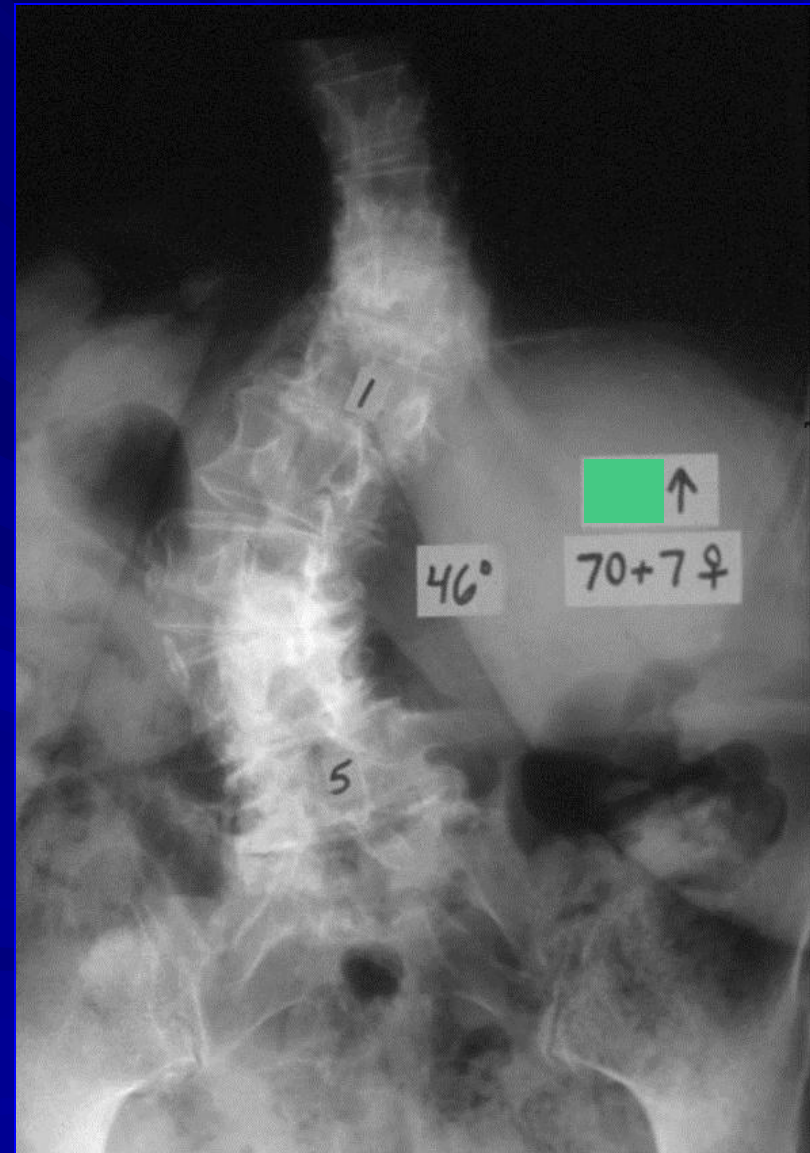
AIS

De novo – Degenerative Scoli

Iatrogenic

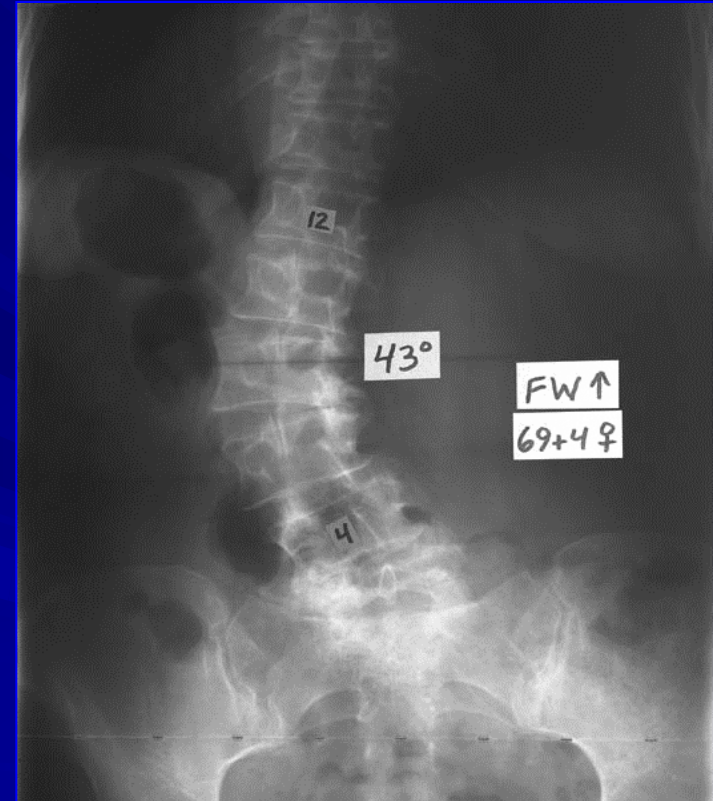
Traumatic

- Curve is mid-lumbar spine (L2-L3)
- Fractional lumbosacral curve present (L4-SAC)
- “rotatory subluxation” of adjacent vertebrae
- Sagittal plane variable but often hypolordotic/kyphotic



Patient Complaints

- Pain: % axial back vs. % L.E.
- Neurogenic claudication
- Imbalance - coronal and/or sagittal
- Limited exercise/activity tolerance
- Cosmetic concerns



Aebi Classification

- Targeted at Adult deformities
- Classification based upon pathology

Eur Spine J (2005) 14: 925–948
DOI 10.1007/s00586-005-1053-9

REVIEW

Max Aebi

The adult scoliosis

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Abstract Adult scoliosis is defined as a spinal deformity in a skeletally mature patient with a Cobb angle of more than 10° in the coronal plain. Adult scoliosis can be separated into four major groups: Type 1: Primary degenerative scoliosis, mostly on the basis of a disc and/or facet joint arthritis, affecting those structures

metric arthritic disease and/or vertebral fractures. Sometimes it is difficult to decide, what exactly the primary cause of the curve was, once it has significantly progressed. However, once an asymmetric load or degeneration occurs, the pathomorphology and pathomechanism in adult scoliosis predominantly lo-

TABLE 2. Aebi adult deformity classification

Type	Description	Cause
I	Primary degenerative scoliosis; Most commonly has curve apex L2–3 or L4	Disc degeneration (asymmetric); Facet joint degeneration
II	Idiopathic scoliosis that has progressed; Lumbar and/or thoracolumbar	Progression of idiopathic scoliosis (present since childhood) caused by degenerative disease and/or mechanical/bony reasons
IIIa	Secondary adult scoliosis; Typically thoracolumbar or lumbar-lumbosacral	Secondary to an adjacent curve of idiopathic, neuromuscular or congenital origin; Obliquity of pelvis caused by leg length discrepancy or hip abnormality; Lumbosacral transitional anomaly
IIIb	Deformity resulting from bone weakness (e.g., osteoporotic fracture)	Metabolic bone disease, osteoporosis

Schwab Classification

- Targeted at Adult deformities
- Classification based upon clinical outcomes
- Database of 947 patients assessed clinically and radiographically

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A Clinical Impact Classification of Scoliosis in the Adult

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Steven Glassman, MD,§ John Harrast, MS,|| and William Horton, MD¶

Study Design. Multicenter, prospective, consecutive clinical series.

Objectives. To establish and validate classification of scoliosis in the adult.

Summary of Background Data. Studies of adult scoliosis reveal the impact of radiographic parameters on self-assessed function: lumbar lordosis and frontal plane obliquity of lumbar vertebrae, not Cobb angle, correlate with pain scores. Deformity apex and intervertebral subluxations correlate with disability.

Methods. A total of 947 adults with spinal deformity had radiographic analysis: frontal Cobb angle, deformity apex, lumbar lordosis, and intervertebral subluxation. Health assessment included Oswestry Disability Index and Scoliosis Research Society instrument. Deformity apex, lordosis (T12–S1), and intervertebral subluxation were used to classify patients. Outcomes measures and surgical rates were evaluated.

Results. Mean maximal coronal Cobb was 46° and lumbar lordosis 46°. Mean maximal intervertebral subluxation (frontal plane) was 4.2 mm (sagittal plane, 1.2 mm). In thoracolumbar/lumbar deformities, the loss of lordosis/higher subluxation was associated with lower Scoliosis Research Society pain/function and higher Oswestry Disability Index scores. Across the study group, lower apex combined with lower lordosis led to higher disability. Higher surgical rates with decreasing lumbar lordosis and higher intervertebral subluxation were detected.

Conclusions. A clinical impact classification has been established based on radiographic markers of disability. The classification has shown correlation with self-reported disability as well as rates of operative treatment.

Key words: scoliosis, adult, classification, clinical outcomes. *Spine* 2006;31:2109–2114

scoliotic deformities, there are no accepted classification systems, and a transposition of pediatric/adolescent classification systems is not feasible. In adults, the clinical impact of the deformity and the treatment approaches are not related to skeletal age and rarely to projected progression, but rather to pain and disability. The lack of a classification in the adult deformity population has limited the study of prognostic markers and progress in establishing treatment algorithms.

Although the prevalence of scoliosis in the adult population has been reported as ranging from 2% to 32%, a recent study targeting elderly volunteers showed a prevalence of more than 60%.^{3–8} With an increasingly aging population in the United States and increased attention to quality of life issues, adult scoliosis is becoming a considerable health care concern. Aside from the esthetic considerations of scoliosis in the adult, significant pain and disability can develop.⁹

A number of investigators have examined the impact of radiographic parameters on self-assessed function (outcomes instruments) in the setting of scoliosis in the adult.¹⁰ In one recent study, the loss of lumbar lordosis and obliquity of lumbar vertebrae, but not Cobb angle, on a coronal radiograph were significantly correlated with pain scores. Other investigations have shown global imbalance, apical level of a scoliotic deformity, and intervertebral subluxation to be significantly related to outcomes scores.^{10–12}

The purpose of this study was to create, and validate, a classification of scoliosis in the adult. The approach was based on a number of previously established clinically significant radiographic parameters. Although widely used,

Schwab Classification

Introduced emphasis on different principles:

- Importance of lumbar segments
- Loss of lordosis and sagittal balance
- Segmental subluxation in either plane

TABLE 3. Schwab adult deformity classification

Classification	Radiographic criteria
Type	
<i>I</i>	Thoracic-only curve (no other curves)
<i>II</i>	Upper thoracic major, apex T4–T8
<i>III</i>	Lower thoracic major, apex T9–T10
<i>IV</i>	Thoracolumbar major curve, apex T11–L1
<i>V</i>	Lumbar major curve, apex L2–L4
Lumbar lordosis modifier	
<i>A</i>	Marked lordosis (>40 degrees)
<i>B</i>	Moderate lordosis (0–40 degrees)
<i>C</i>	No lordosis present (Cobb > 0 degrees)
Subluxation modifier	
<i>0</i>	No intervertebral subluxation any level
<i>+</i>	Maximal measured subluxation 1–6 mm
<i>++</i>	Maximal subluxation > 7 mm

SRS Classification

- Targeted at Adult deformities
- Attempts to capture all the major radiographic features of the deformity

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The SRS Classification for Adult Spinal Deformity

Building on the King/Moe and Lenke Classification Systems

Thomas Lowe, MD,* Sigurd H. Berven, MD,† Frank J. Schwab, MD,‡
and Keith H. Bridwell, MD§

TABLE 4. Scoliosis Research Society adult deformity classification^a

Primary curve types

Single thoracic (ST)

Double thoracic (DT)

Double major (DM)

Triple major (TM)

Thoracolumbar (TL)

Lumbar “de novo”/idiopathic (L)

Primary sagittal plane deformity (SP)

Adult spinal deformity modifiers: regional sagittal modifier (include only if outside normal ranges as listed)

Proximal thoracic (T2–T5): $\geq +20$ degrees (PT)

Main thoracic (T5–T12): $\geq +50$ degrees (MT)

Thoracolumbar (T10–L2): $\geq +20$ degrees (TL)

Lumbar (T12–S1): ≥ -40 degrees (L)

Lumbar degenerative modifier (include only if present)

Decreased disc height and facet arthropathy based on x-ray: include lowest involved level between L1 and S1 (DDD)

Listhesis (rotational, lateral antero, retro) ≥ 3 mm: include lowest level between L1 and L5 (LIS)

Junctional L5–S1 curve ≥ 10 degrees (intersection angle superior endplates L5 and S1) (ICT)

Global balance modifier (include only if imbalance present)

Sagittal C7 plumb ≥ 5 cm anterior or posterior to sacral promontory (SB)

Coronal C7 plumb ≥ 3 cm right or left of CSVL (CB)

SRS definition of regions

Thoracic: apex T2–T11–T12 disc

Thoracolumbar: apex T12–L1

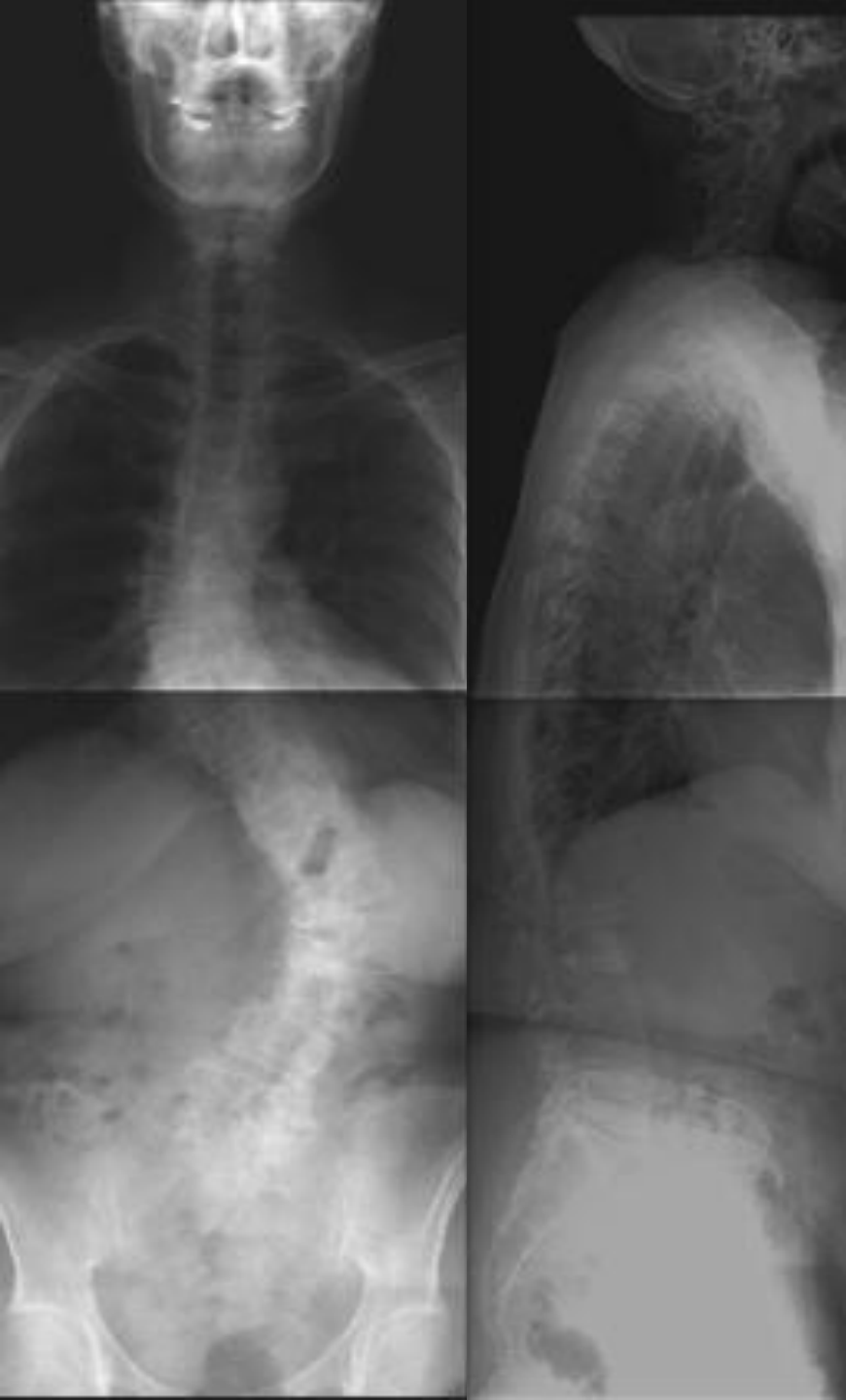
Lumbar: apex L1–L2 disc–L4

Criteria for specific major curve types

Thoracic curves: 1) curve ≥ 40 degrees; 2) apical vertebral body lateral to C7 plumbline; 3) T1 rib or clavicle angle ≥ 10 degrees upper thoracic curves

Thoracolumbar and lumbar curves: 1) curve ≥ 30 degrees; 2) apical vertebral body lateral to CSVL

Primary sagittal plane deformity: no major coronal curve



- Aebi IIIa
- Schwab VB+
- SRS L+DDD(L1-S1)+LIS(LL2-5)+SB

Most recently

Spinal deformity: a new classification derived from neutral upright spinal alignment measurements in asymptomatic juvenile, adolescent, adult, and geriatric individuals.

Kuntz C 4th, Shaffrey CI, Ondra SL, Durrani AA, Mummaneni PV, Levin LS, Pettigrew DB.

Neurosurgery. 2008 Sep;63(3 Suppl):25-39.

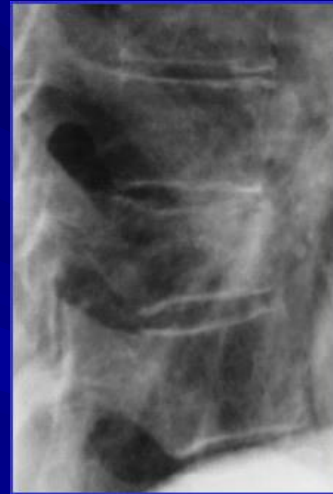
What correction does one need to obtain balance?

PI + LL + TK < or =45 degrees showed 91% sensitivity for predicting ideal sagittal balance at 24 months

- Spine (Phila Pa 1976). 2009 Apr 15;34(8):785-91.
- **Role of pelvic incidence, thoracic kyphosis, and patient factors on sagittal plane correction following pedicle subtraction osteotomy.** Rose PS, Bridwell KH, Lenke LG, Cronen GA, Mulconrey DS, Buchowski JM, Kim YJ.

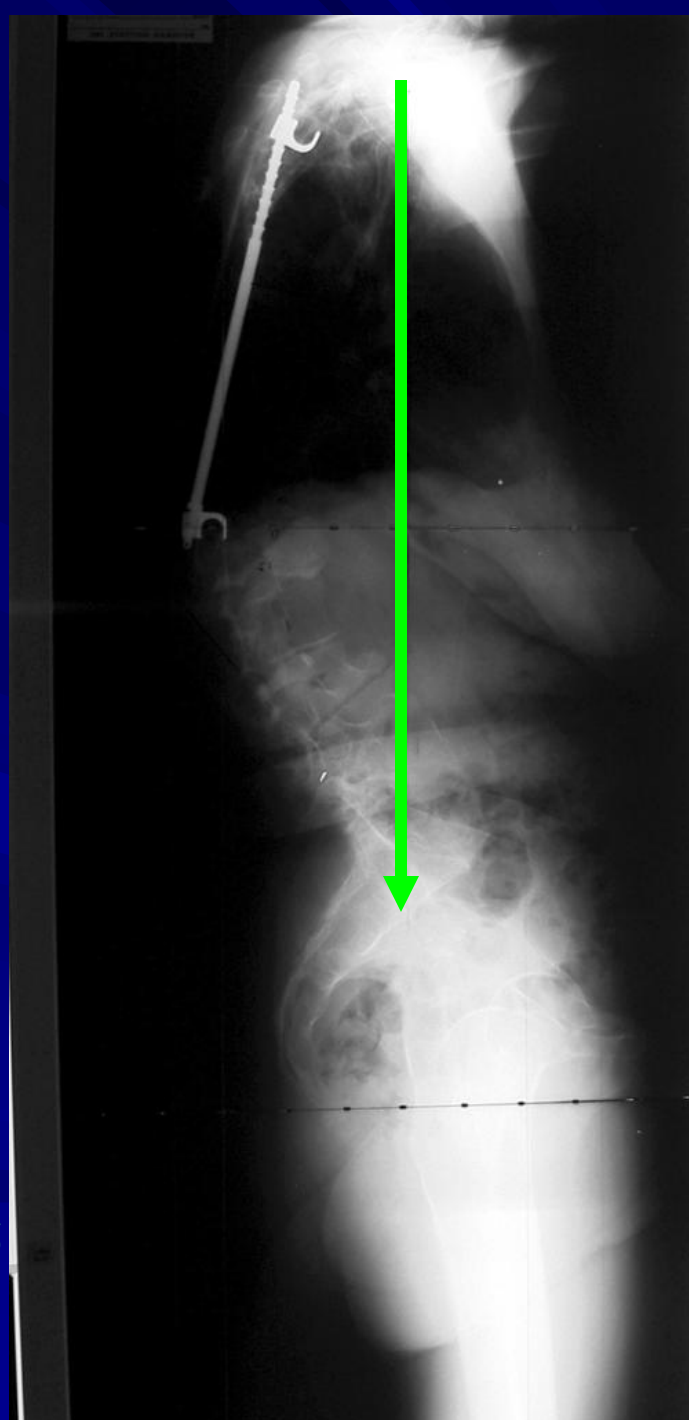
Sagittal Plan abnormalities

■ Fading into Kyphosis



C7 Plumb line

- Sagittal balance
 - Pain
(Schwab Spine 2002)
- Positive Sagittal Balance
 - Most important reliable radiographic predictor (SF-12)
 - Worse pain, function, and self image



C7



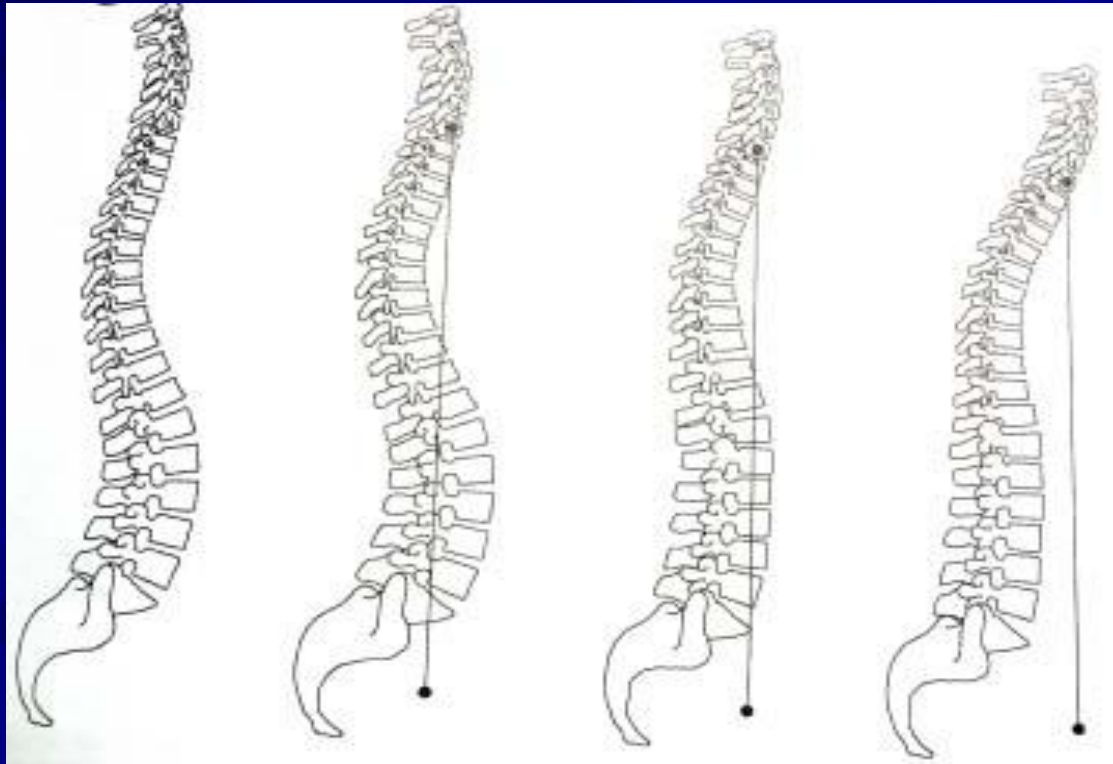
S1

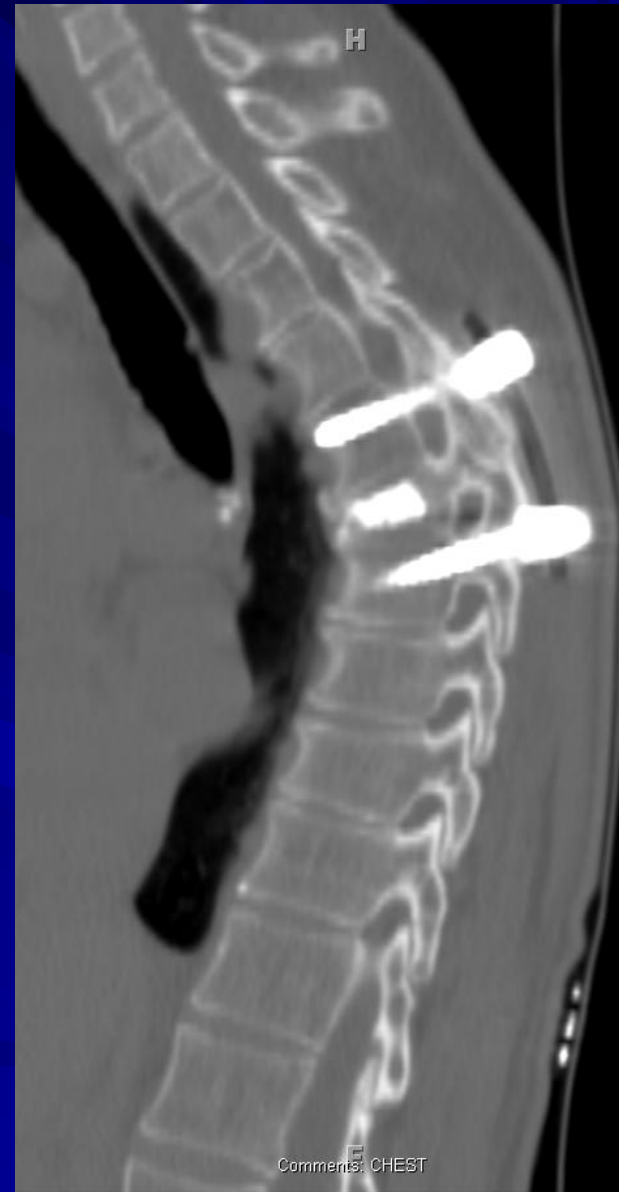
+/- 2 cm

Glassman, Bridwell et al Spine 2005

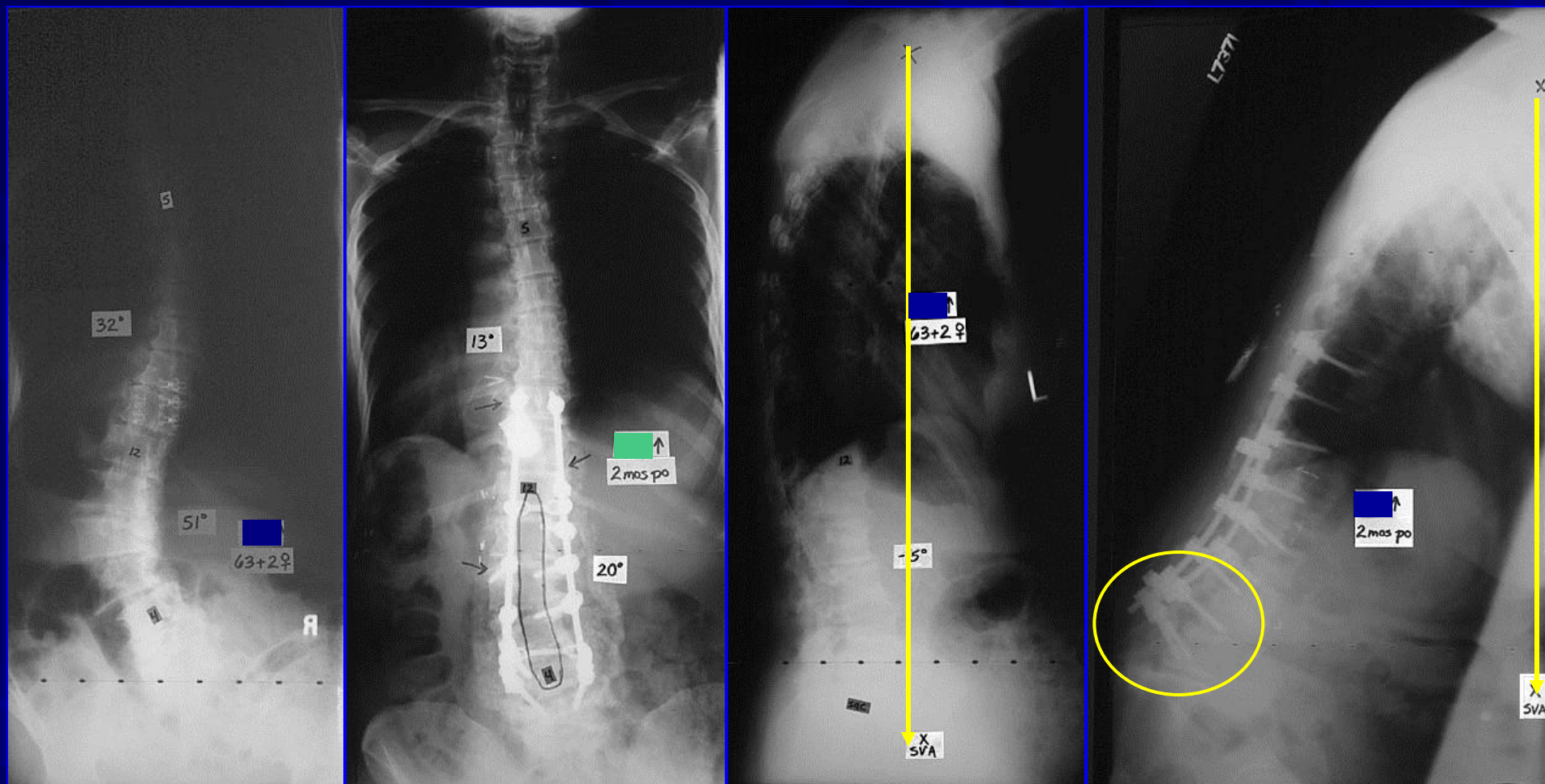
Flat Back Deformity

■ Powerful Multiplier





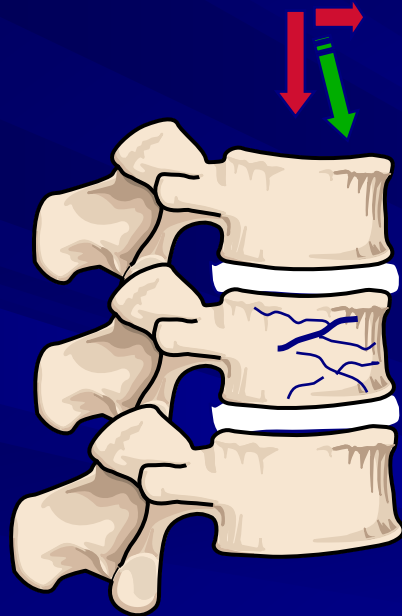
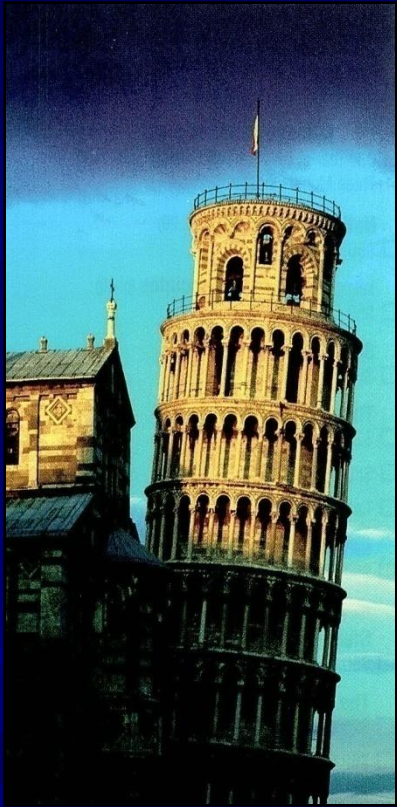
ADULT LUMBAR DEGEN SCOLIOSIS



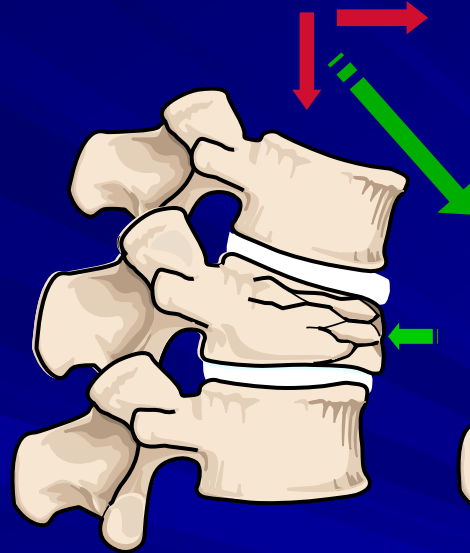
EARLY L5 SCREW PULLOUT/SAGITTAL IMBALANCE!!!

Biomechanics of Kyphosis

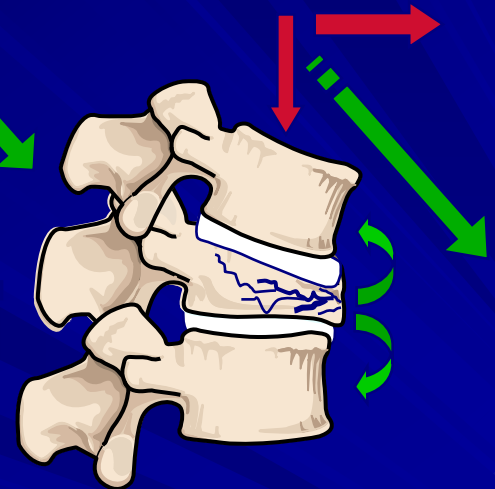
“Kyphosis Begets Kyphosis”



Balanced



*Force
Concentration*



*Force
Transmission*



Indication for Treatment

- **Neurological compromise**
- **Pain and functional debilitation**
 - Failed pain management and non-surgical treatments for greater than 6-12 months
 - Negative prognostic indicators
 - Positive sagittal balance
 - Lateral listhesis
- **Deformity progression**
 - Failed bracing
 - Skeletal immaturity
 - Curves > 45 degrees
 - Greater than 5 degree progression in 1 year
 - Greater than 3 degree progression in 2 consecutive years
- **Cosmesis**







Standard Work-up

- Calcium
- Vitamin D(25-hydroxyvitamin D)
- PTH
- Testosterone (males)
- DEXA scan

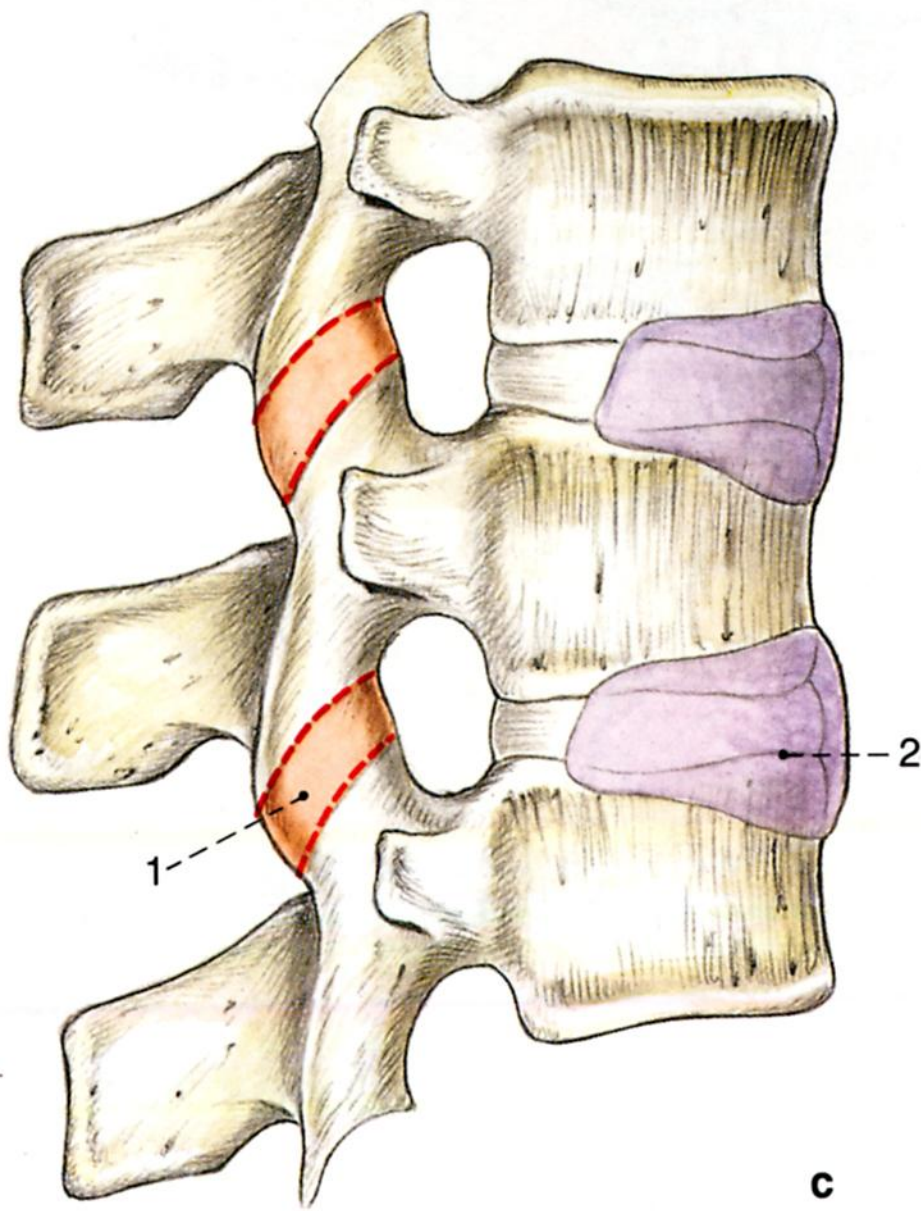
Vitamin D

- 1000 -2000 IU/day D₃ (cholecalciferol)
- Higher doses for deficiency
- D₂ (ergocalciferol) for severe deficiency
- D₂ 6-12 weeks of 50,000 units 1-3 times/week (at least 600, 000 IU)
- Forteo 20ug SQ/wk for 12 weeks

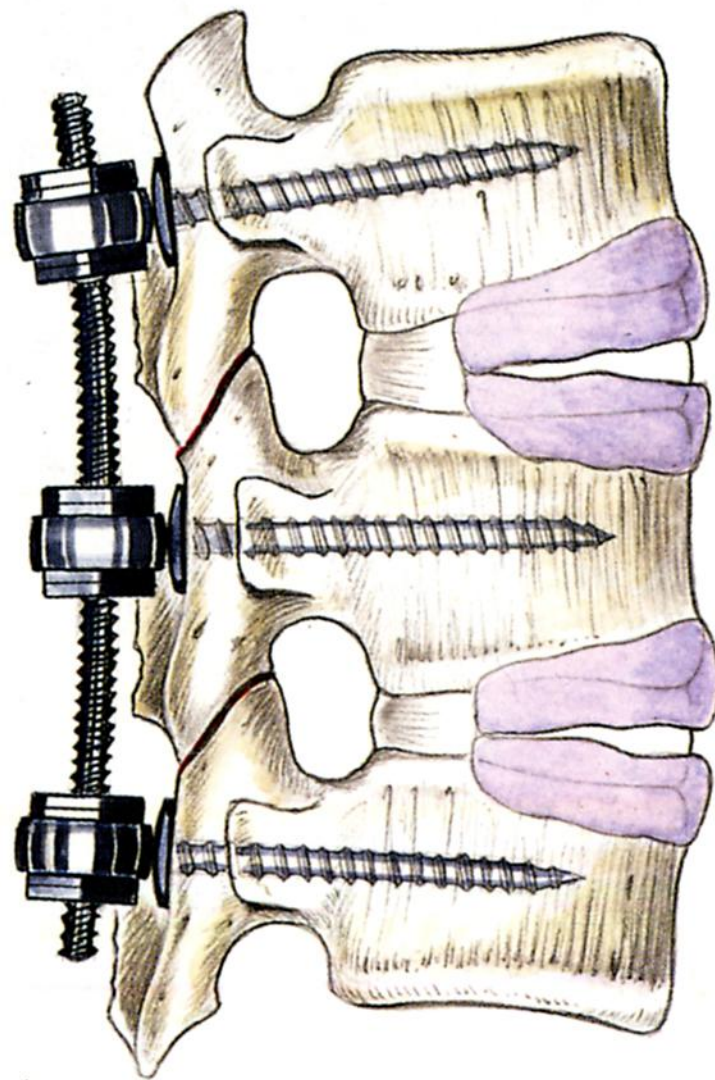
Sagittal decompensation Issues

- Anterior column lengthening vs. posterior column shortening or both
 - 1 vs. 2 approaches
 - medical issues
 - correction per osteotomy
 - **Smith-Peterson: 5-10°/level**
 - **Thomasen: 30°**
 - dural kinking





c



d

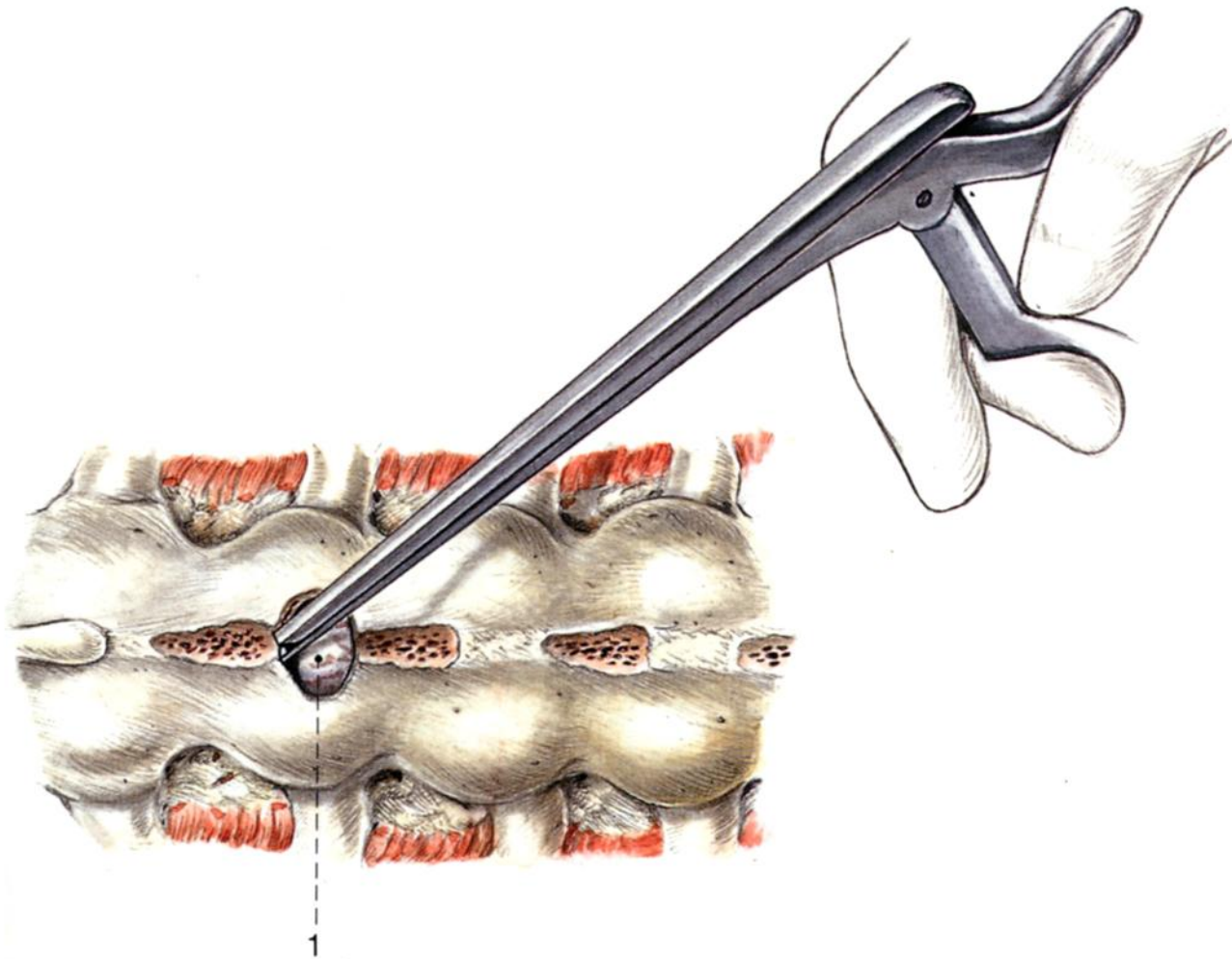


Fig. 4.5 Median interlaminar osteotomy by resection of the ossified yellow ligament.

1 Spinal dura mater

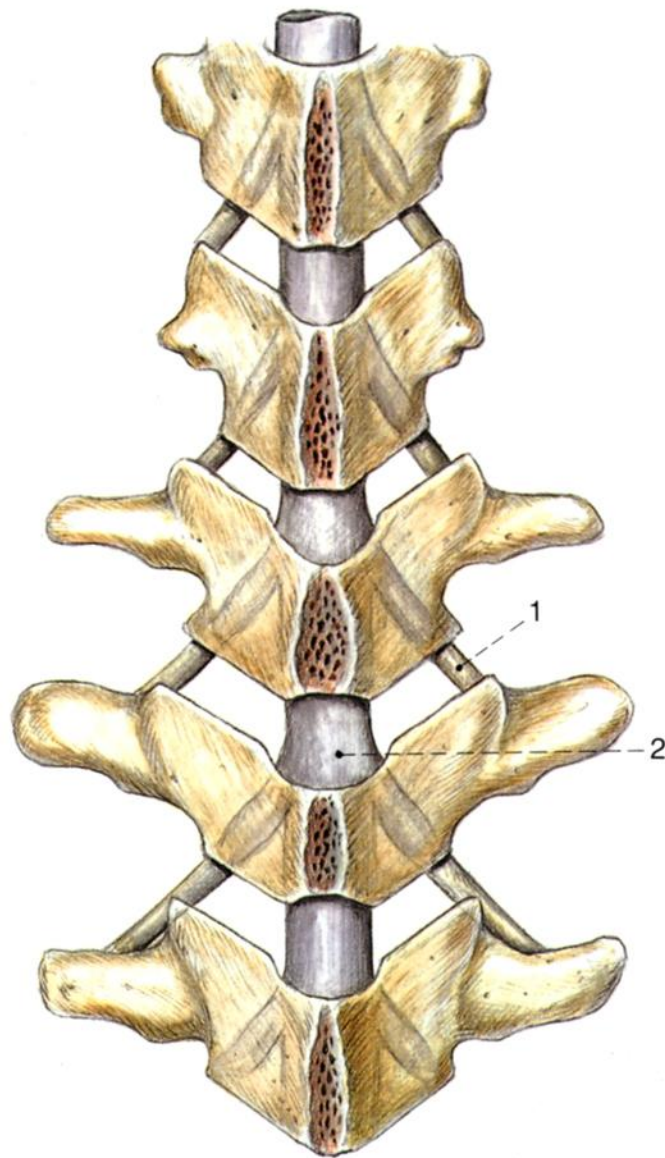


Fig. 4.6 Position of osteotomies in relation to the posterior vertebral elements and the neural structures.

- 1 Spinal nerve
- 2 Spinal dura mater

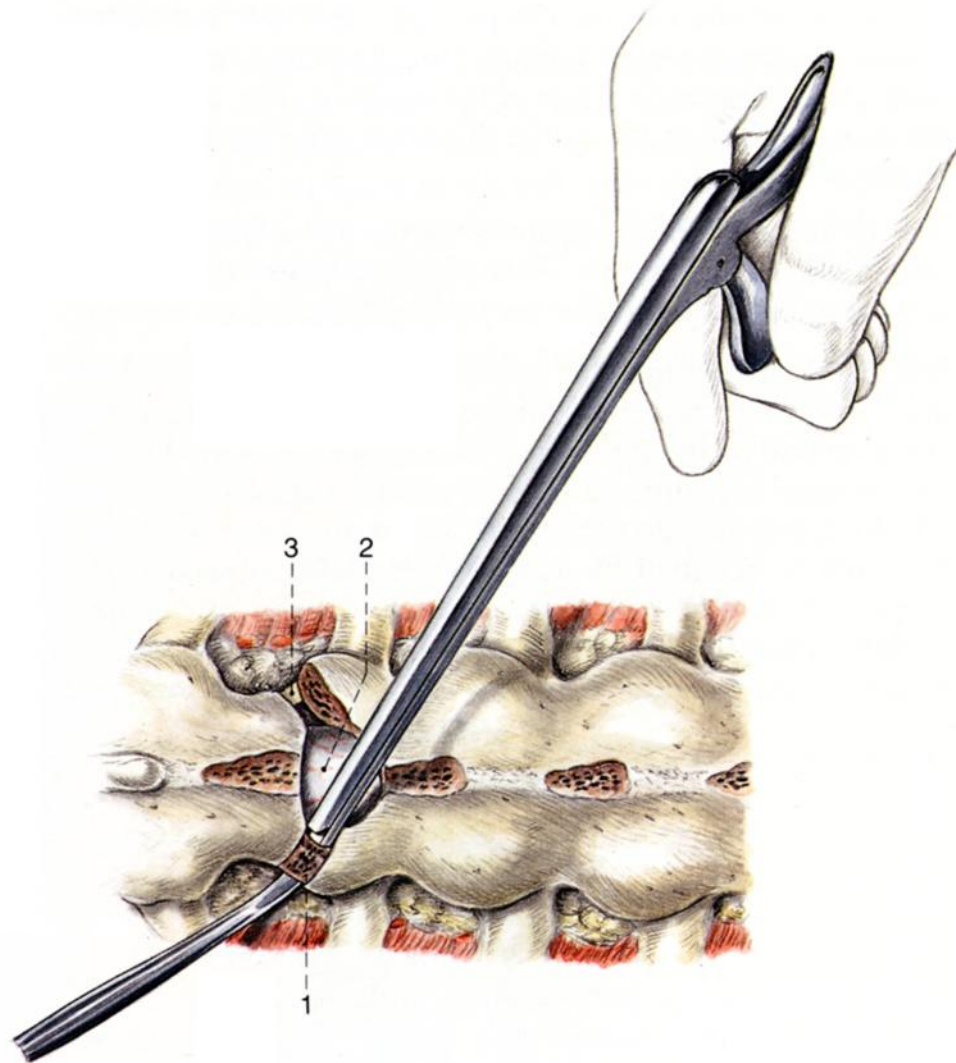


Fig. 4.7 Oblique lateral osteotomy shortly before completion.

- 1 Remaining osseous bridge in front of the intervertebral foramen, the spinal nerve being protected by a dissector
- 2 Spinal dura mater
- 3 Spinal nerve

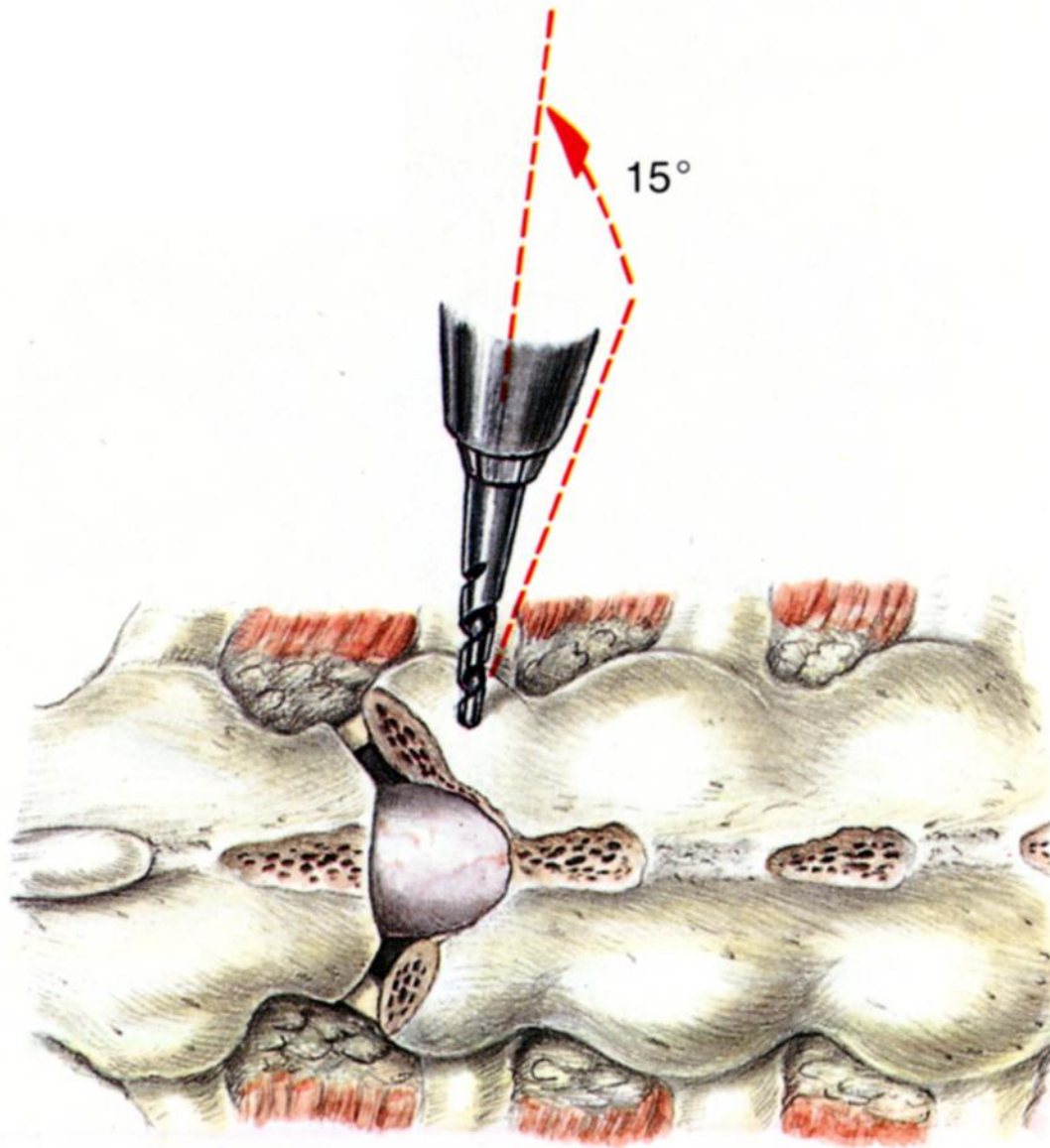


Fig. 4.9 Drilling of a hole for screw implantation in anteromedial direction at an angle of 15 degrees to the sagittal plane.

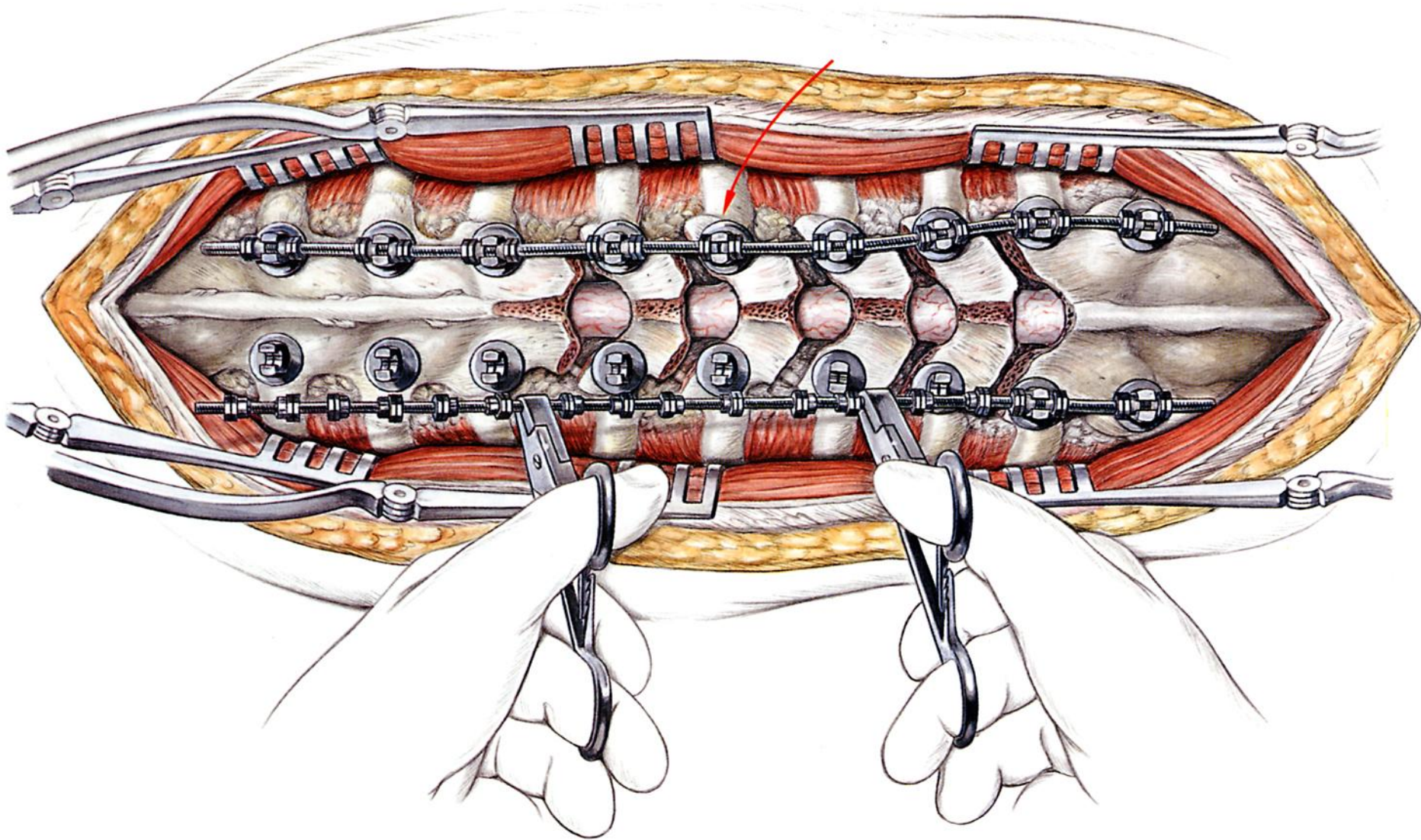


Fig. 4.11 Site after insertion of the right threaded rod between T10 and S1. Fixation of nuts on the central screw at L2 (see arrow), and insertion of the left threaded rod.

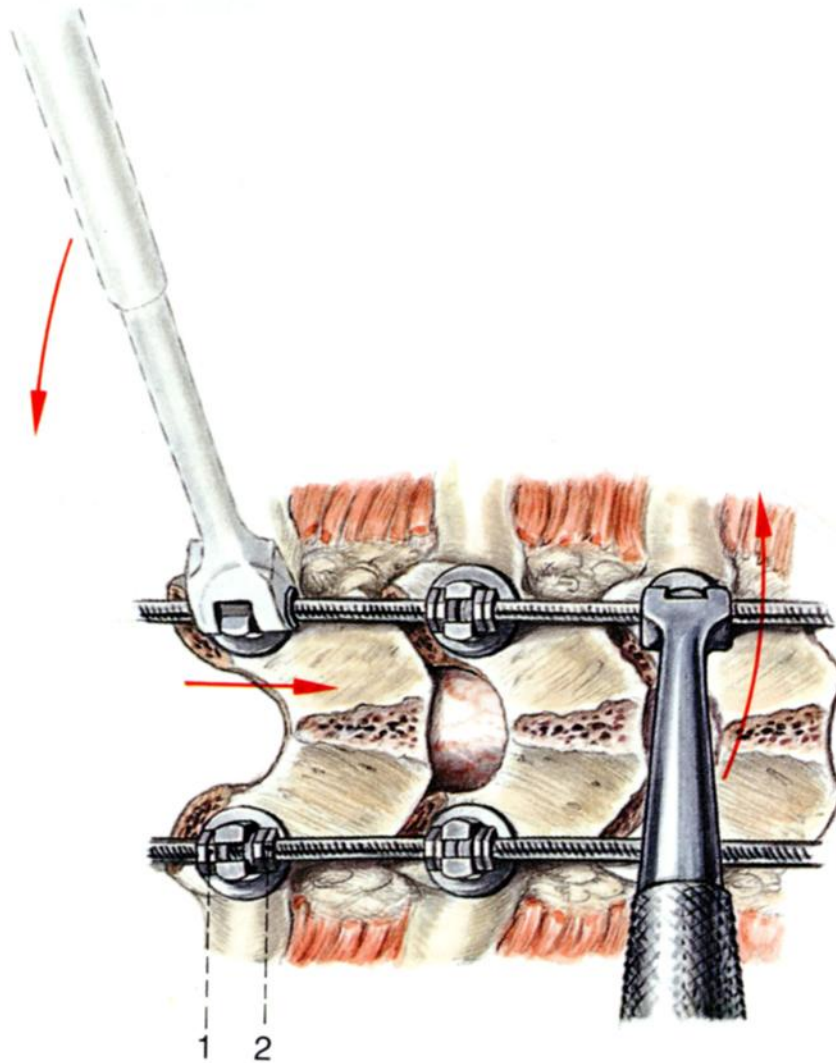


Fig. 4.12 Correction of the nuts peripheral to the central screw by centripetal tightening. The counternuts loosely seated in the screw hole are moved simultaneously with the Zielke double-key Haifaa wrench.

- 1 Correcting nut
- 2 Counternut

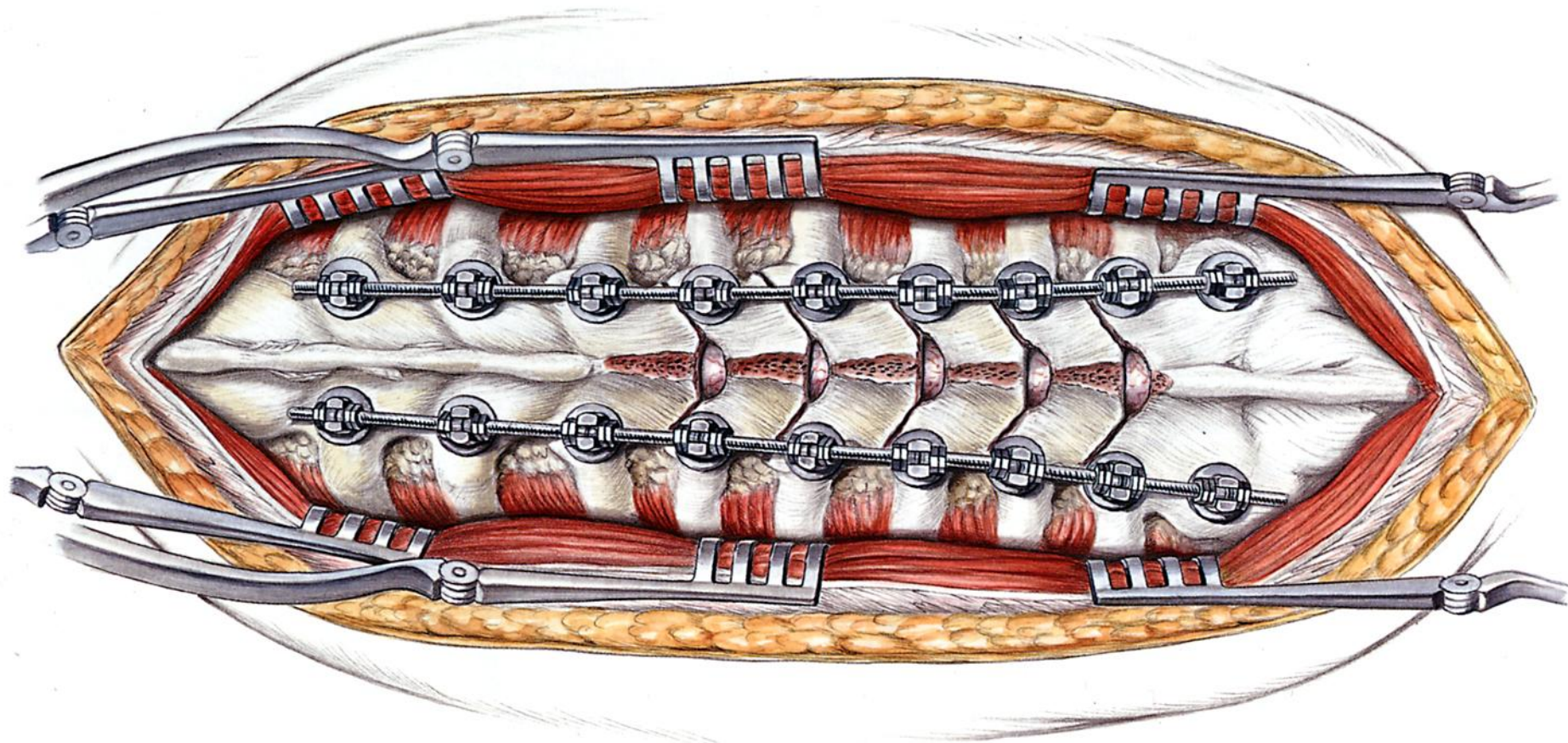


Fig. 4.13 Site after correction. The lateral osteotomies are closed.

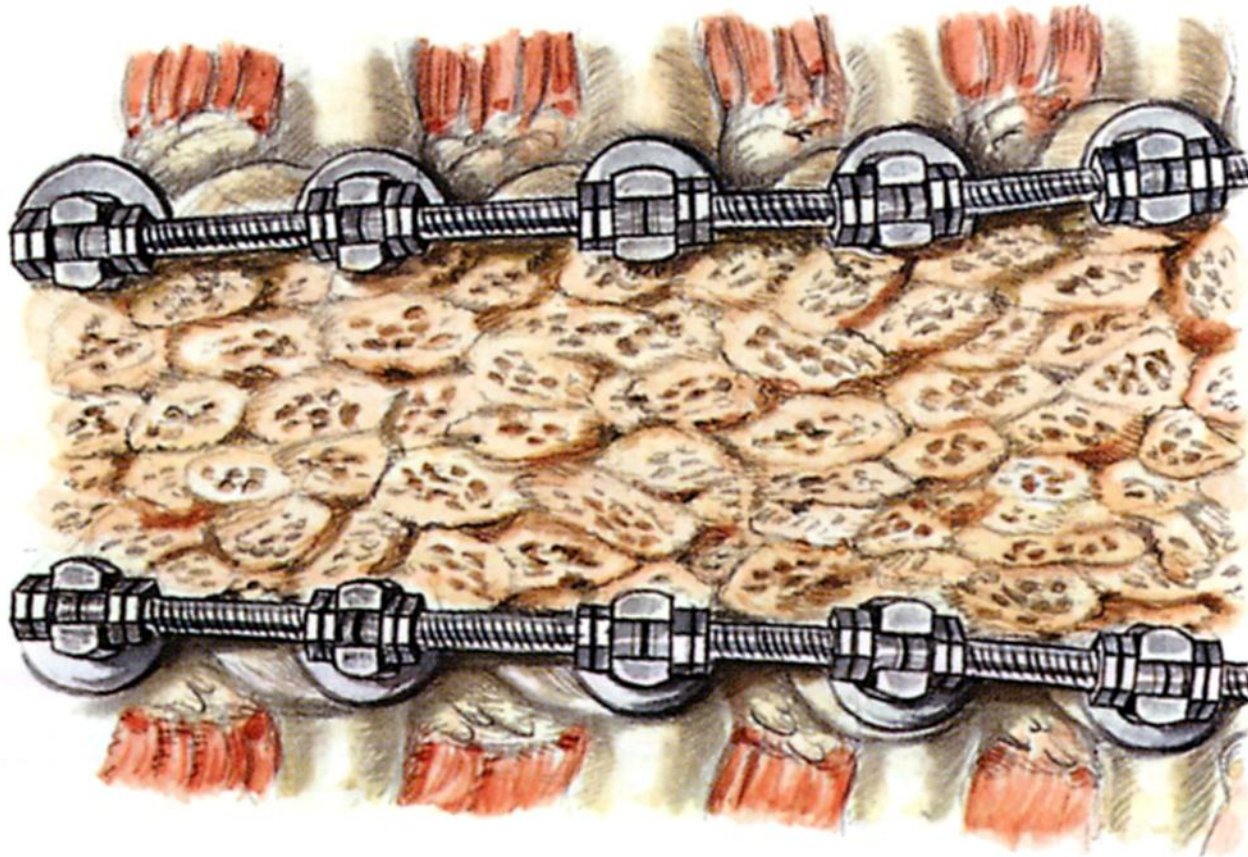


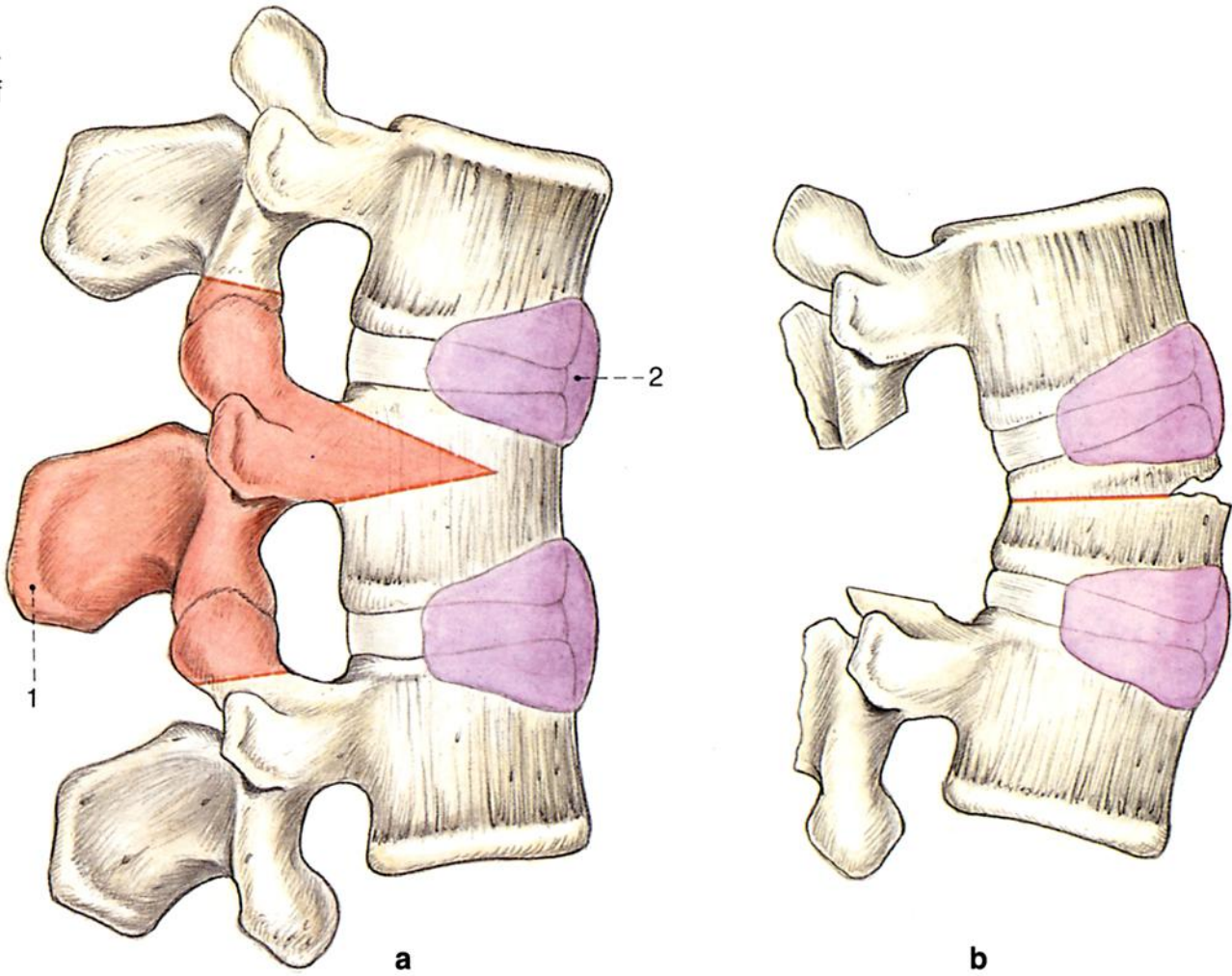
Fig. 4.14 Detail of site after grafting. It is important to apply the large chips from resection of the spinous processes to the median osteotomies.

Fig. 4.16 Principle of correction.

a Lumbar segments with resected posterior portions and partial osteotomy of the vertebral body.

b Lumbar segments after correction.

- 1 Resected bone
- 2 Syndesmophytes



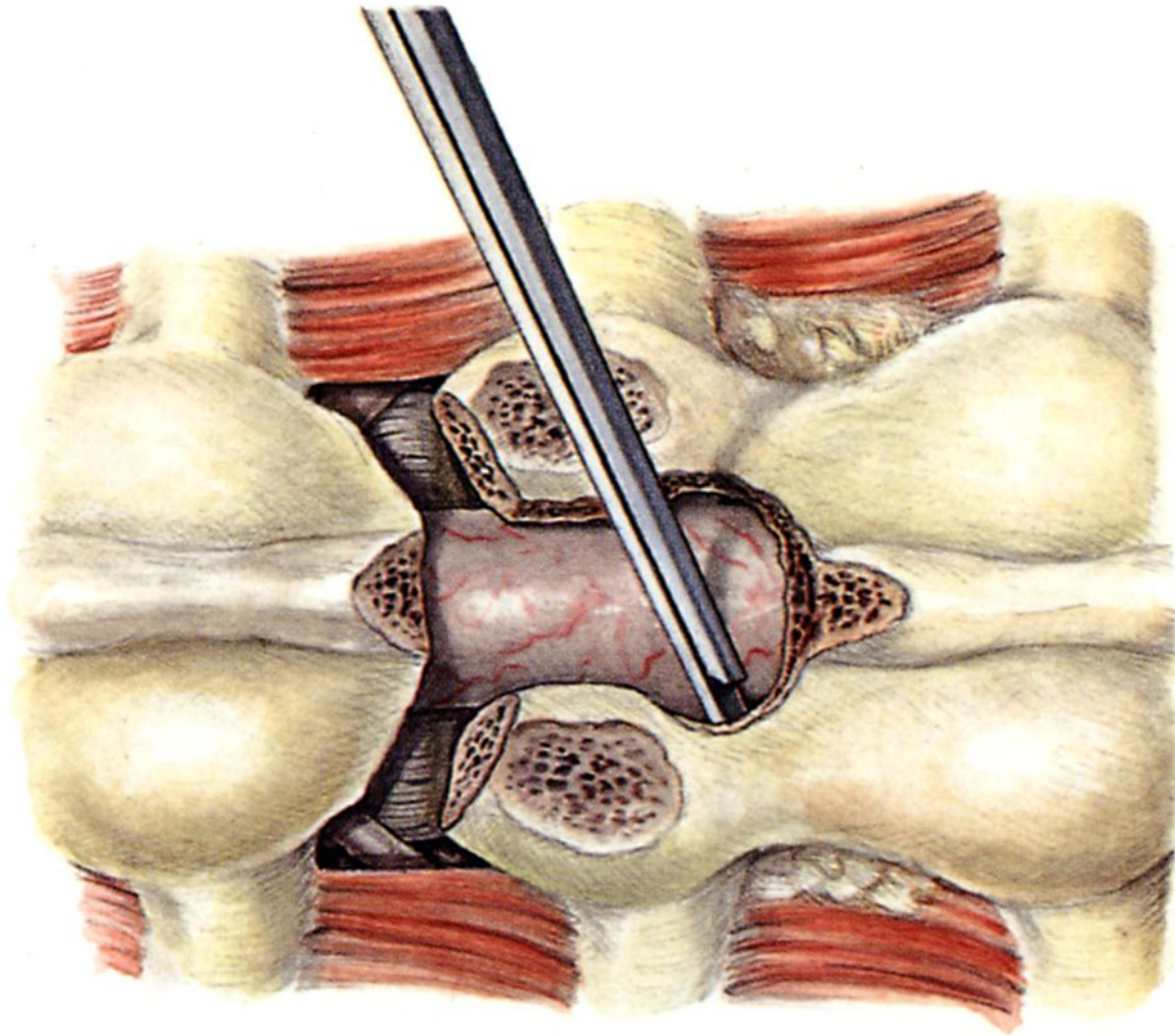


Fig. 4.17 Detail of the site after the lateral osteotomies and laminectomy. Resection of the upper articular process of the next lower vertebra.

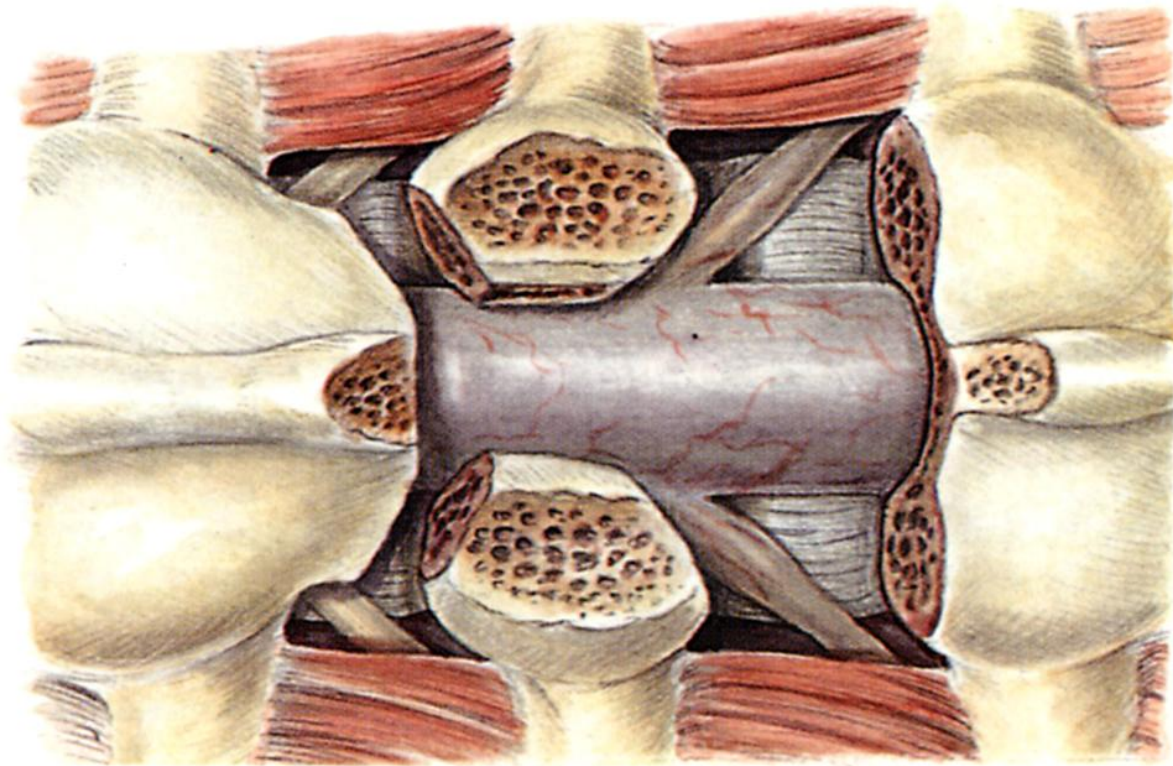


Fig. 4.18 Detail of the site after lateral and median osteotomies. The articular components are still partly intact, and the transverse processes and pedicles are completely intact. The dura and the four adjacent spinal nerves are visualized.

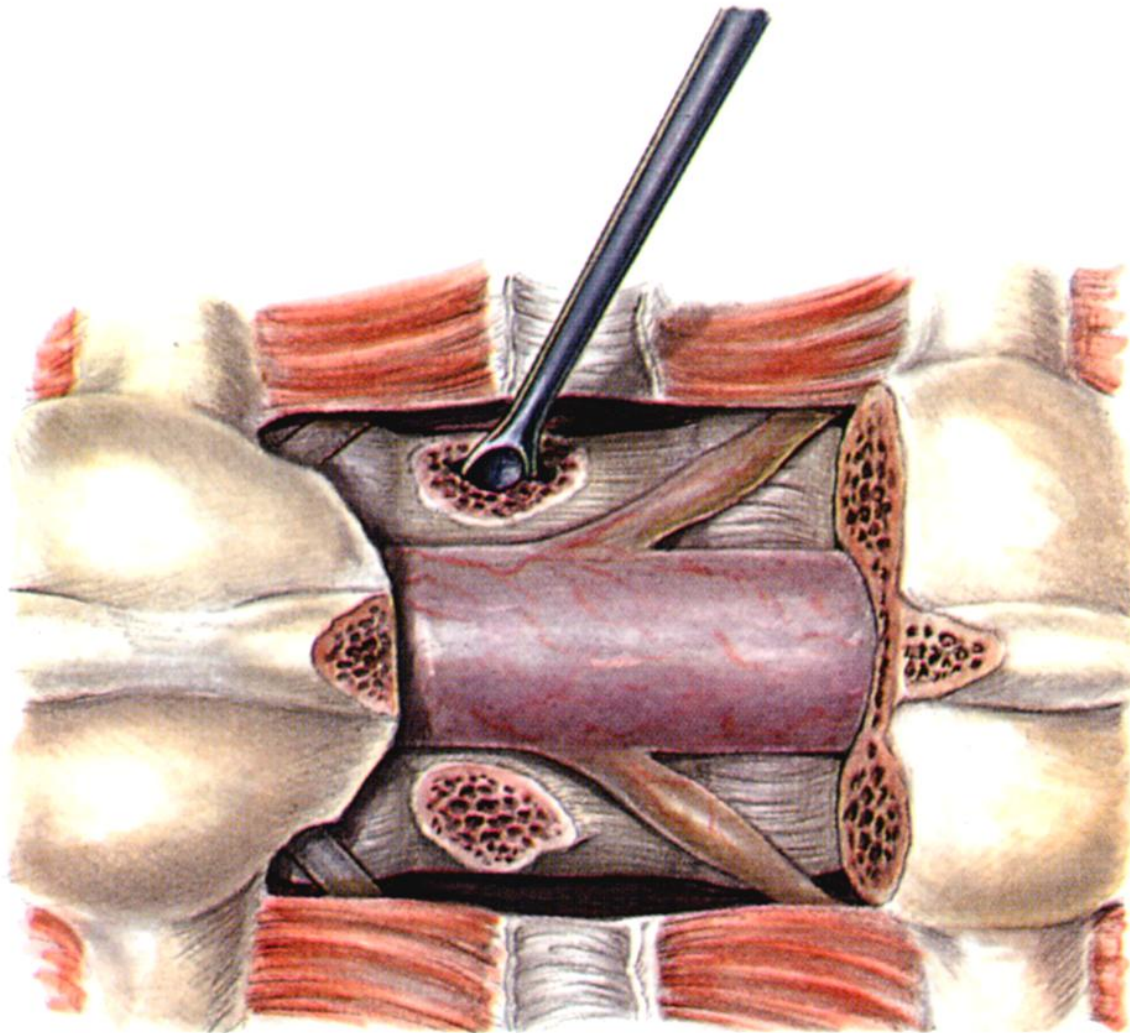


Fig. 4.19 Cancellous bone is scooped out of the vertebral body from the base of the right pedicle. The left pedicle is still intact. The transverse processes have been resected together with the articular components.

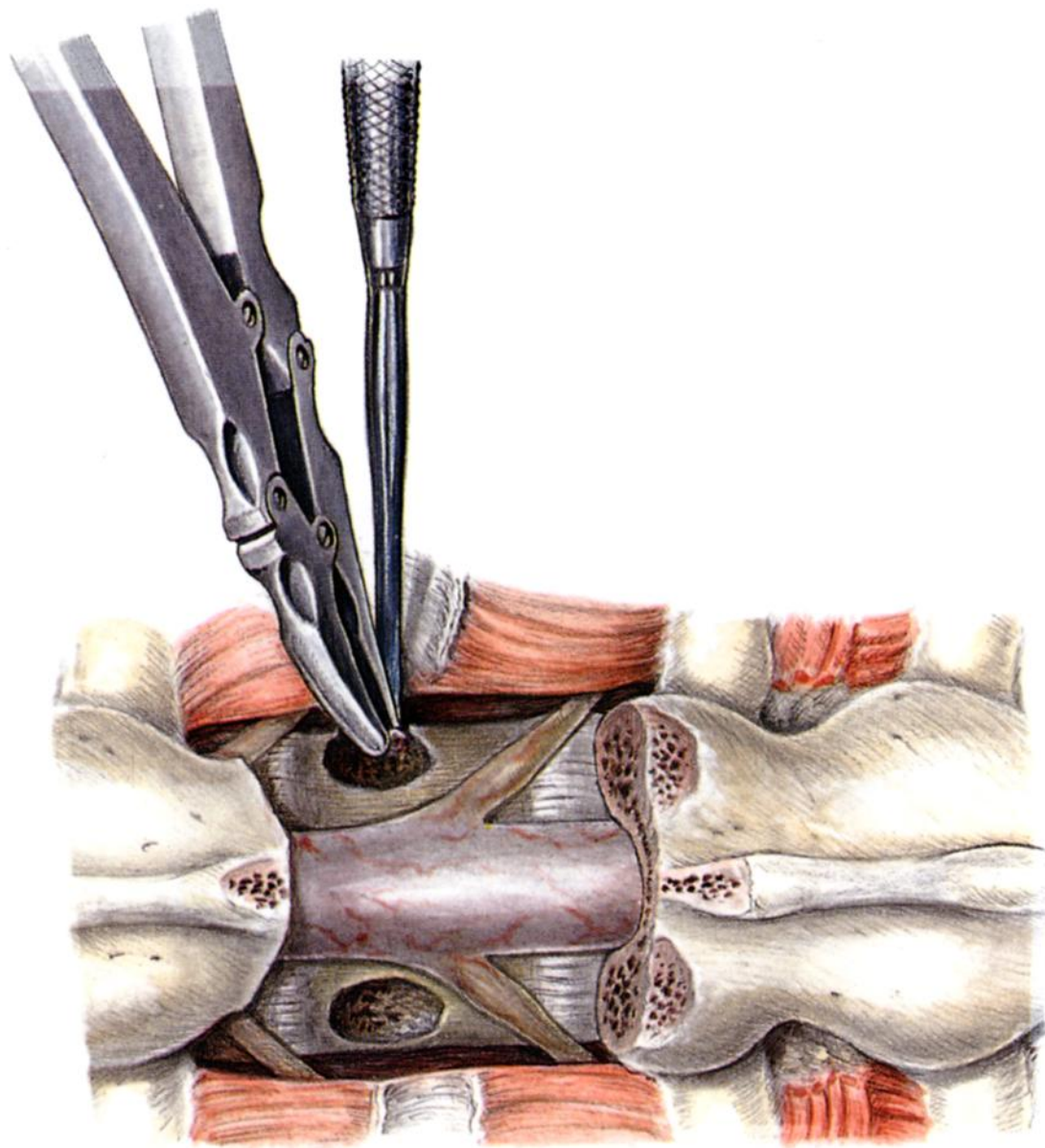


Fig. 4.20 Osteotomy of the left wall of the vertebral body from the base of the pedicle.

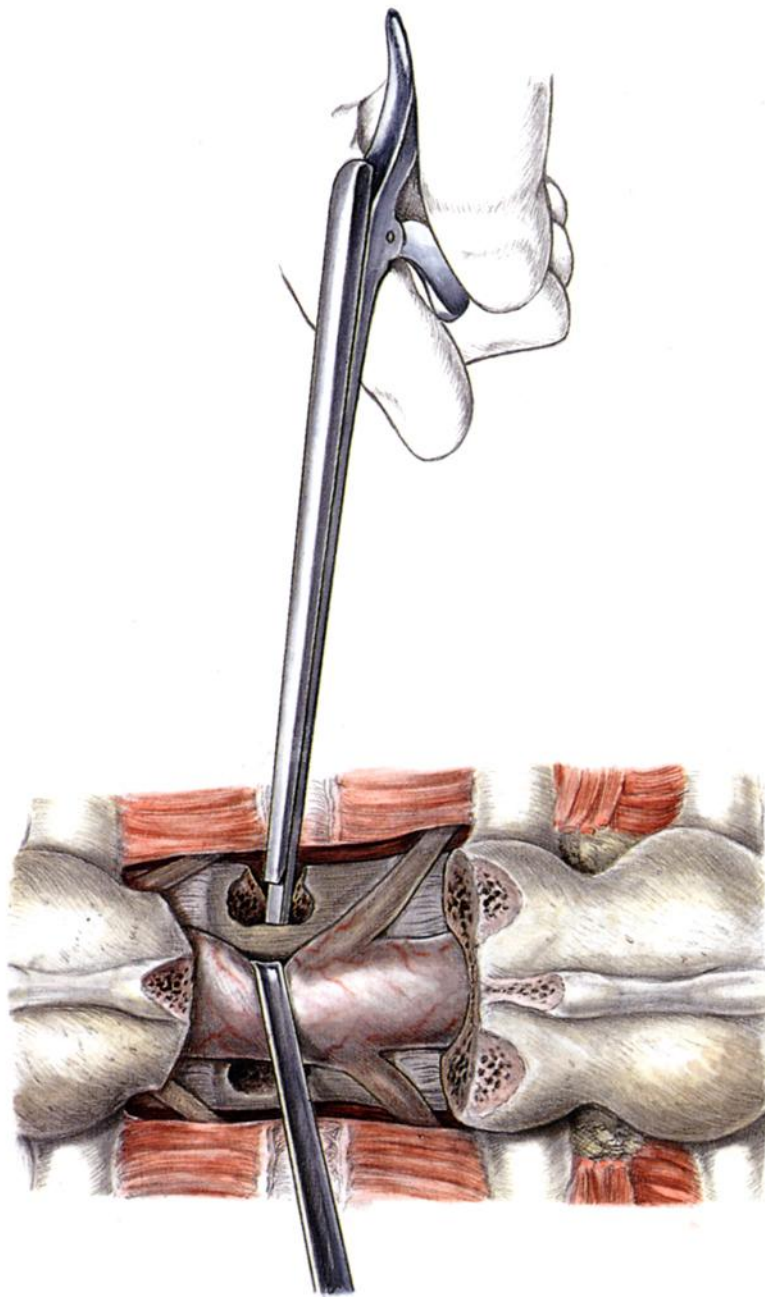


Fig. 4.21 Osteotomy of the posterior wall of the vertebral body.

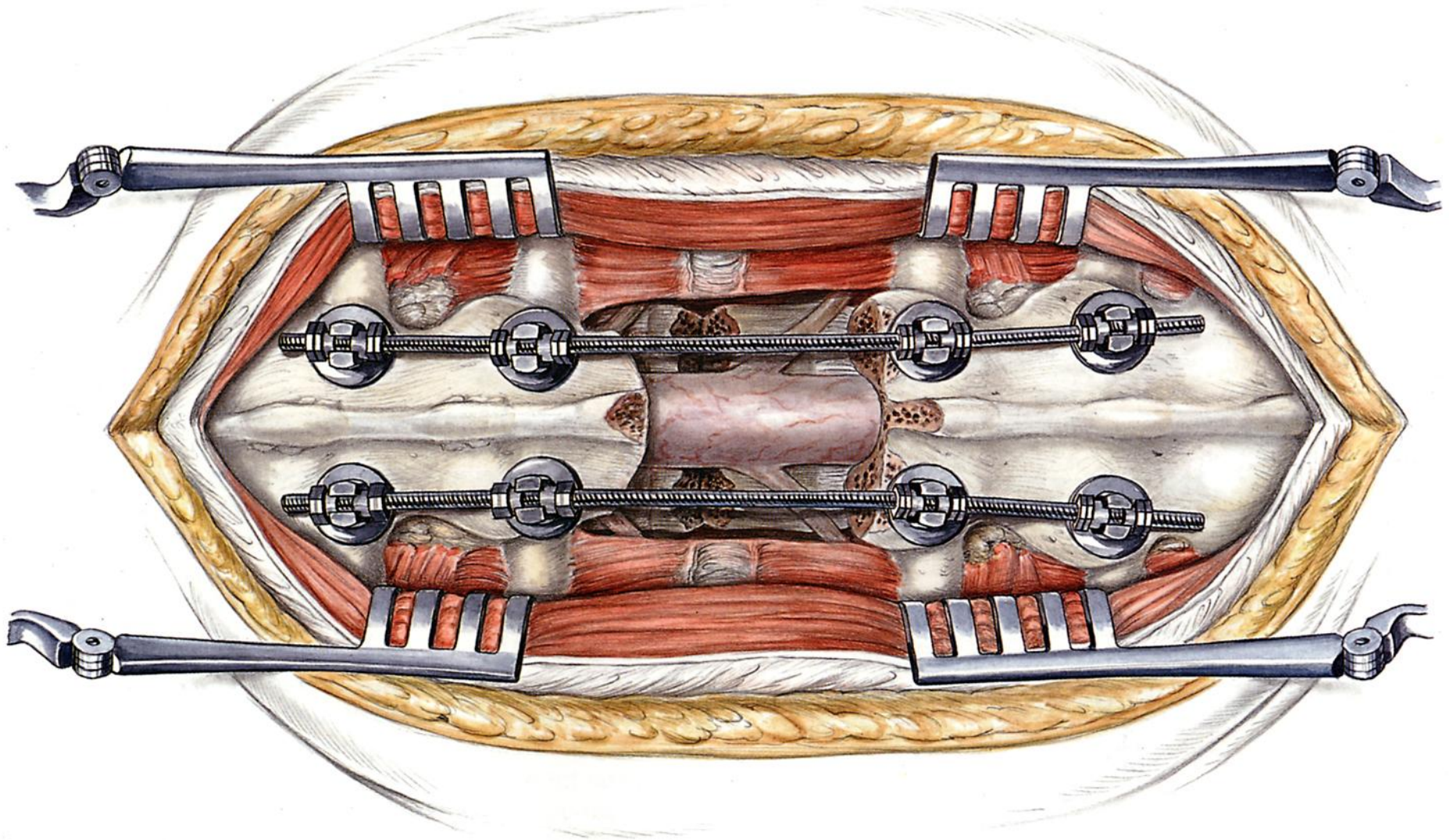


Fig. 4.22 Site after implantation of the complete usi system.

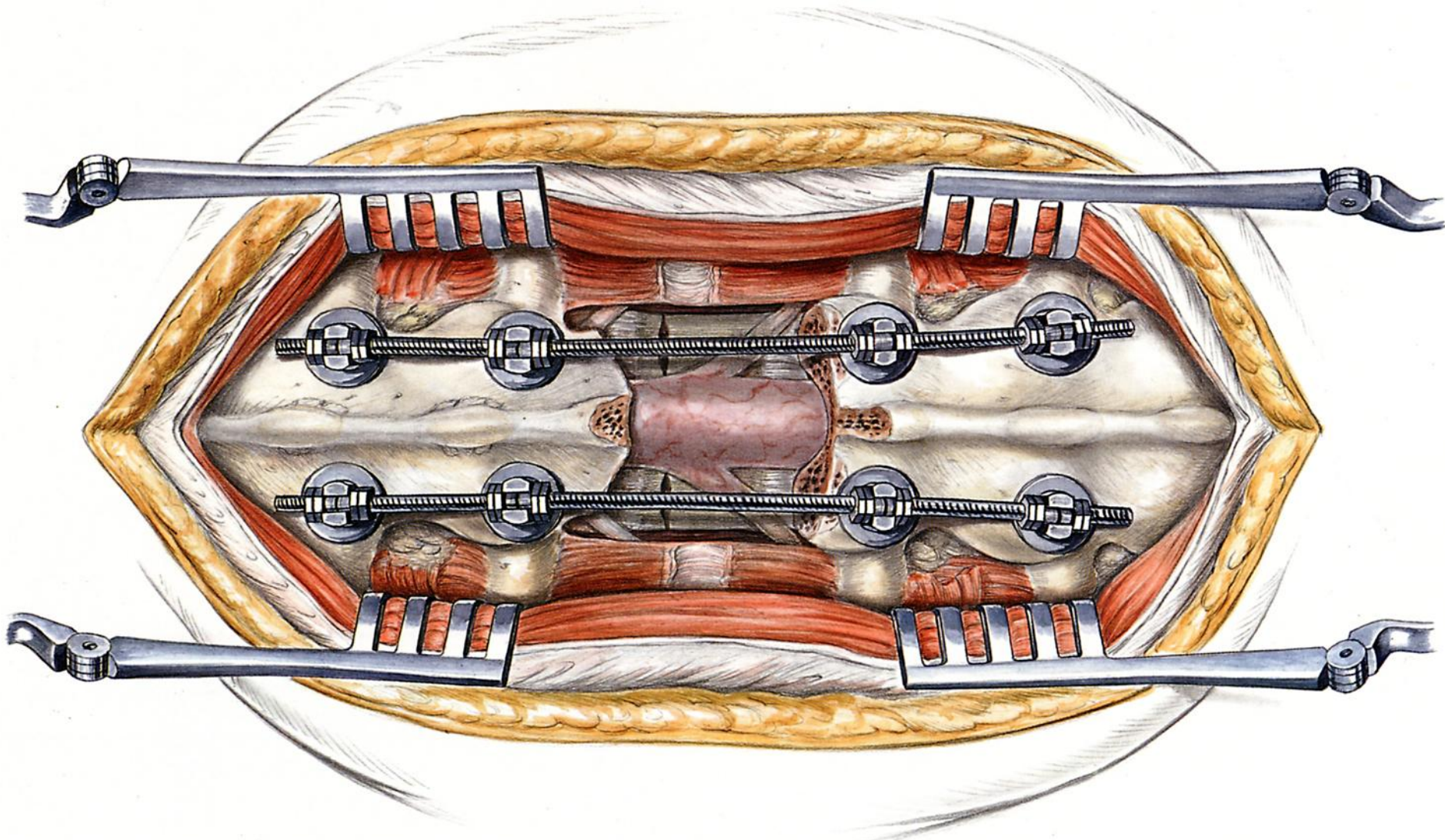


Fig. 4.23 Site after correction and fixation of the correcting nuts and counter-nuts. The vertebral body osteotomy has been closed.

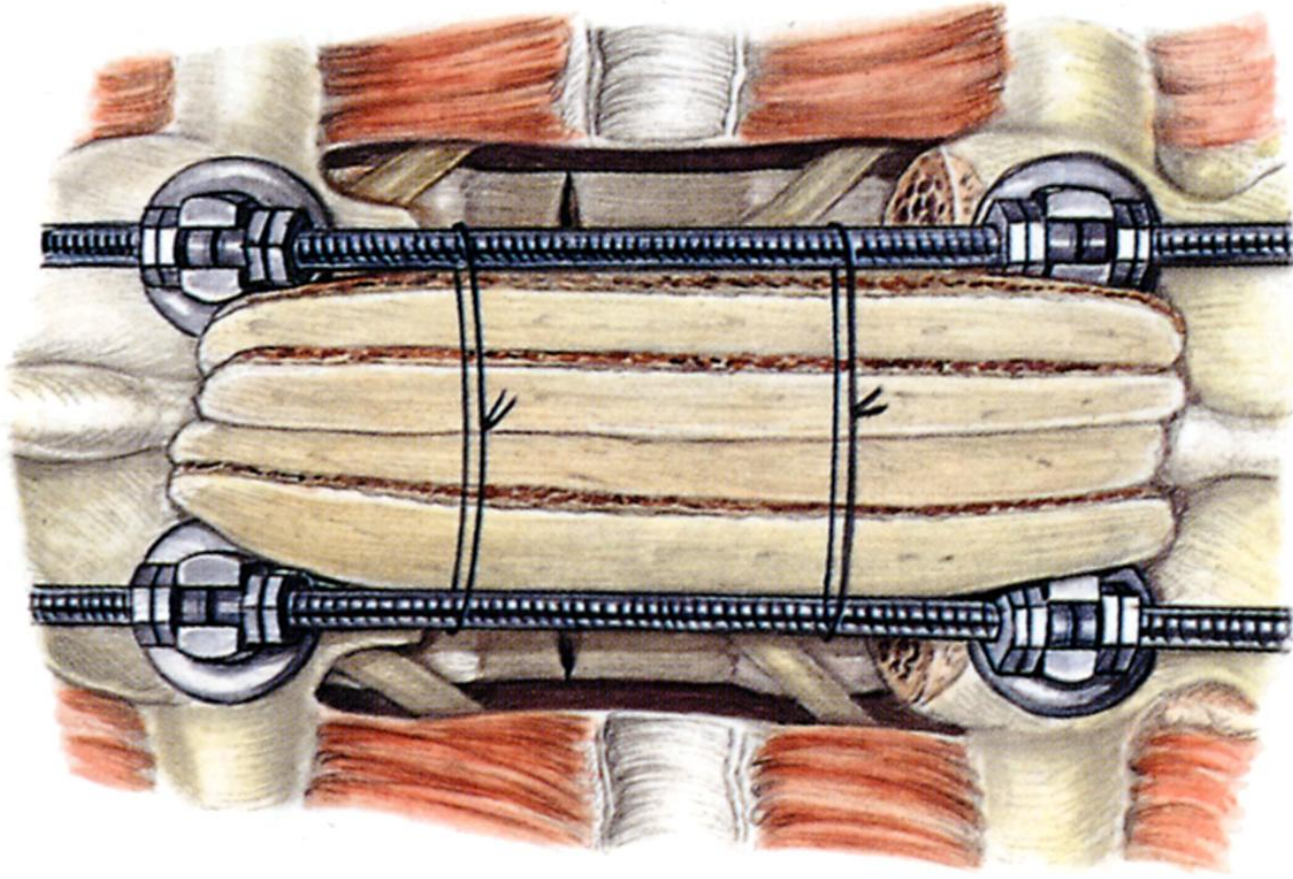


Fig. 4.24 Detail of the site after application of corticocancellous iliac crest chips to the adjacent decorticated laminae. The chips are attached to the threaded rods with sutures.

Anterior Segmental Manipulation

Intervertebral disc space distraction via:

- ALIF
- XLIF/DLIF
- PLIF
- TLIF

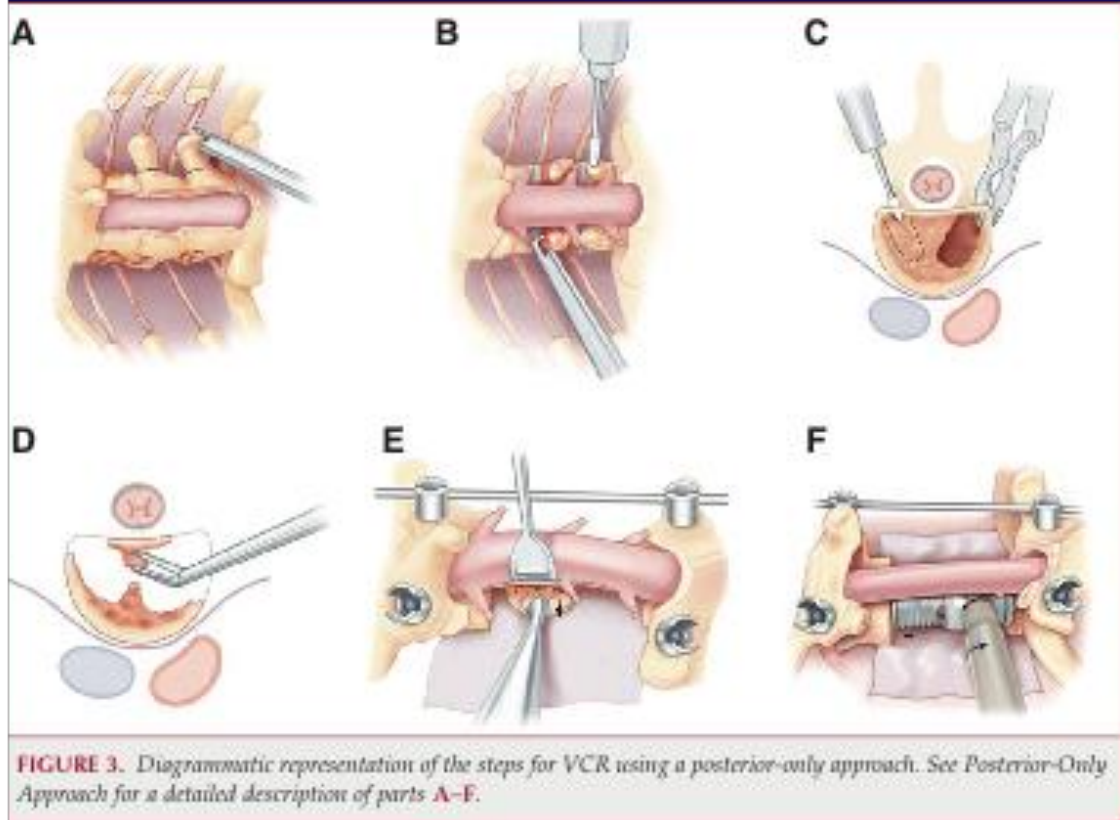
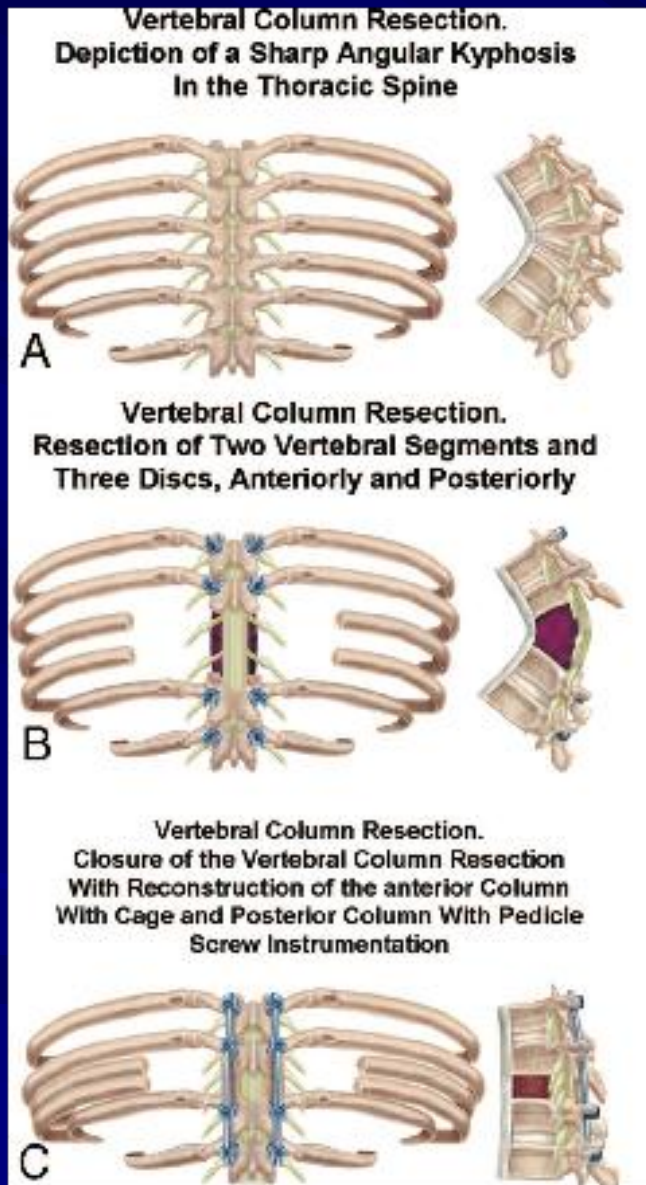
Very powerful for restoration of anterior column height (and restoring lordosis)

Allows for loosening of deformities without osteotomies

Effective for focal curves/listheses

Manages focal disc and facet joint pain generators

Vertebral Column Resection



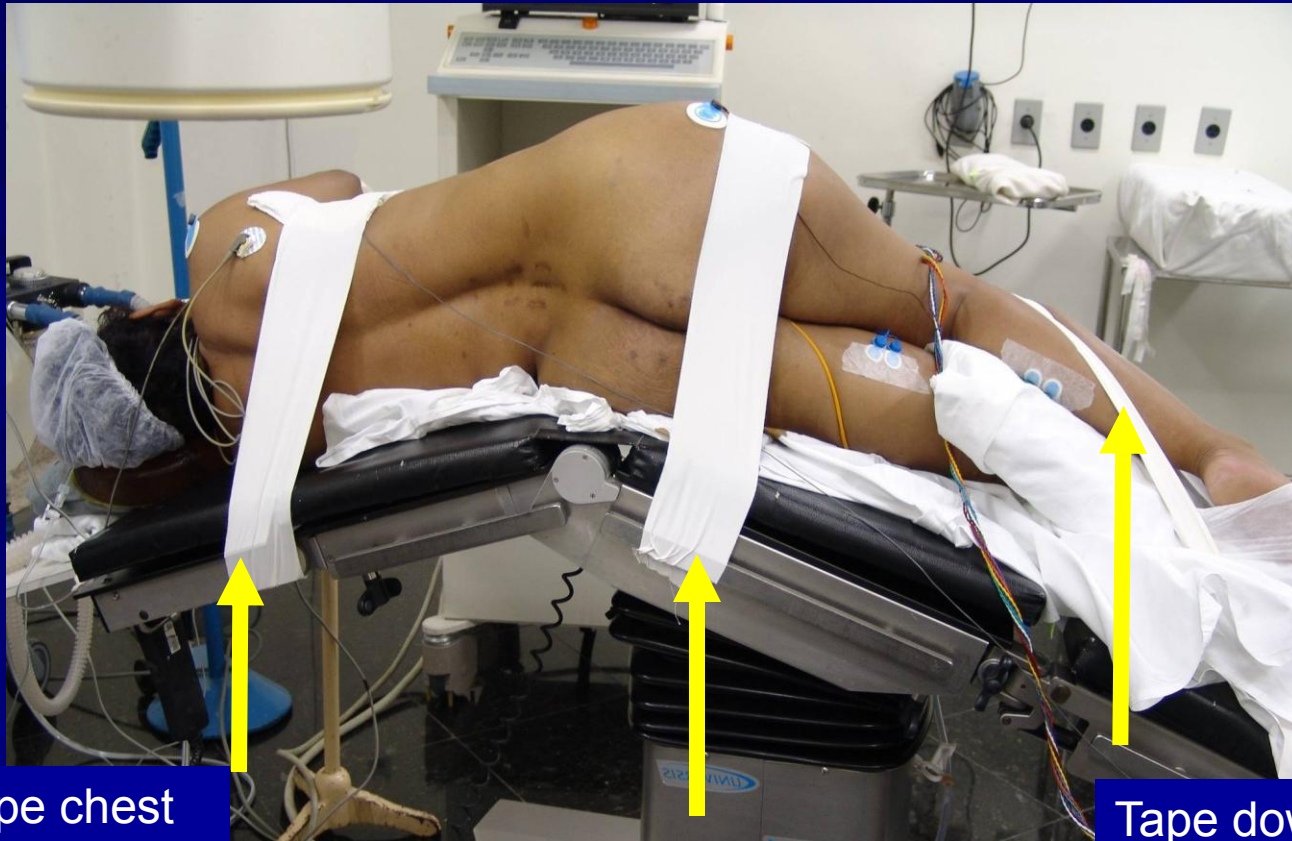






Tape *prior to* breaking table

The tape will help get leverage over the break

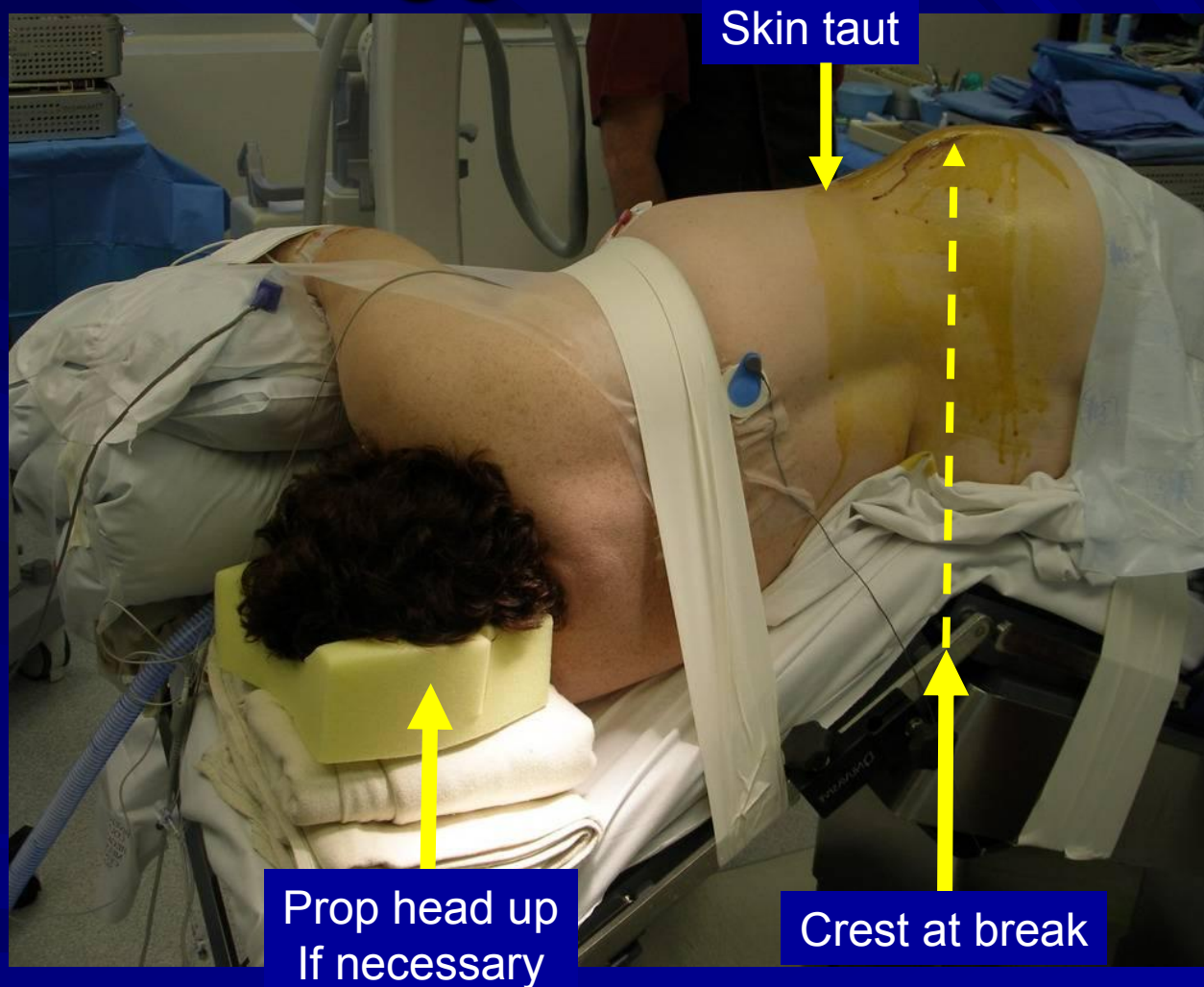


Tape chest
(under arm)

Tape pulling crest inferiorly

Tape down thigh
and across knee

Aggressive Break



99.9% of L4-5
disc spaces can
be accessed!

Implant Placement

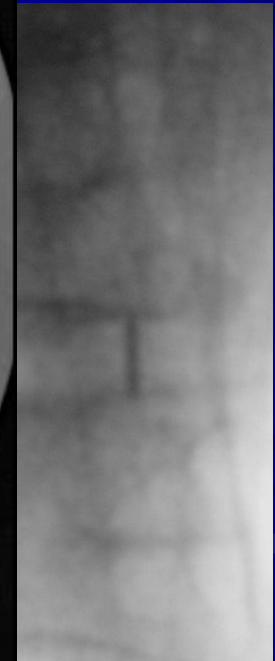
BMP

- Should already have been prepared
- Pack both apertures (med or lg kit)
- Optional – tie suture around implant to contain BMP during implant insertion
- Caution – can lose BMP through suction (especially if irrigating prior to close)
- If endplates destroyed, BMP may cause osteolysis



Implant Placement

- Choose large ring apophysis
- Unbreak tal



s of
oss

Implant Placement

Lateral view:

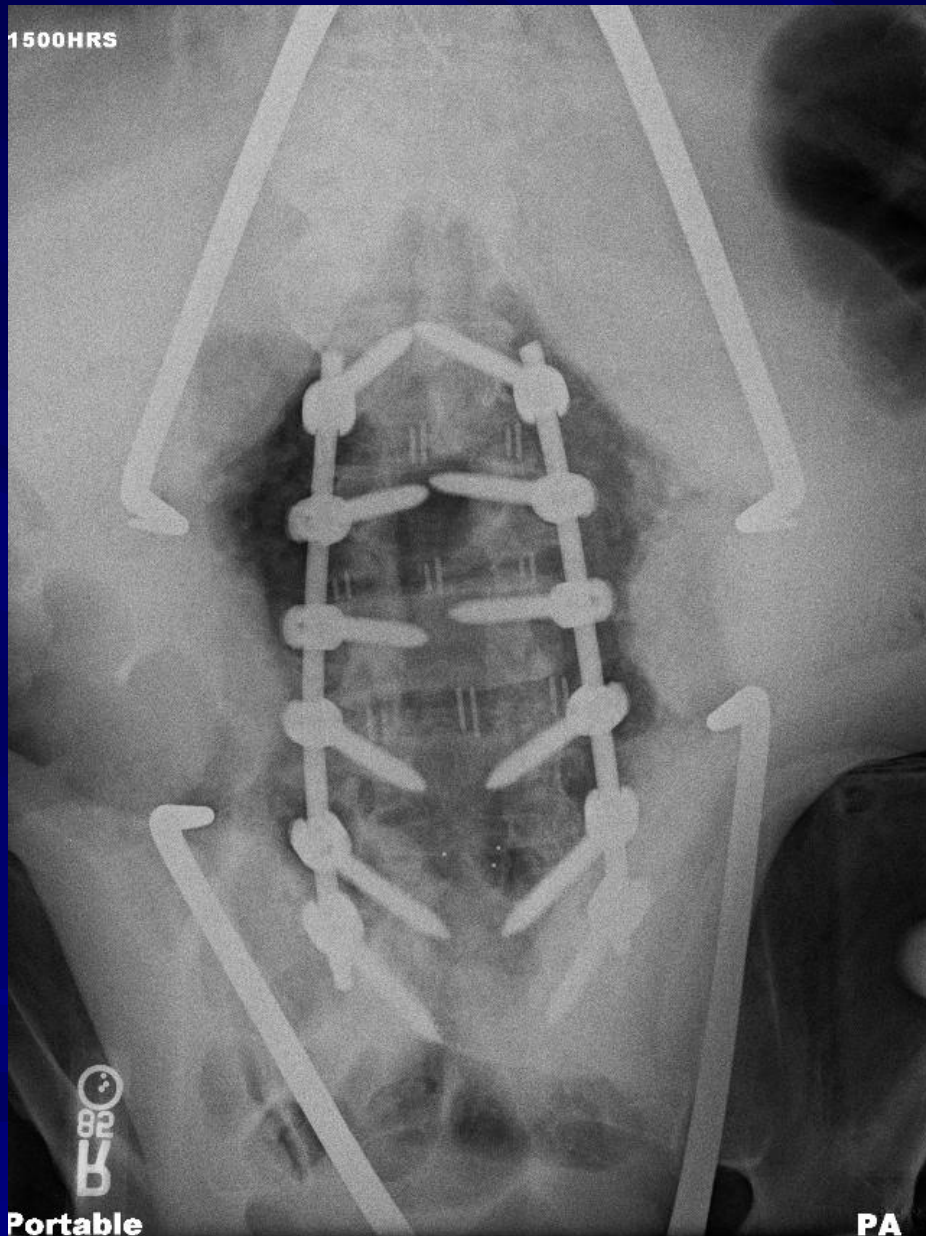
Anterior half of disc space,
Endplates intact



AP view:

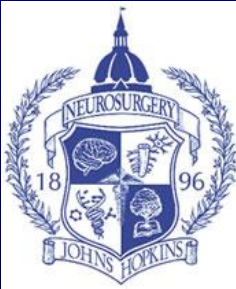
Center marker along spinous processes,
Lateral markers along margins of vertebrae

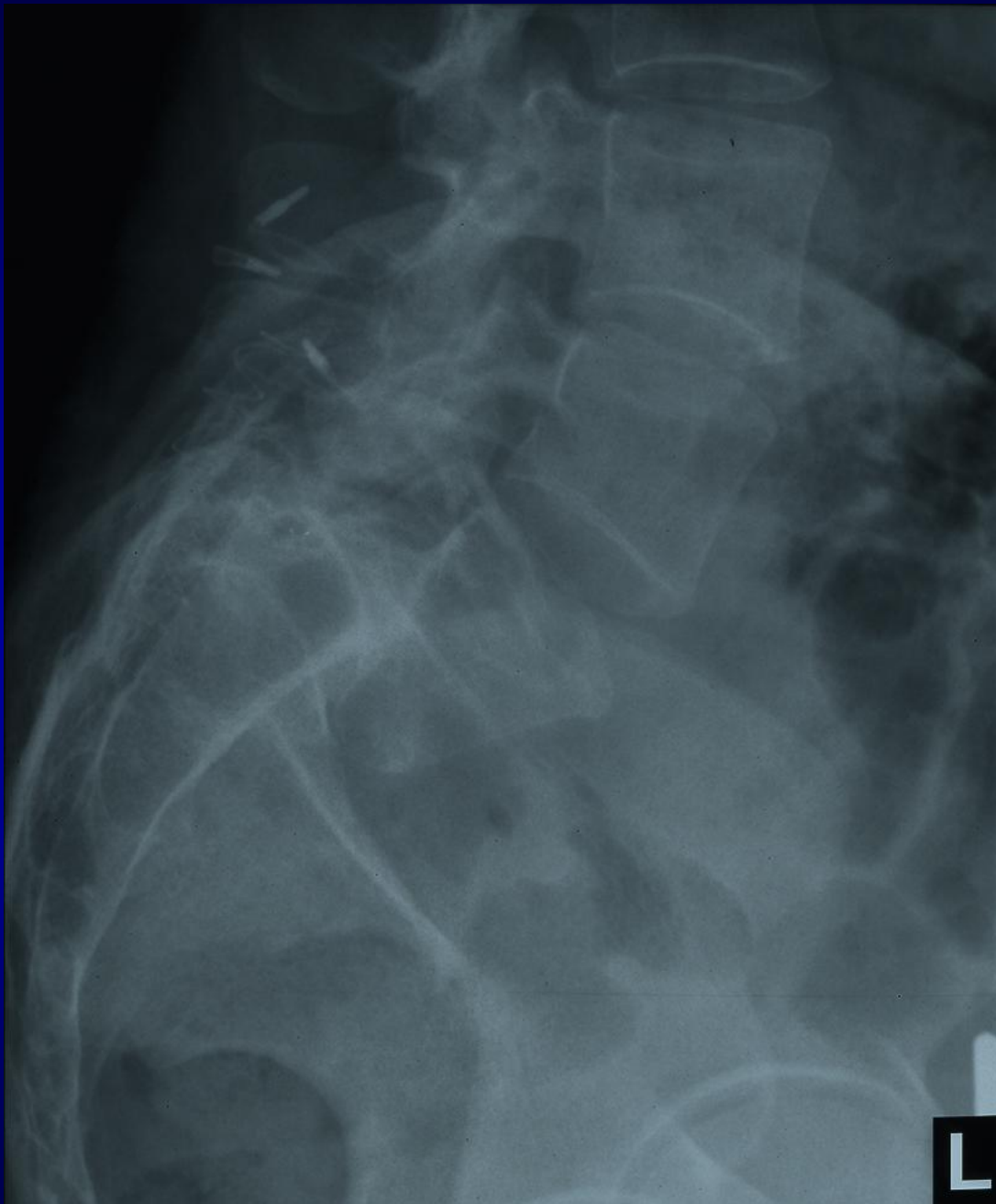




Case 4

- 41 y. o. female
- Injured back doing gymnastics as a 13yo
- S/P L5 laminectomy/*in situ* fusion 1991
- Progressive debilitating mechanical LBP
- Radiating LE pain/posterior thighs to knee







7 Sep 2006
1:25:33

A P

kVP:120
mA:229
msec:750
mAs:229
Thk:0.75 mm
Sensation 16
Orient: 60° 0° 0°

0.5 J2



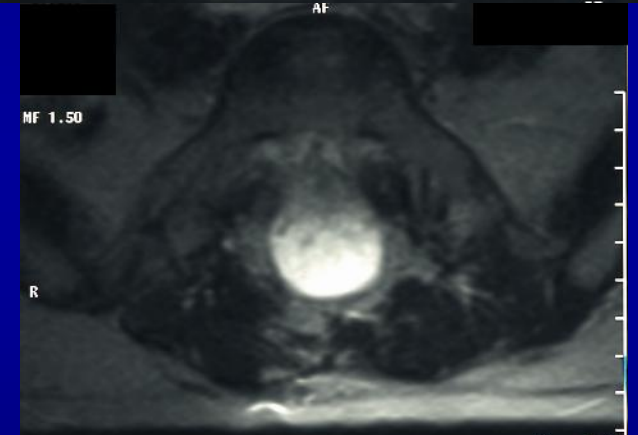
Spine TL_SPINE (Adult)
T/L_SPINE 0.75 B10s 3D

A

VitreA®
W/L:359/292
Segmented



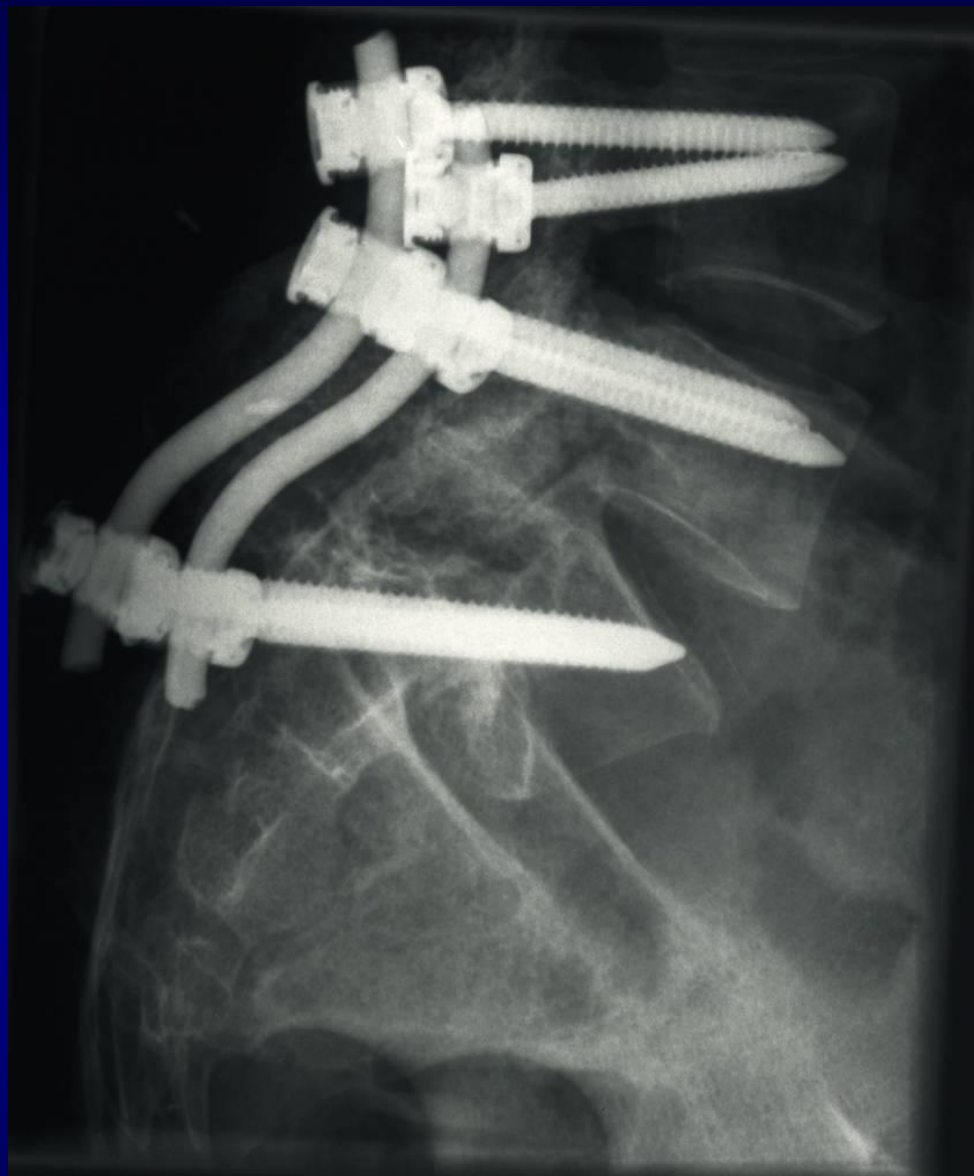
16:31
2005-DJA-85
IMAG 03
ZER 1-8



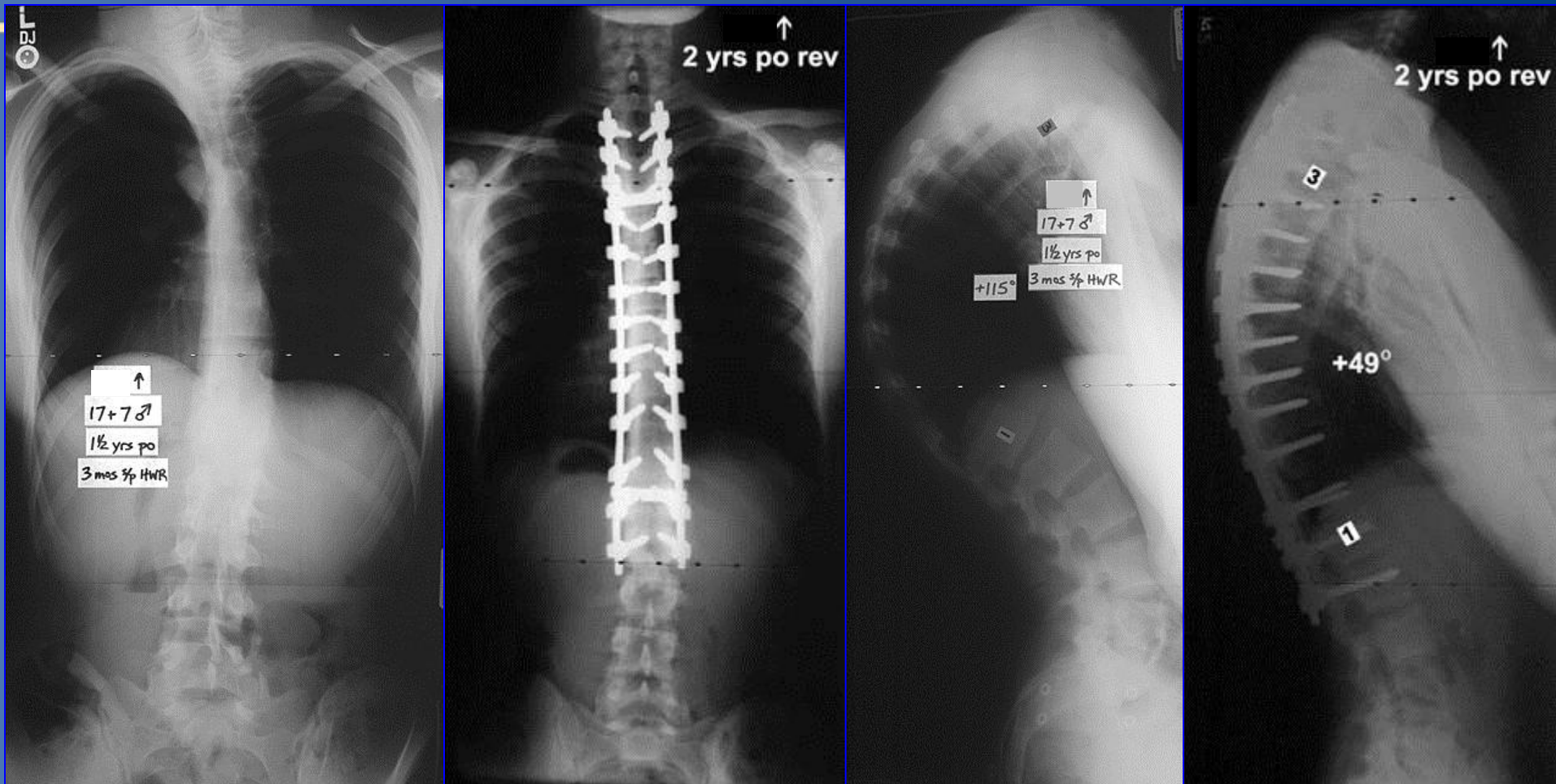
tse1_7			SP	110.3
*RI	D		SL	5.0
			FoV	210*240
TR	5605.0		154	*256os
TE	117.0/1		Tra>Cor	25
TA	06:05			
AC	1	F:13		
		LUMBAR	W	1872
			C	944







Posterior: T₂-L₂ and 9 SPO

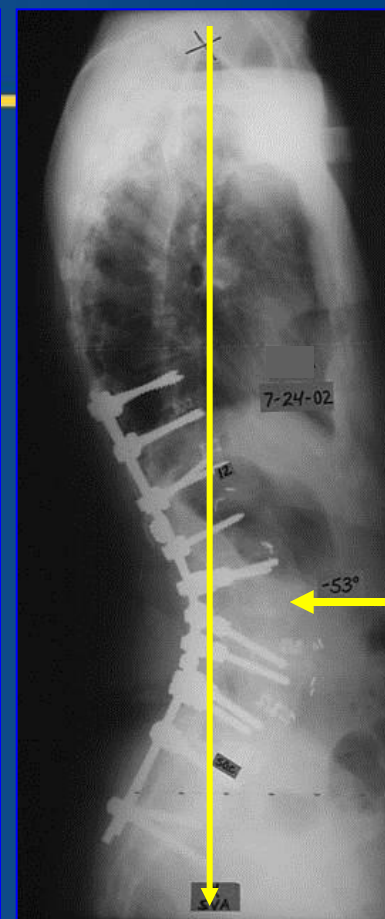
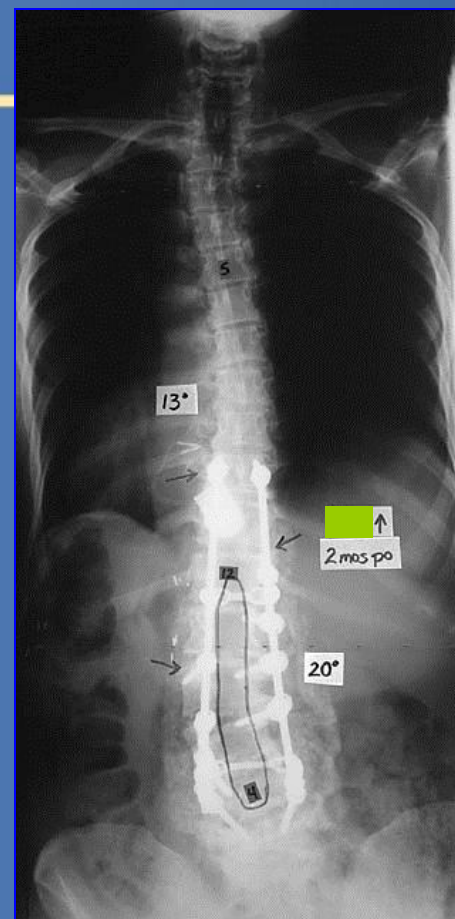


Preop

Postop



S/P REV-PSF/PSO-L3/ASF



Achieve Balance!

Preop

Postop



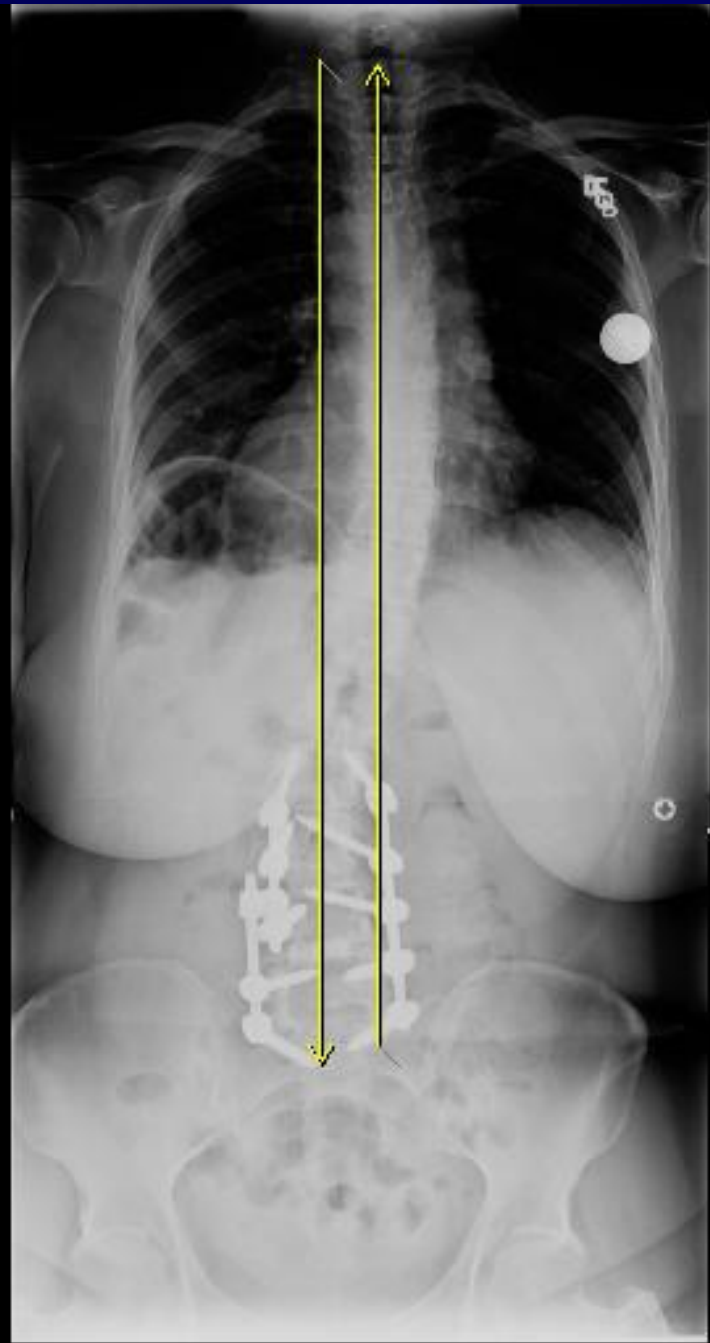
JOHNS HOPKINS
MEDICINE



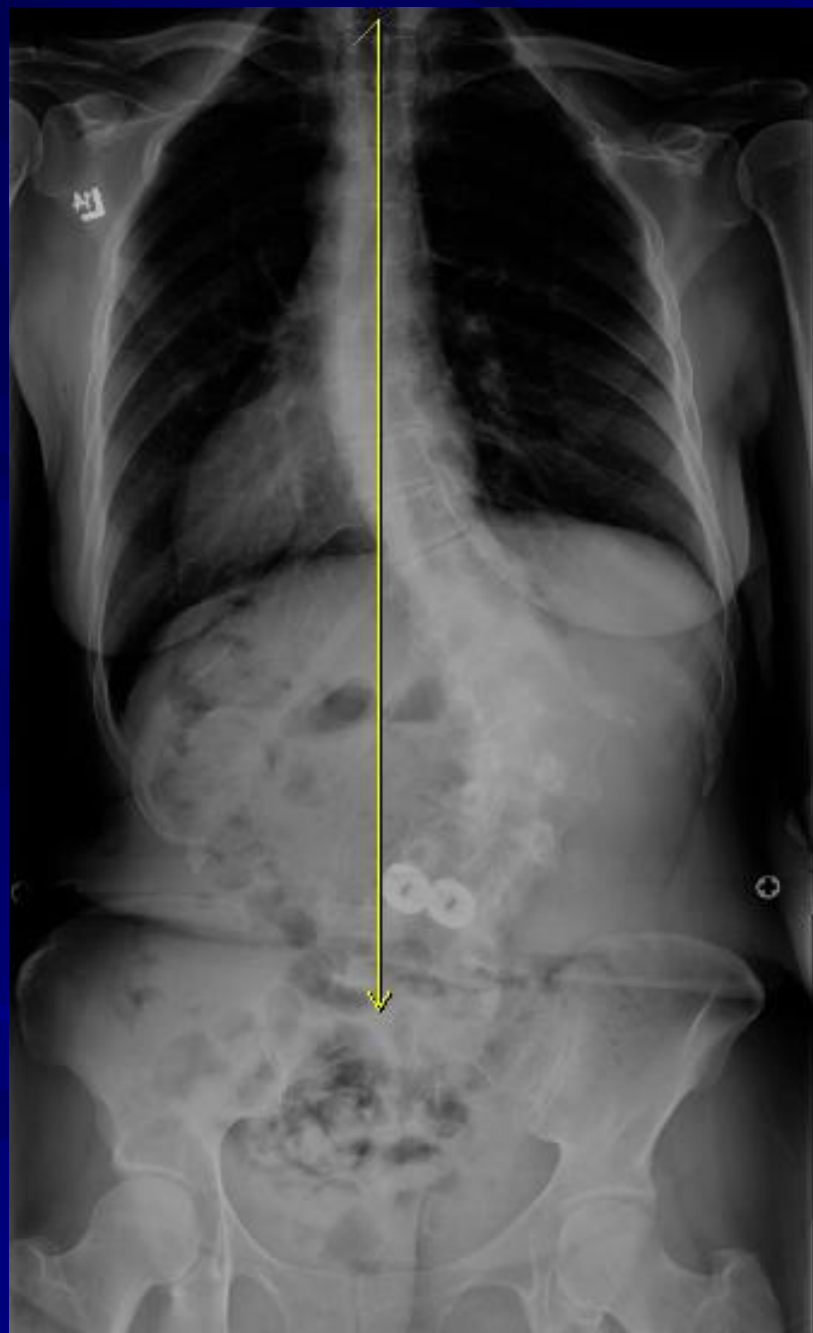




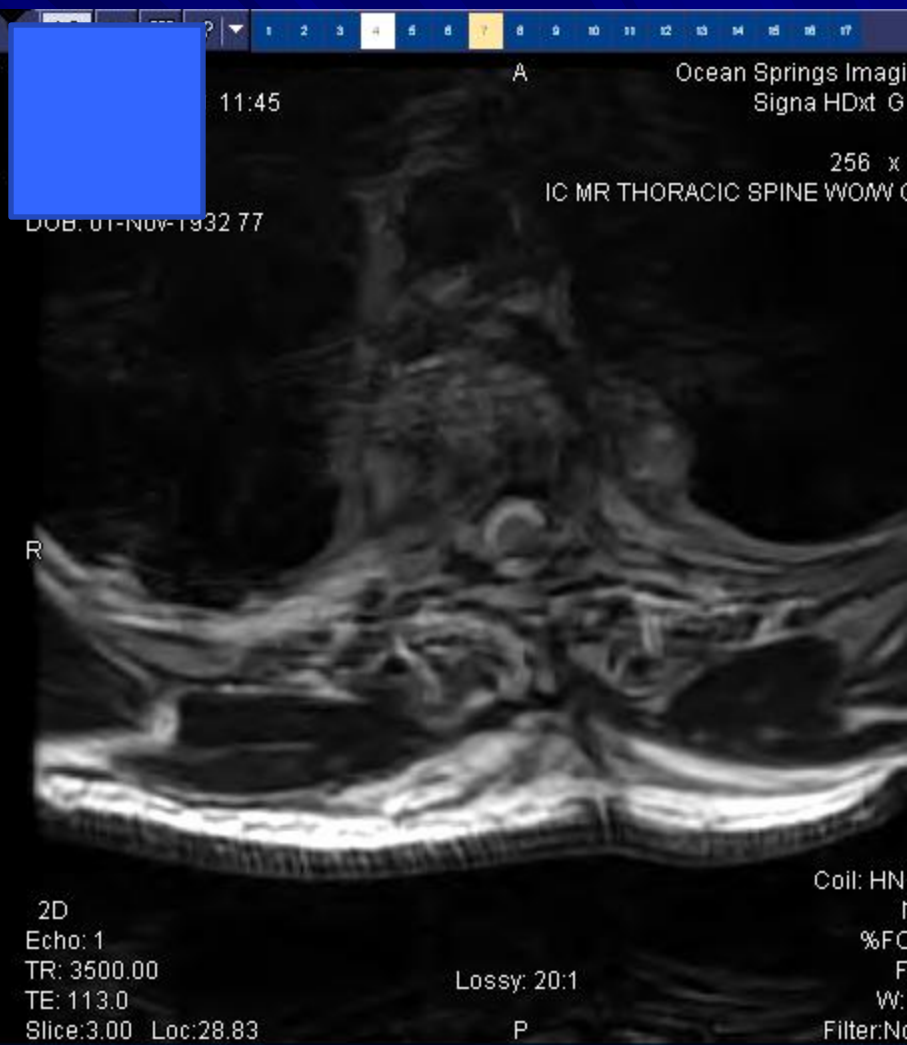




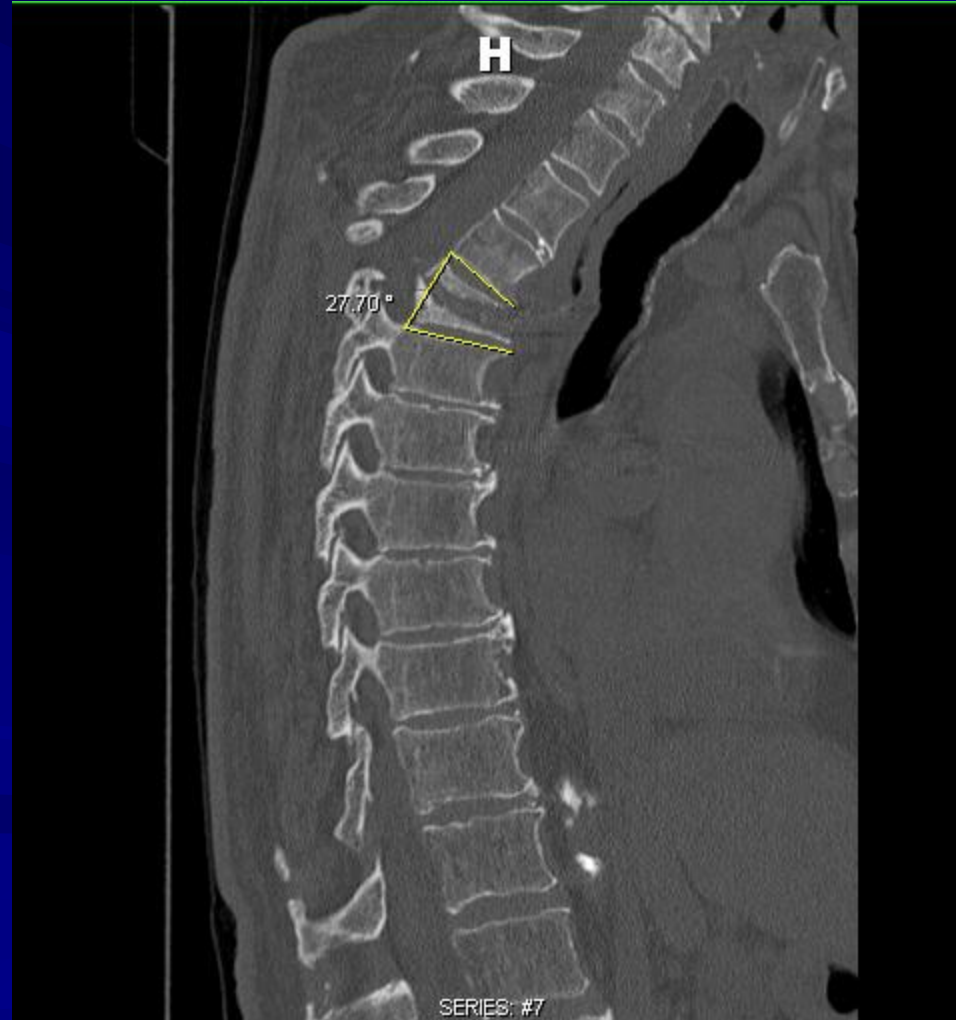




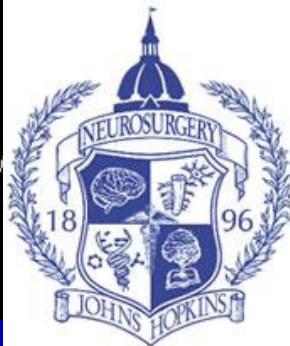




PPre-Op 27.7 degrees of Focal Kyphosis



First Intra-Op Film, About 28 degrees of Focal KyphosisFi



After Cage Placement Prior to Final Correction With the Rods

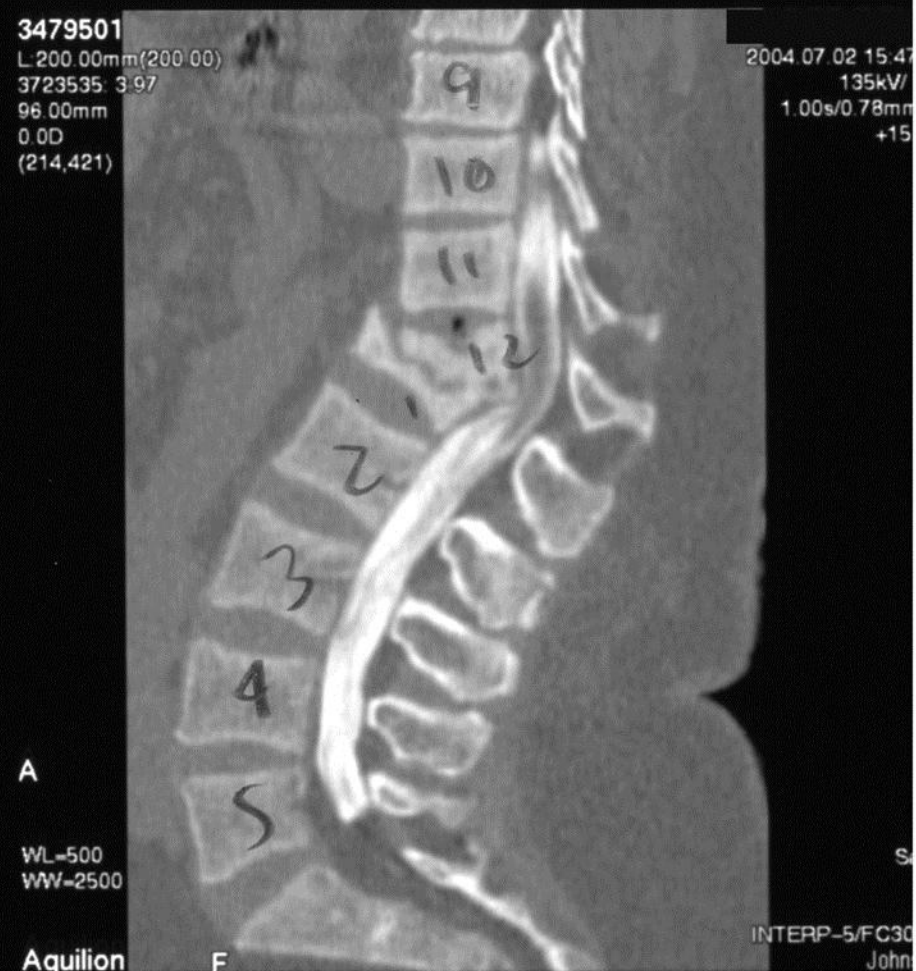


Final Correction with about 11 Degrees of Focal KyphosisF

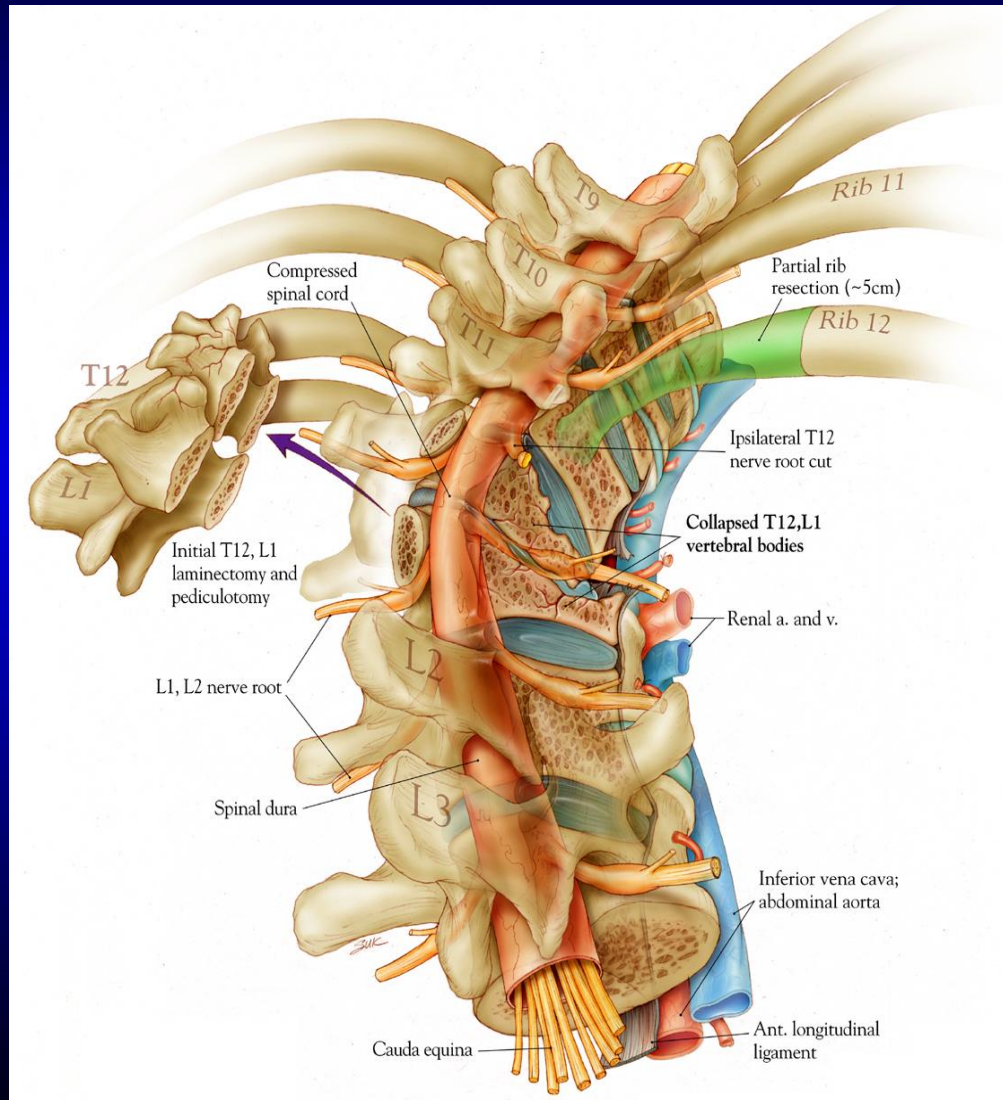




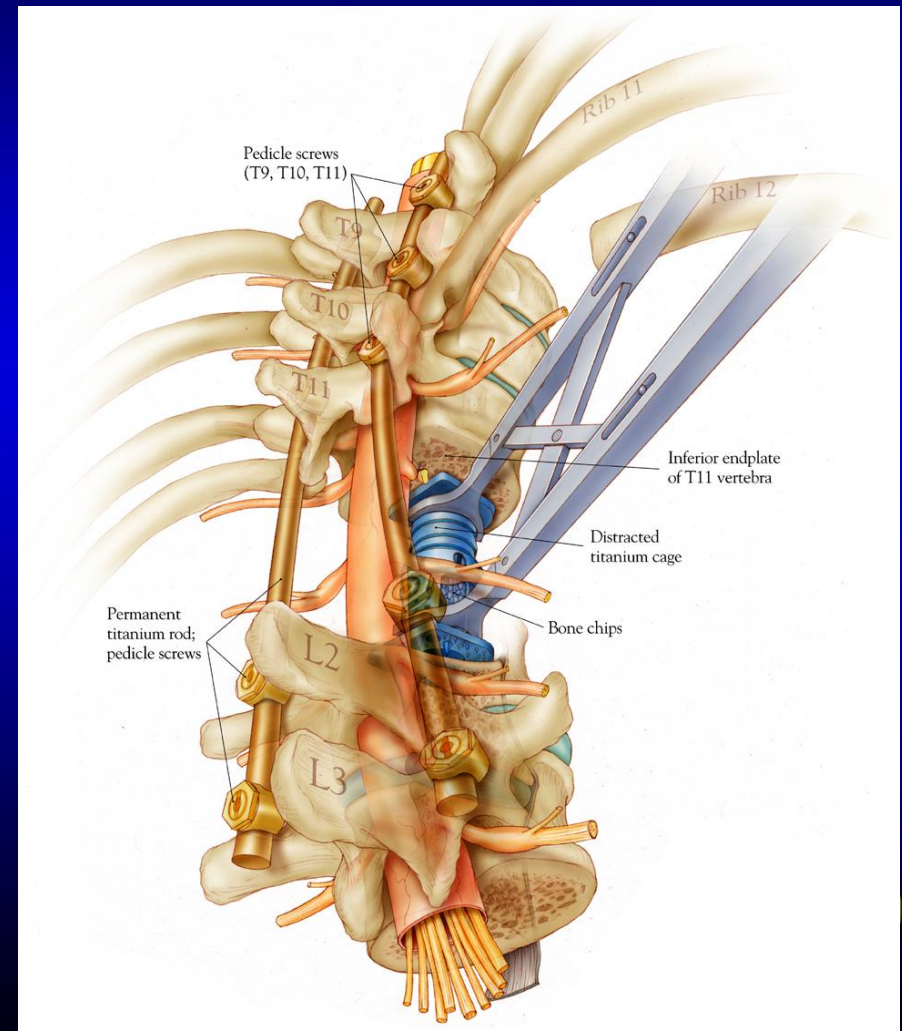
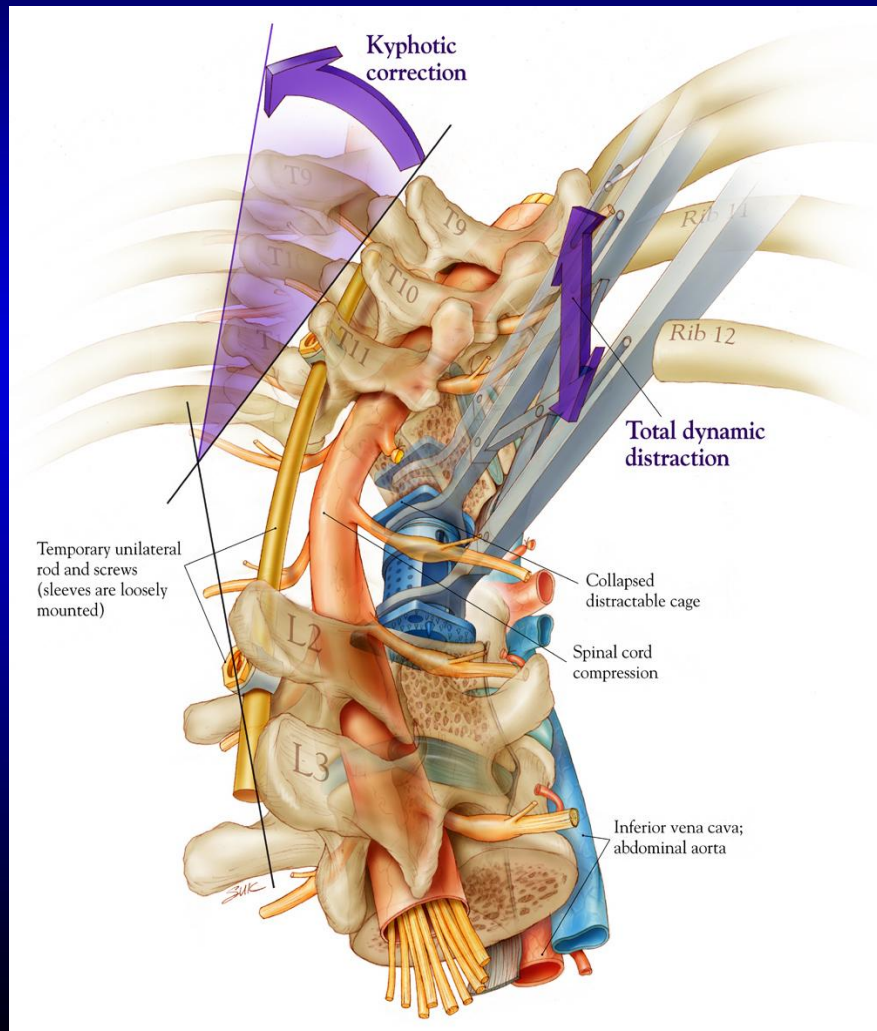
360° Kyphotic Deformity Correction Managed Through a Posterior Approach

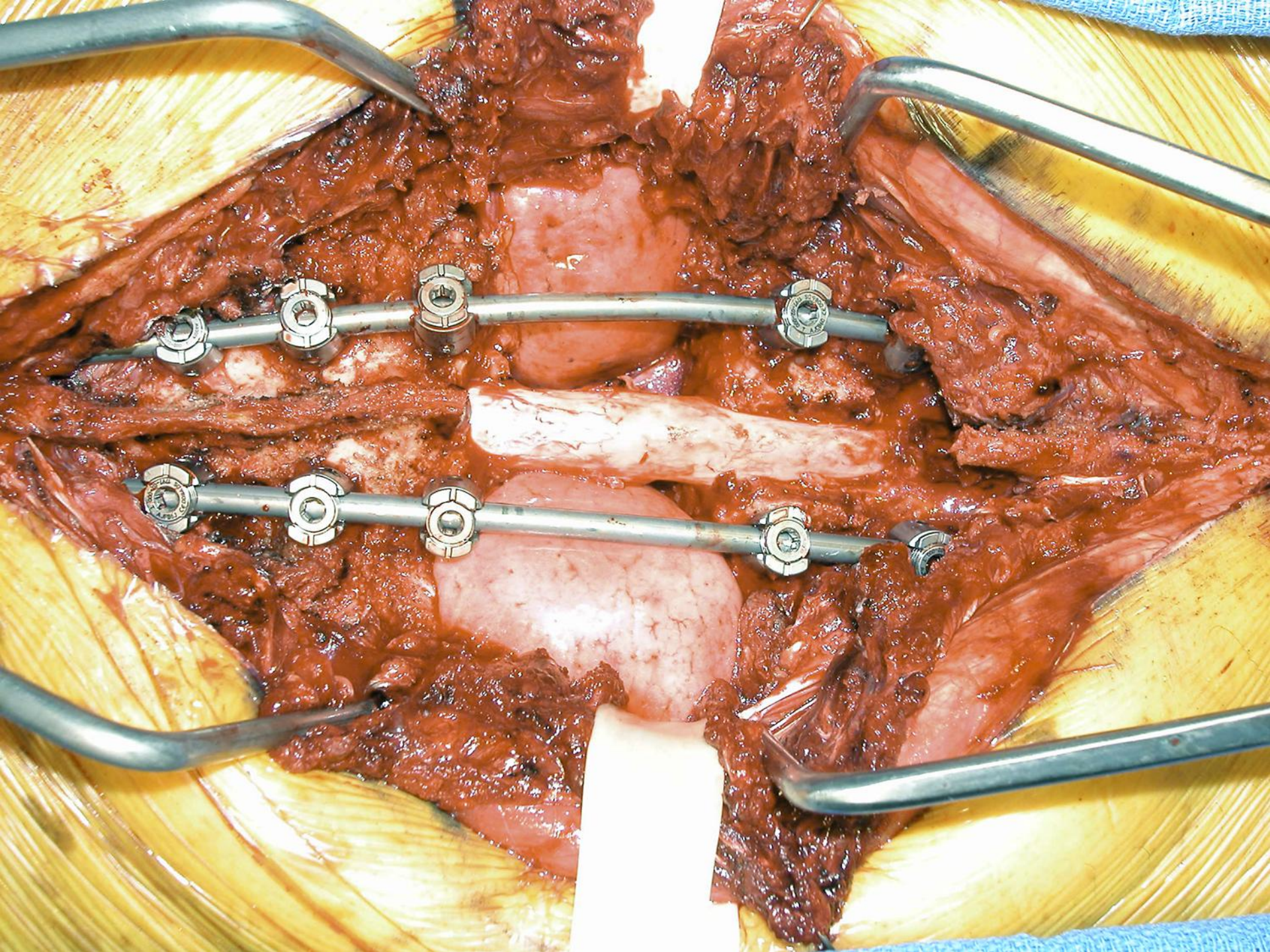


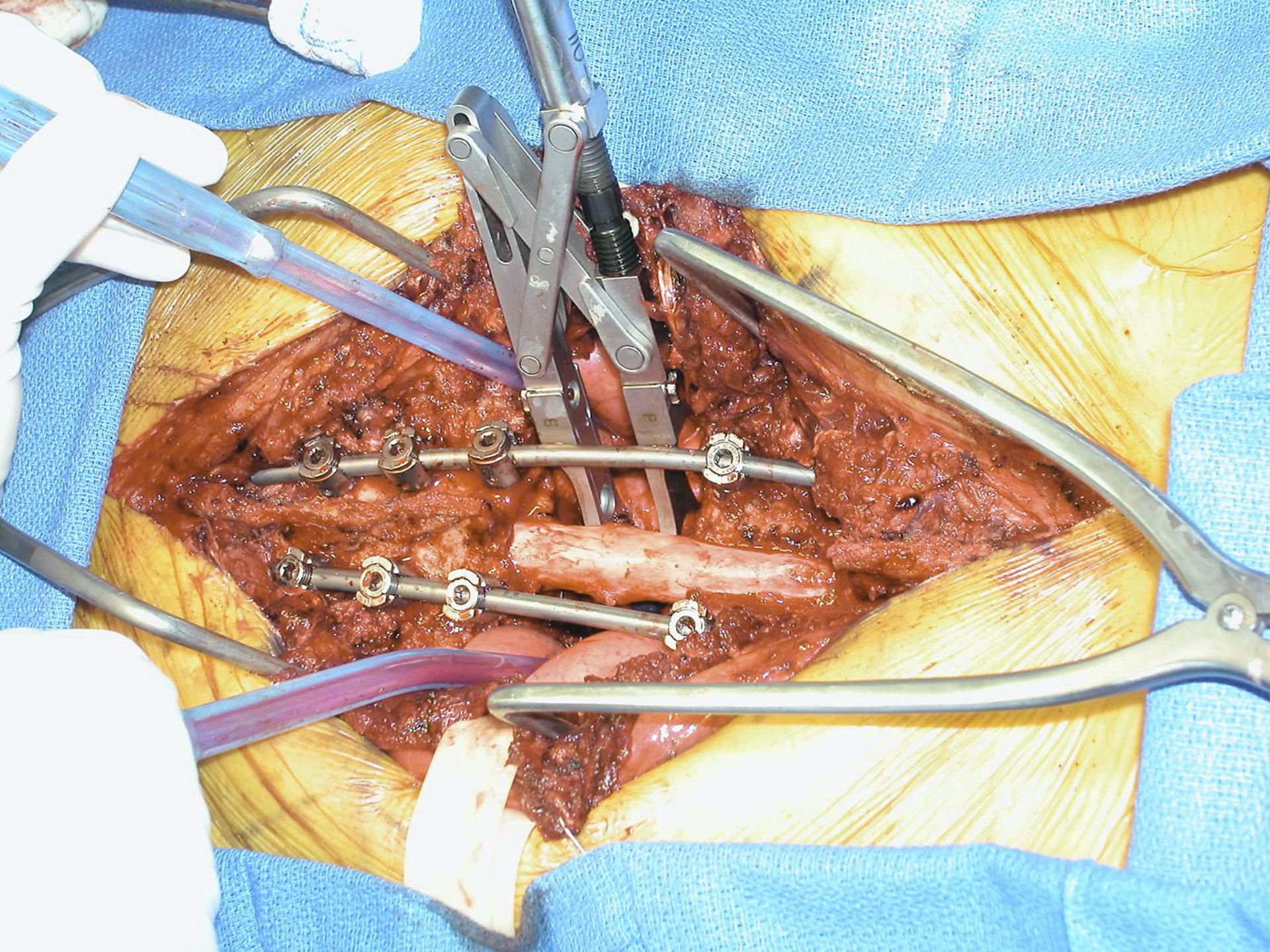
360° Kyphotic Deformity Correction Managed Through a Posterior Approach

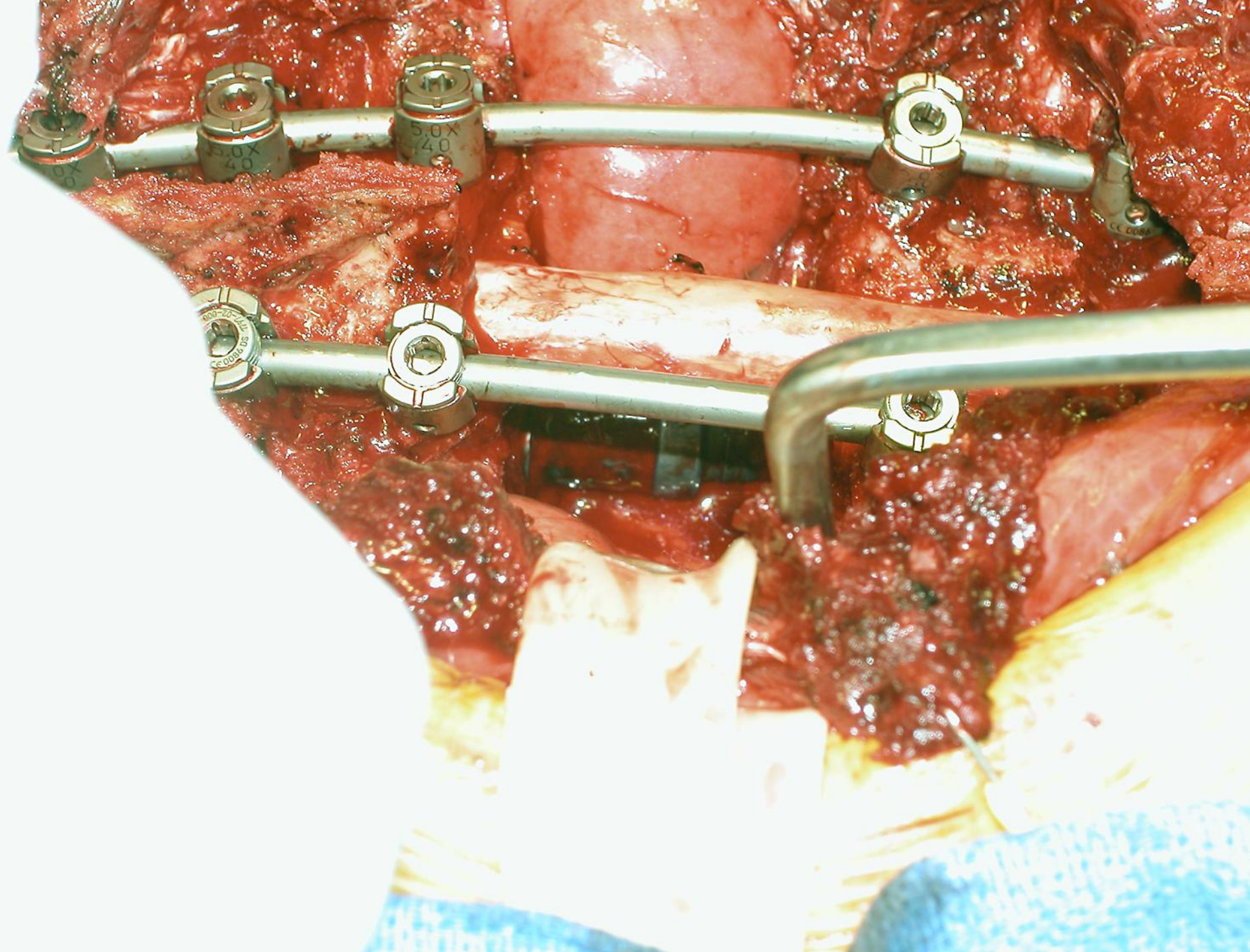


360° Kyphotic Deformity Correction Managed Through a Posterior Approach

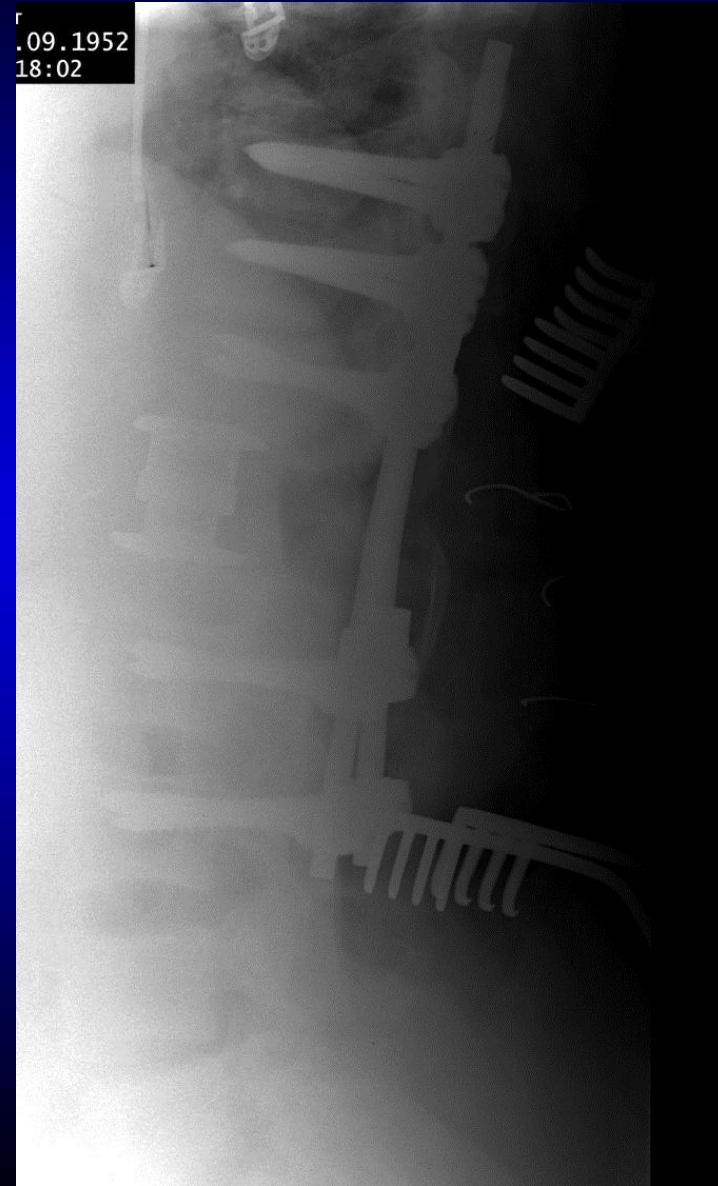
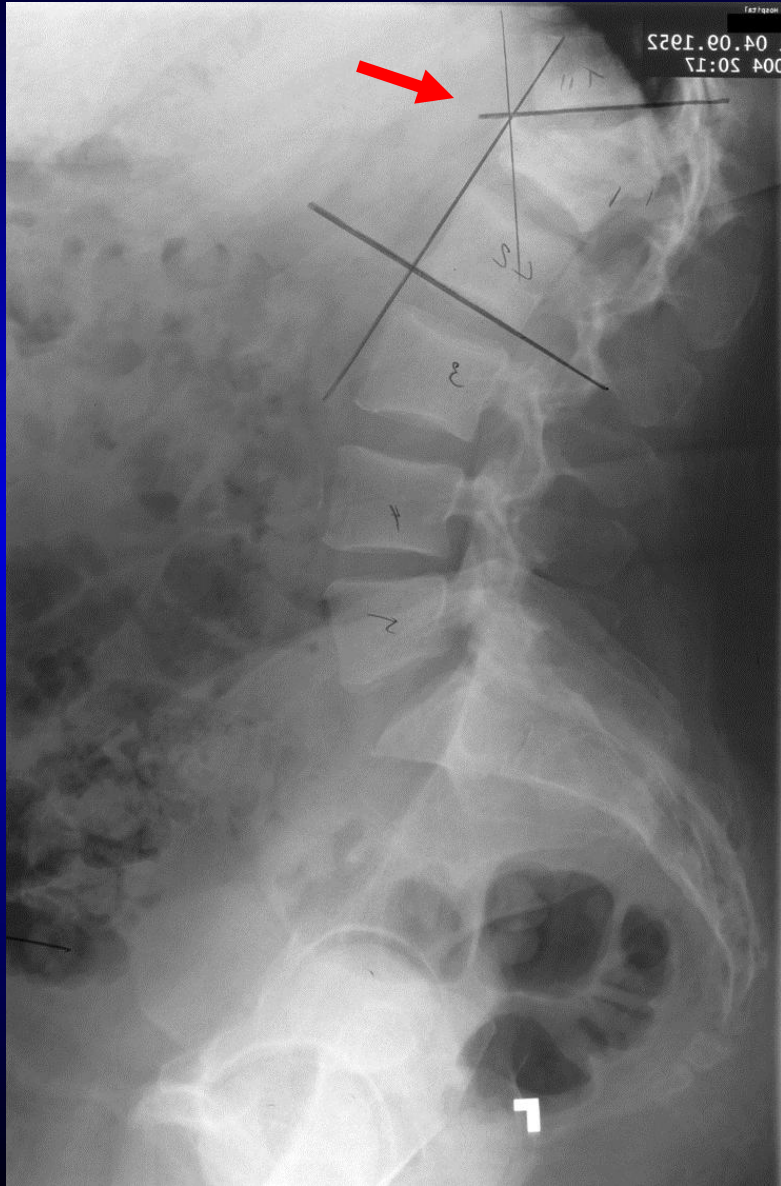




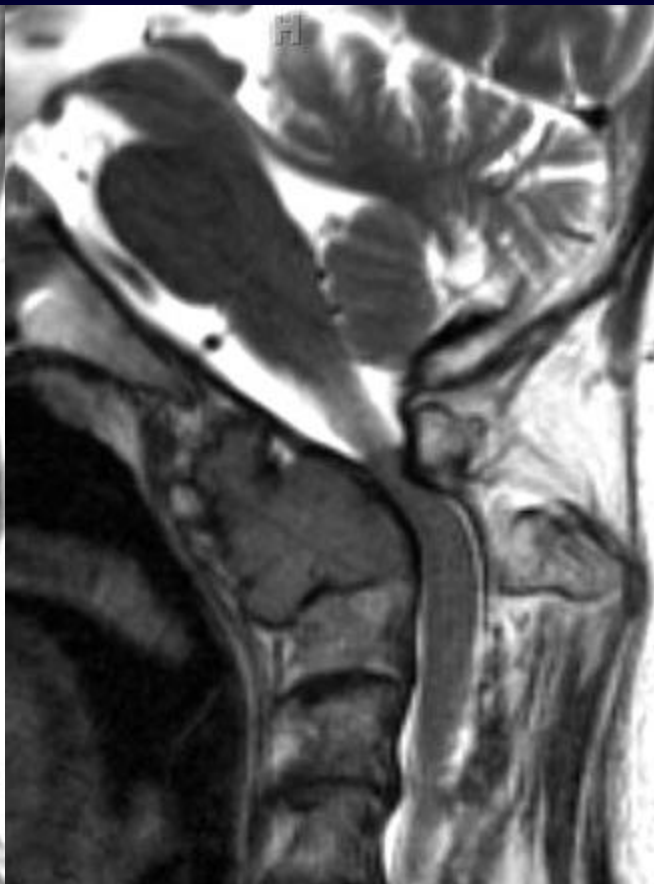




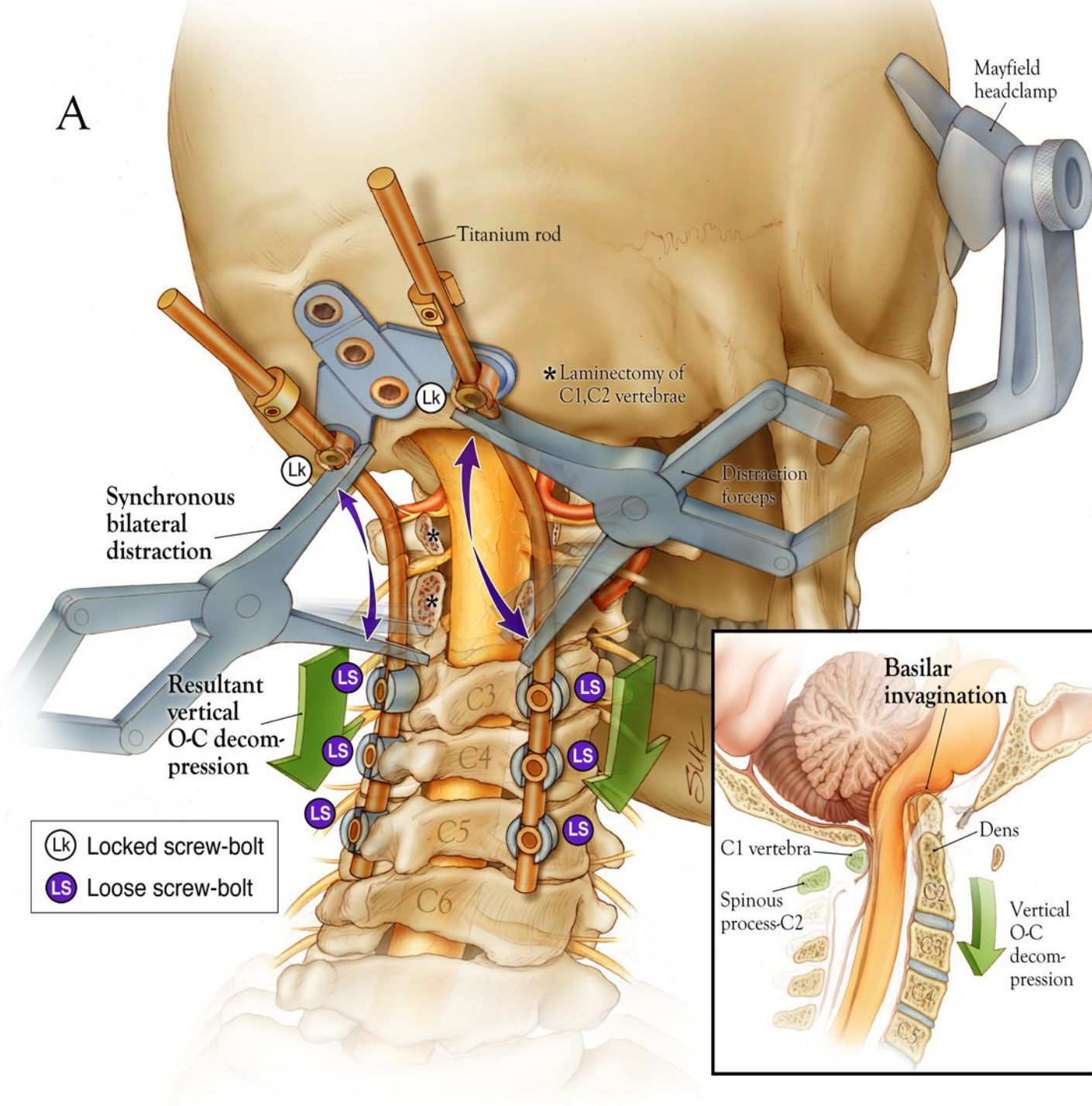
360° Kyphotic Deformity Correction Managed Through a Posterior Approach



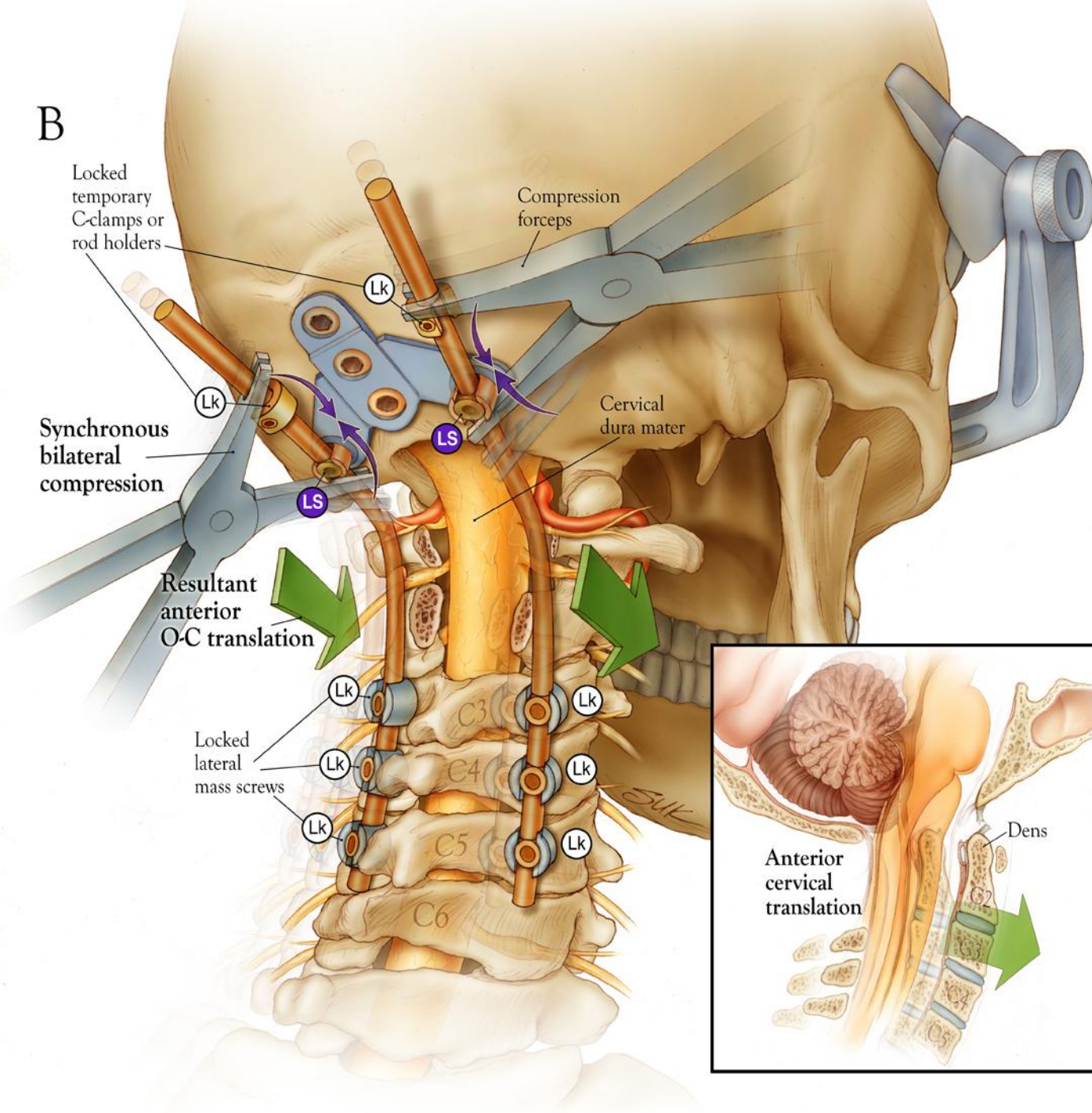


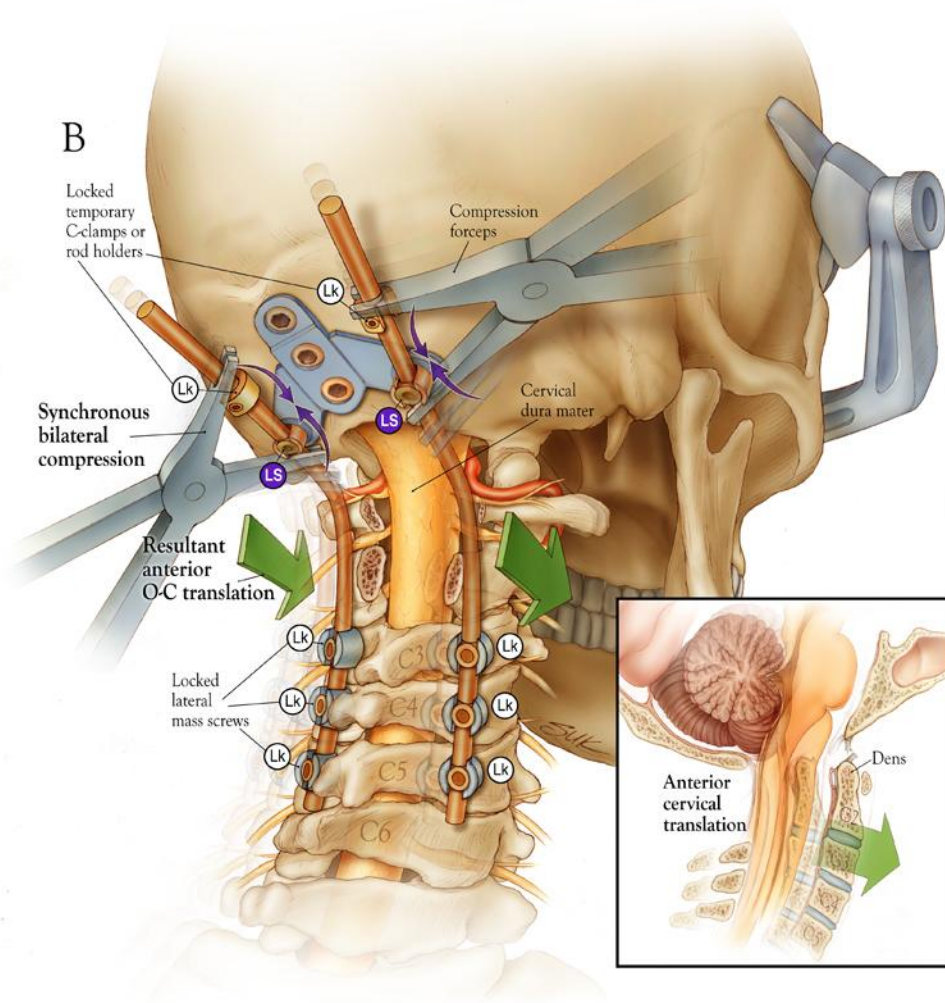
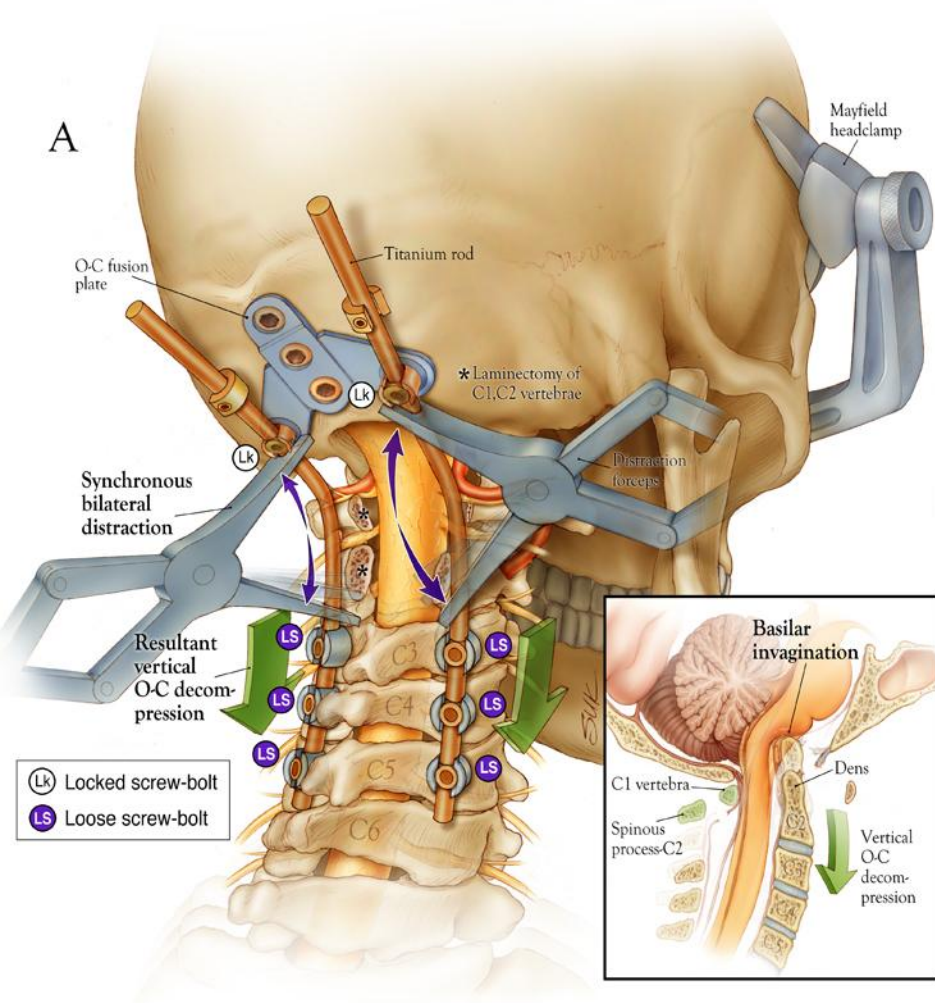


A



B









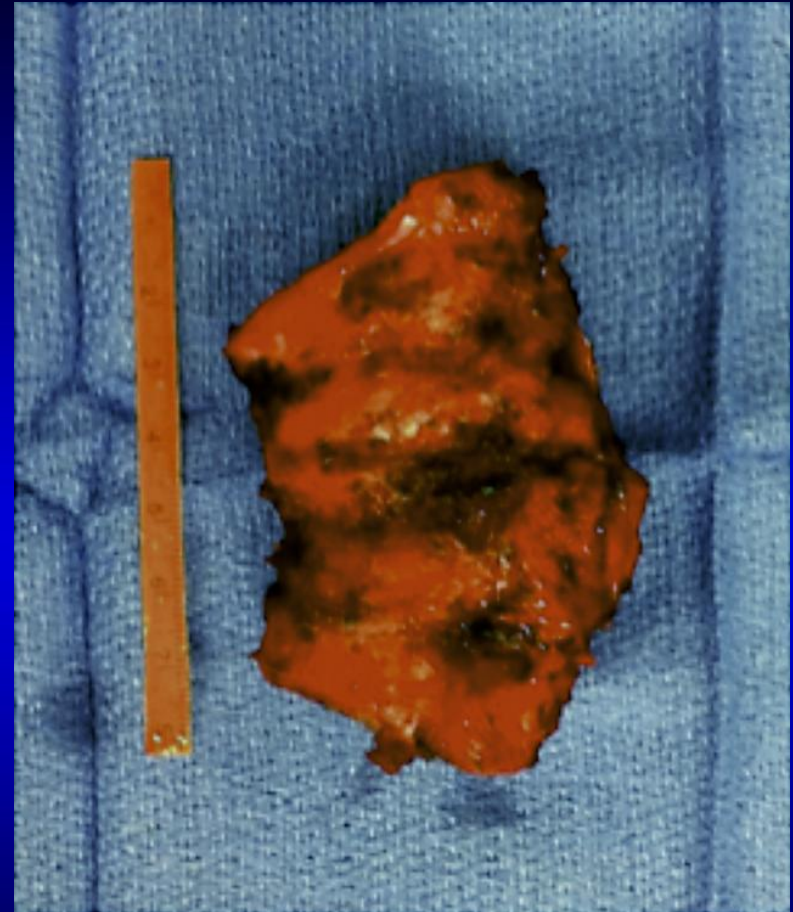
H

SERIES: #603A
sagittal
IV CONTRAST ONLY
IV CONTRAST ONLY





SERIES: #603A
sagittal
IV CONTRAST ONLY
IV CONTRAST ONLY





SERIES: #603A
sagittal
IV CONTRAST ONLY
IV CONTRAST ONLY



SERIES: #604A
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NON CONTRAST

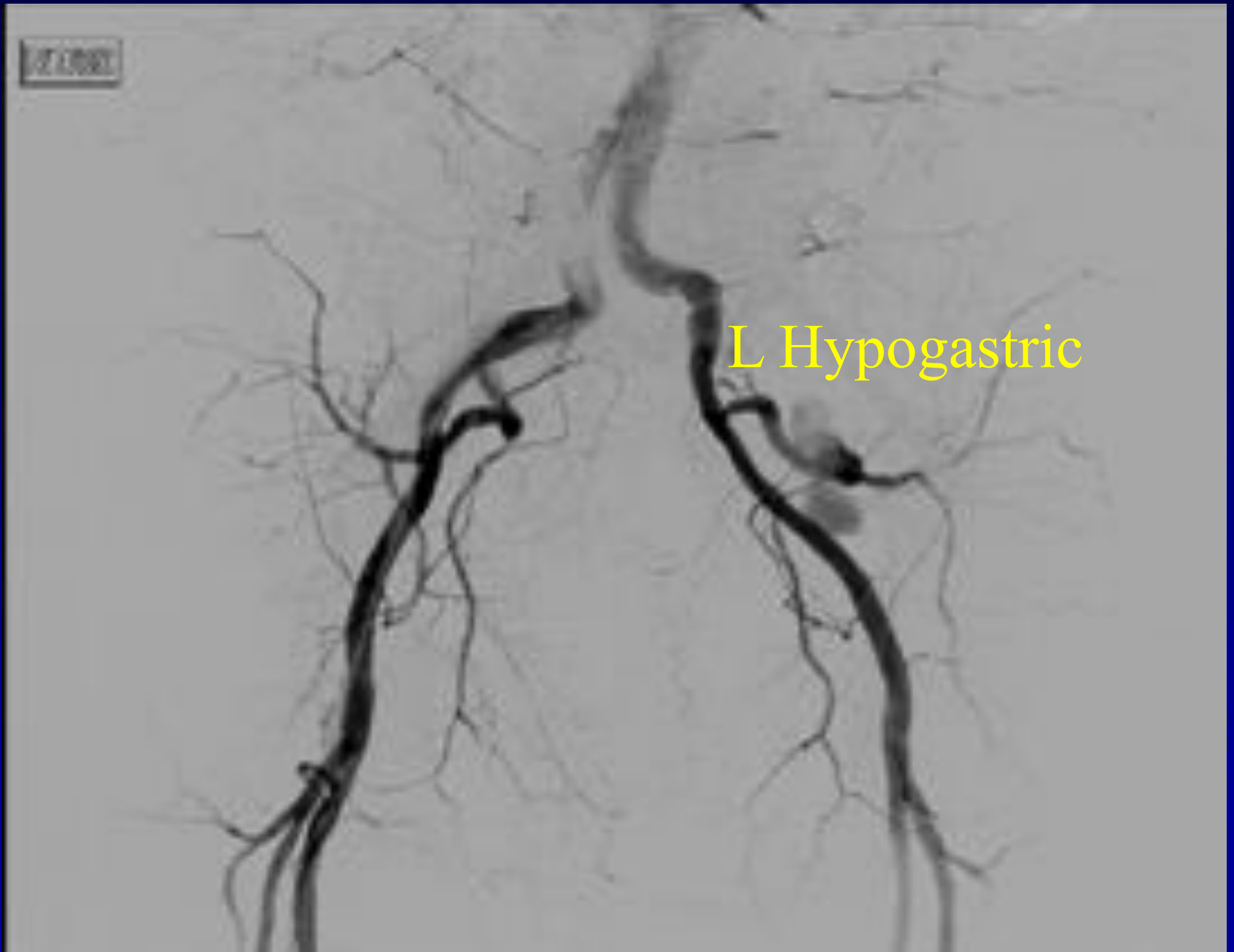


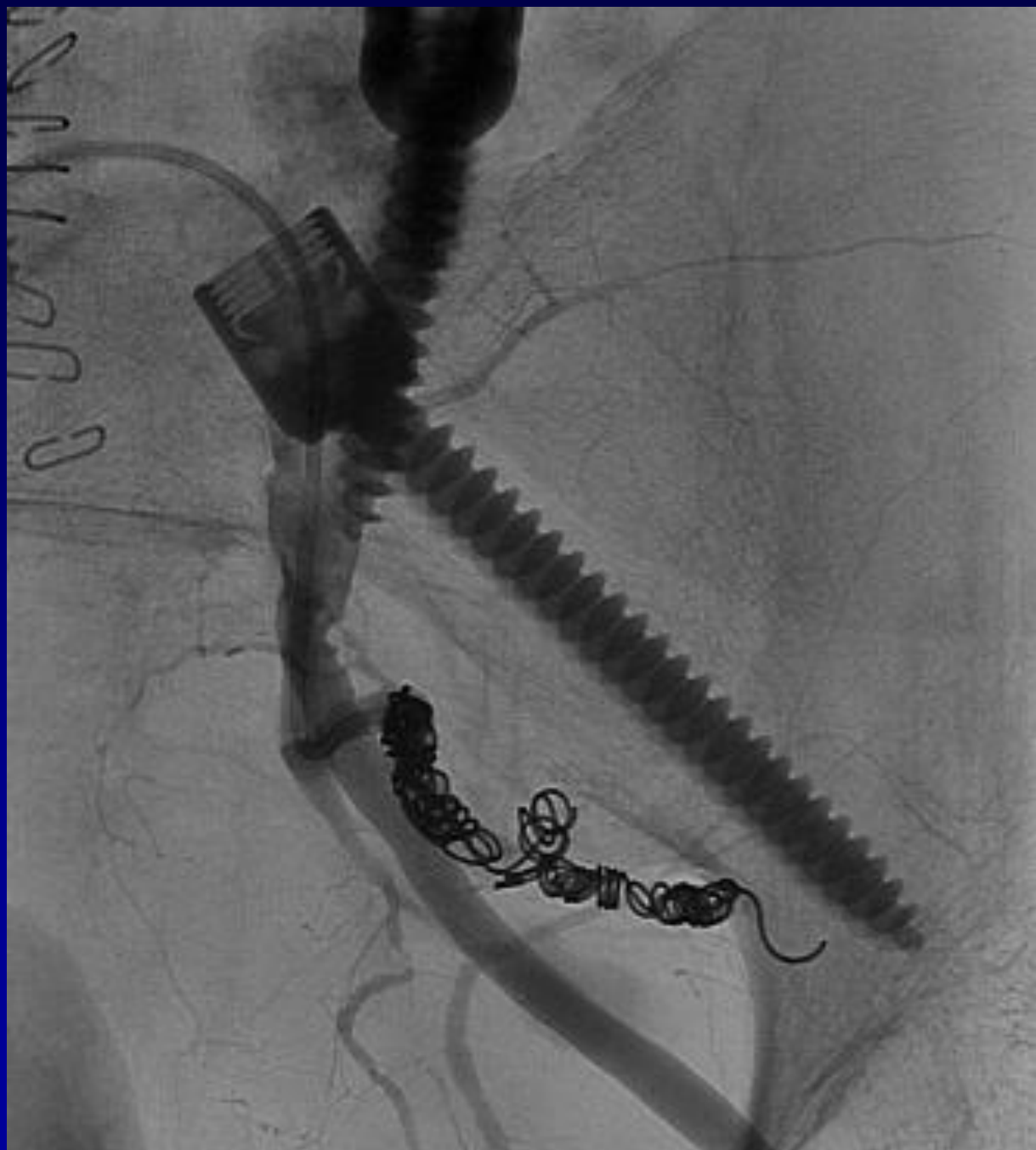


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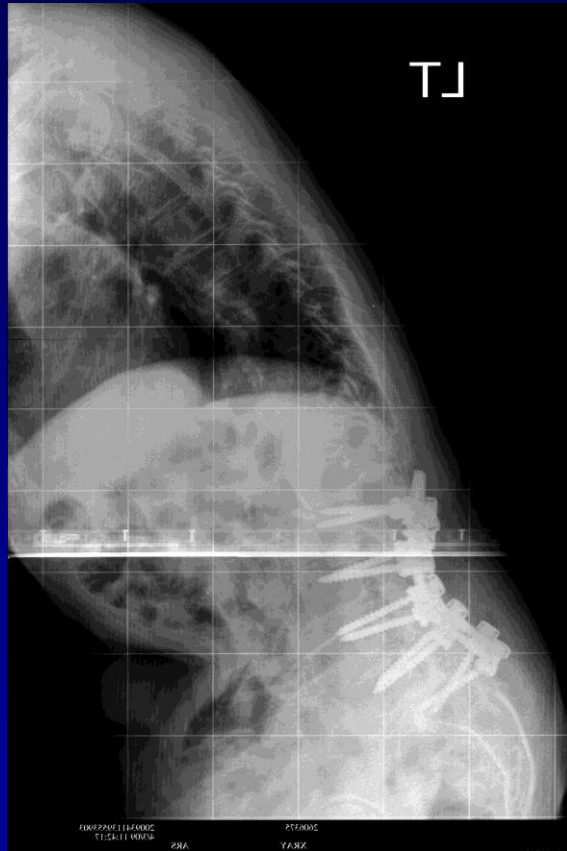
1/2 1/2 1/2

L Hypogastric





Pre/Postoperative Radiographs



Sagittal imbalance surgical goals

- **Completely correct the
decompensation**
- **Correct as close to apex as
possible**
- **fix the entire kyphosis**
- **instrument equal moment arms**
- **Achieve global balance**